

DR. GISELLE FOSS, D.C., L.Ac.

Chiropractor • Acupuncturist • Educator • Integrative Medicine Instructor

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PROFESSIONAL PROFILE

Doctor of Chiropractic and Licensed Acupuncturist with clinical, academic, and teaching experience across chiropractic medicine, acupuncture, sports medicine, orthopedics, neurology, and integrative medicine. Experienced in developing clinically relevant curriculum for chiropractic and acupuncture students, supervising student clinicians, and educating practicing clinicians. Clinical and educational interests include integrating acupuncture and East Asian medicine with evidence-informed chiropractic and reproductive health care.

AREAS OF EXPERTISE

- Chiropractic assessment, diagnosis, and treatment
- Reproductive health
- Orthopedic and neurologic evaluation
- Acupuncture and East Asian medicine
- Integrative and interdisciplinary healthcare
- Musculoskeletal pain and injury management
- Pregnancy and postpartum chiropractic care
- Clinical reasoning and patient assessment
- Curriculum development and professional education
- Clinical supervision and student mentorship
- Evidence-informed clinical practice

ACADEMIC & PROFESSIONAL TEACHING

May 2026 – Present

Clinic Supervisor

Dragon Rises School of Oriental Medicine

- Supervises student clinicians in a teaching clinic, supporting clinical assessment, treatment planning, patient care, and professional development.
- Provides clinical guidance and mentorship within an acupuncture and East Asian medicine training environment.

September 2023 – Present

Professor

Eastern School of Acupuncture and Traditional Medicine | Bloomfield, NJ

- Teaches **Orthopedic and Neurologic Evaluation** to second-year acupuncture students, emphasizing clinical assessment, reasoning, and patient care.
- Teaches **Treatment of Diseases OM I – Gynecology and Andrology**, the first course in a three-course series focused on the clinical practice of Eastern Medicine.
- Develops students' ability to analyze medical conditions from both biomedical and Chinese medicine perspectives, emphasizing integration of both diagnostic frameworks in clinical practice.
- Facilitates development of clinical reasoning, cognitive, and self-directed learning skills within the study of gynecologic and andrologic conditions.

September 2023 – Present

Professor / Integrative Medicine Educator

Camera Institute for Chiropractic Sciences | Philippines

- Created pre-recorded coursework for a 30-hour Integrative Medicine course.
- Developed material supporting clinical knowledge and interdisciplinary patient care.

December 2021 – Present

Educator

International Certificate for Sports Chiropractic Instructor

- Teaches chiropractors internationally on treatment considerations and training for the menstruating athlete through prerecorded education.

November 2020 – April 2023

Tutor

Eastern School of Acupuncture and Traditional Medicine | Bloomfield, NJ

- Tutored acupuncture students individually and in small groups throughout the Masters of Acupuncture curriculum.

CLINICAL EXPERIENCE

March 2026 – Present

Chiropractic Acupuncturist

Lumira Acupuncture & Wellness | Bradenton, FL

- Provides individualized chiropractic and acupuncture care for musculoskeletal conditions, pain, women's health, and wellness.
- Integrates chiropractic assessment and treatment with acupuncture and East Asian medicine approaches.

December 2023 – March 2026

Acupuncturist

Acuworx Acupuncture Studio | Jersey City, NJ

- Evaluated and treated patients using acupuncture and East Asian medicine approaches for a range of health and pain conditions.

May 2022 – January 2024

Chiropractic Physician

Garden State Spinal Care | Montclair, NJ

- Evaluated, diagnosed, and treated patients using evidence-informed chiropractic care.
- Focused clinical practice included pregnancy and postpartum chiropractic care.

October 2020 – November 2022

Chiropractic Physician

Advanced Sports Medicine | Riverdale, NJ

- Evaluated, diagnosed, and treated patients using chiropractic care in a sports medicine setting.

EDUCATION

Doctor of Chiropractic — New York Chiropractic College (2017–2020)

Masters of Acupuncture — Eastern School of Acupuncture and Traditional Medicine (2020–2023)

Certificate of Chinese Herbal Medicine — Eastern School of Acupuncture and Traditional Medicine (2022–2023)

Bachelors of Health Science — North East College of Health Sciences (2017–2018)

Started Bachelors; Completed at North East — University of Hartford (2014–2016)

ADDITIONAL PROFESSIONAL EXPERIENCE

Self-Employed | Reproductive Health Educator — March 2022–Present

- Educates women on menstrual cycles, fertility, hormones, diet, exercise, and supplementation through educational programming.

SELECTED CURRICULUM & EDUCATIONAL DEVELOPMENT

- 30-hour Integrative Medicine course development for chiropractic education.
- Orthopedic and Neurologic Evaluation curriculum for second-year acupuncture students.
- Treatment of Diseases OM I – Gynecology and Andrology curriculum integrating biomedical and Chinese medicine perspectives.
- International educational content addressing treatment considerations and training for the menstruating athlete.
- Clinical tutoring, student supervision, and small-group instruction within acupuncture education.