Shane Lawlor

Sports Chiropractor | D.C., M.Sc., B.Sc. (Hons), ICSC

Lawlor Clinic, 2 Audville Terrace, Dublin Rd, Portlaoise, Co. Laois, R32 VW62, Ireland
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PROFILE

Sports chiropractor specialising in the assessment, treatment and rehabilitation of golf injuries. Ten years on the European and PGA Tours, consultant to Golf Ireland's national junior panels since 2017, former Lead Instructor for Active Release Techniques® in Europe, and former European representative on the FICS Executive Council.

EDUCATION

M.Sc. Sports & Exercise Medicine — 2021
University of South Wales, UK
Dissertation: *Injury Prevalence & Risk Factors in Irish Elite Junior Golfers: A 2-Year Retrospective Study*

International Certified Sports Chiropractor (ICSC) — 2021
FICS: International Federation of Sports Chiropractic

Doctor of Chiropractic — 2007
European Academy of Chiropractic

B.Sc. (Hons) Chiropractic — 2006
Welsh Institute of Chiropractic, University of South Wales, UK

EMPLOYMENT & EXPERIENCE

Clinic Director and Sports Chiropractor, Lawlor Clinic — Jan 2009 – Present
Portlaoise, Co. Laois, Ireland

Consultant Sports Chiropractor, Golf Ireland — Jan 2017 – Present
Sports chiropractic, performance therapy and rehabilitation for the Under 16 and Under 18 national panels.

European Representative, Executive Council, FICS — 2022 – 2023
Federation Internationale de Chiropratique du Sport

Consultant Sports Chiropractor, Rowing Ireland — Jan – Jun 2021
Sports chiropractic, performance therapy and rehabilitation for members of the Irish Olympic Rowing Team.

Lead Instructor, Active Release Techniques® — Oct 2010 – May 2025
Taught the ART® soft tissue system to manual therapists across Europe.

Consultant Sports Chiropractor, European and PGA Tours — May 2009 – May 2019
Sports chiropractic, performance therapy and rehabilitation for professional golfers.

Associate Chiropractor, Hands-On Health Treatments — Jul 2006 – Dec 2008
Clinics in Keynsham, Frenchay and Downend, Bristol, UK

CERTIFICATIONS & COURSES

Dynamic Neuromuscular Stabilization (DNS) — 2011 – Present
Certified DNS Practitioner (Aug 2017); Exercise Trainer (Jun 2018)
DNS A–D; DNS Exercise 1–3; DNS Golf; DNS Czech Get Up & Squat

Active Release Techniques® (ART®) — 2007 – Present
Spine, Lower Extremity and Upper Extremity, Levels 1 and 2
Masters ART Course: Long Tract Nerve Entrapments and Complex Protocols

Titleist Performance Institute (TPI) — 2009 – 2023
Certified Golf Fitness Instructor, Level 1 (2009)
Certified Medical Professional, Levels 2 and 3 (2010)
Certified Fitness Professional, Level 2 (2015)
Certified Junior Level 2 (2023)

Functional Movement Systems — 2011 – 2015
Functional Movement Screen (FMS), Levels 1 and 2 (2011)
Selective Functional Movement Assessment (SFMA), Level 1 (2015)

McGill Method — 2006, 2018, 2019
Levels 1, 2 and 3

Functional Range Conditioning (FRC®) — 2017
Dublin, Ireland

Fascial Manipulation — 2015
Levels 1 and 2, Thiene, Italy

Myofascial Dry Needling — 2006
AECC, Bournemouth, UK

FICS Upper Extremity Seminar — 2018
Oxford, UK

IRFU Safe Rugby 2 — 2023, 2025
Standard Approach to Field Emergencies