

MEET YOUR

FICS Student Club Speakers

Connect with experienced doctors who are eager to share their insights on various sports chiropractic topics.

Start building your lifetime networks and opportunities.

*Open the door to a **Global Network** that will extend and challenge you to be the best chiropractor that you can be.*

Dive in to explore, learn, and benefit from their wealth of knowledge!



"Education is the passport to the future, for tomorrow belongs to those who prepare for it today"

Malcolm X

SPEAKERS

Topics Covered

Sports Chiropractic Techniques

1. Adjusting techniques (spine and extremities)
2. Knee
3. ACL Repair
4. Performance enhancement
5. Diagnose, assess and treat 5 most common conditions for the sports chiropractor patient
6. Kinesiology (elastic) taping for common conditions
7. Most Common treatment options for conditions related to the sports chiropractor patient (CMT, EMT, manual therapies, corrective ex, tape etc)
8. Tennis elbow, shoulder impingement, plantar fasciitis, hip impingement

Sports Injuries

1. Sports injuries
2. Extremity injuries
3. Risk management in sports chiropractic

International Sporting Events

1. Working at international sporting events
2. The ins and outs of working foreign sporting events
3. Understanding diversity when working international sporting events
4. Working Events within a Multidisciplinary Team
5. Becoming a FICS volunteer (motivation, necessary knowledge, process...)
6. Lessons learned at FICS Games

Biomechanics and Field-Side Importance

1. Biomechanics and the importance field-side
2. Differences between in-office treating and working fieldside
3. Important tools field-side

Specialised Topics

1. Women in Sport
2. Power Sports; Athletics and Rugby
3. Treatment considerations for the Running Athlete
4. Relative Energy (Red-S)
5. The Physiology of Breathing
6. Weightlifting
7. Sports Physiology



SEEK ADVICE FROM *Sports Chiropractors*



Martin Isaksson

ICSC Master Instructor
FICS President
Sweden



Brian Nook

ICSC Master Instructor
USA



Pete Garbutt

ICSC Master Instructor
Australia



John Williamson

United Kingdom



Steven Smilkstein

South Africa



Mika Janhunen

United Kingdom



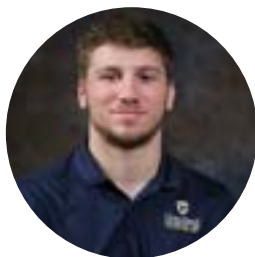
Thomas Jeppesen

United Kingdom



James Geiselman

USA



Drew Sams

USA



Audrey Yargui

France



Phoebe Henry

Australia



Tom Hyde

USA



Alan Sokoloff

USA



Roland Claes

Belgium



Jingjiang Li

USA



Raymond Gaskey

USA

Access a simple list of speakers and their contact information

[HERE](#)

LEARN FROM

Dr Martin Isaksson

Meet Dr. Martin Isaksson, filled with passion for chiropractic professional, joined FICS in 2011 and later achieved the International Certificate in Sports Chiropractic (ICSC) in 2015. Currently serving as a FICS President and a Master Instructor, Dr. Isaksson enthusiastically imparts his wealth of knowledge through captivating global lectures. His expertise extends globally, having treated athletes on the grand stage of the Olympic Games Rio 2016.



Falkenberg, Sweden
CET / CEST
Pres@ficsport.org

Ask him anything!

Eager to share his wealth of knowledge and offer guidance tailored to students' needs, Dr. Isaksson is ready to address any topics that resonate with the aspiring chiropractors. Whether it's navigating the challenges of chiropractic studies, exploring advanced techniques, or gaining insights into effective leadership in the field, Dr. Isaksson is here to empower you on your chiropractic journey!

[Learn more](#)

LEARN FROM

Dr Brian Nook

Learn about...

➤ **Advanced Adjusting Techniques (spine and extremities)**

➤ **Sports Injuries**

➤ **Extremity Injuries**

➤ **International Sporting Events**

✉ Perth, Australia
AWST
drbrian.nook@gmail.com



Meet Dr. Brian Nook, a FICS Master Instructor and EMT, bringing a wealth of experience to chiropractic. As a Diplomat in Sports Chiropractic and a team physician at four Olympic Games, Dr. Nook specializes in manipulative skills, with a focus on extremities and joint cavitation.

[Learn more](#)



Left to Right: Immediate Past President Dr Bradley Sandler, President Dr Martin Isaksson, **ISFC Liasion Dr Brian Nook**. Representing FICS at The International Federations (SportAccord) Forum Lausanne November 2023

LEARN FROM

Dr Pete Garbutt

Learn about...



**Treatment
Considerations for the
Running Athlete**



Canberra, Australia
AEDT / AEST
pete@enhancerunning.com.au



Meet Dr. Pete Garbutt, a Sports Chiropractor and FICS Master Instructor based in Canberra. As the Australian Chiropractor of the Year and author of 'The Running Machine,' Dr. Garbutt specialises in treatment considerations for running athletes. With over two decades of experience as the Medical Coordinator for the Australian Beach Volleyball Tour, he serves as the official chiropractor for national events and teams.



Dr Pete as a Master Instructor at the ICSC Lower Extremity Seminar in Santiago, Chile 2023



[Learn more](#)

LEARN FROM

Dr John Williamson

Learn about...

 **Power Sports; Athletics and Rugby**

 London, UK

BST / GMT

john@williamsonchiropractic.co.uk



Meet Dr John Williamson, a Sports Chiropractor and experienced FICS Instructor. Holding the International Certificate in Sports Chiropractic (ICSC), he excels in treating soft tissue and sports injuries, employing techniques like dry needling and Graston. As a Fellow of the Royal College of Chiropractic Sports Faculty and Board Member of the British Chiropractic Association, he shares his knowledge through national lectures in the UK.



Dr John as an Instructor at the ICSC Upper Extremity Seminar in Oxford, UK, 2023



 [Learn more](#)

LEARN FROM

Dr Steven Smilkstein

Learn about...

▷ **Biomechanics and the importance of field-side**

▷ **Important tools field-side**

▷ **The ins and outs of working foreign sporting events**

▷ **Understanding diversity when working international sporting events**

✉ Johannesburg, South Africa
SAST
smsmilk@gmail.com



Dr Steven treating athlete at the JJIF World Cup in Israel, 2023

Meet Dr Steven Smilkstein, a passionate sports chiropractor and FICS Instructor deeply immersed in various athletic disciplines, working extensively with South African athletes in track and field, Rugby, Soccer, Cricket, and top squash players globally. As a Clinical Biomechanics lecturer at the University of Johannesburg, he emphasizes biomechanics' crucial role in enhancing athletic performance.

→ [Learn More](#)

LEARN FROM

Dr Mika Janhunen

Learn about...



The Physiology of Breathing



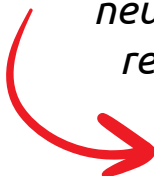
Lessons learned at FICS Games



London, UK
BST / GMT
mjanhunen@gmail.com



Meet Dr. Mika Janhunen, as a fellow of the Royal College of Chiropractors Sports Faculty in the UK, dynamic tape instructor, and oxygen advantage instructor, Dr. Mika brings a well-rounded perspective to chiropractic care. Operating a private clinic in Shepperton, UK since 2008, Dr. Mika now specializes in clinic-based treatment, with a focus on endurance and extreme sports. His expertise lies in whole-body adjusting and functional biomechanics, employing a holistic model addressing anatomy, physiology, neurology, biomechanics, nutrition, recovery, and emotional health.



[Learn more](#)




Dr Mika at the CSIT Games 2023 in Cervia, Italy

LEARN FROM

Dr Thomas Jeppesen

Learn about...

 Working Events
within a
Multidisciplinary
Team

 London, UK
BST / GMT
healthonhand@yahoo.com

 Start your ICSC
journey **NOW** and be
one step closer to
volunteer at
international events
with FICS!



Meet Dr. Thomas, a passionate chiropractor thriving on collaboration, he actively contributes to multisport events, making an impact on national and international competitions like the Olympics, Paralympics, and World Games. He emphasizes the significance of diverse skills for sports chiropractors, advocating for the ICSC as a valuable learning platform and a means to connect with like-minded colleagues. Additionally, he serves as an instructor at FICS seminars, sharing his expertise with the next generation of chiropractors.



Dr Jeppesen 2022 Commonwealth Games Getting ready for the opening ceremony with British Virgin Islands Team.

 [Learn more](#)

LEARN FROM

*Dr. James Geiselman
and Drew Sams*

Learn about...

 **Relative Energy (Red-S) - Shared Talk**

 Chicago, USA
CST / CDT
jfg1@graceland.edu



Meet Dr. James Geiselman, a dynamic force in chiropractic and education. As the FICS Education Commission Co-Chair and Associate Professor at Graceland University, he brings his expertise in functional health and nutrition to the forefront. His active contributions extend beyond the classroom, as he engages in university committees, and national organizations, and co-hosts the Nutrition on a Mission podcast, making him a valuable asset to the chiropractic and educational community.

Now meet Drew Sams, a dedicated professional at Graceland University. As an Instructor of Allied Health and the Head Assistant Men's Wrestling Coach, Drew holds national certifications in fitness and nutrition. Having completed both his Bachelor's and a Master's in Nutrition, he passionately dedicates himself to educating students and coaching wrestling. Drew's commitment to fostering both physical fitness and academic excellence makes him a standout figure at Graceland University.

 Learn more about [Dr James](#) and [Dr Drew](#)

LEARN FROM

Dr Audrey Yargui

Learn about...

**Becoming a FICS
volunteer
(motivation,
necessary
knowledge,
process...)**

**Differences
between in-office
treating and
working fieldside**

Paris, France
CET / CEST
mychiropratique@gmail.com



*JJIF European Championships Adults , Zagreb, Croatia
Drs Audrey Yargui*

Meet Dr. Audrey Yargui, a Sports Chiropractor since 2005 with a passion that goes beyond the clinic walls. Active in numerous national and international sporting events, including Jiu-Jitsu, World Games, CSIT, World Urban Games, and more, Audrey stays committed to continuous training both in France and abroad. Not just a practitioner but an advocate for FICS volunteering, Audrey shares insights into motivation, necessary knowledge, and processes. Her journey led her to join the medical commission of the International Jiu-Jitsu Federation, enriching her knowledge alongside high-level doctors and physiotherapists.



*Dr Audrey
treating
athlete at
The World
Combat
Games
2023, Saudi
Arabia*

[Learn more](#)

LEARN FROM

Dr Phoebe Henry

Learn about...

Women in Sport

Melbourne, Australia
(AEDT / AEST)



phoebe.c.henry@gmail.com



Meet Phoebe Henry, an experienced Sports Chiropractor dedicated to guiding patients from injury to peak performance. Passionate about continuous learning, Phoebe has expanded her expertise through various extra courses in rehabilitation, strength & conditioning, and running gait analysis. Currently on the path to becoming an Internationally Certified Sports Chiropractor (ICSC) and an Accredited Exercise Physiologist, Phoebe's journey is marked by a commitment to enhancing her knowledge and skills for the benefit of her patients.

 [Learn more](#)



LEARN FROM

Dr Tom Hyde

Learn about...



 **Knee: ACL Repair**

Florida, USA

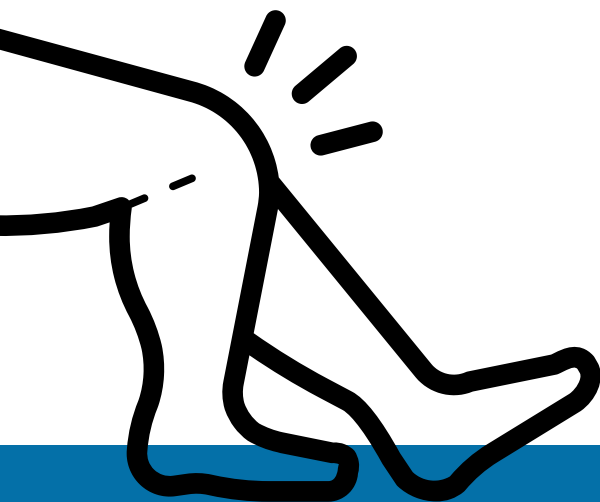
EDT / EST

 tomhyde444@gmail.com

 **Check out Dr. Tom's presentation on Soft tissue and Fascia** 

Meet Dr. Tom Hyde, a seasoned Sports Chiropractor and pioneer in sports medicine. With leadership roles in the ACA Sports Council and FICS, Dr. Hyde currently serves as the liaison between FICS and the World Olympians Association. Recognised twice as Chiropractor of the Year, he is the founder of the FICS World Olympians Scholarship Program, providing expertise in treating common sports-related issues. Dr. Tom Hyde stands as a distinguished figure, shaping the landscape of chiropractic care in sports.

 **Learn more**



LEARN FROM

Dr Alan Sokoloff

Learn about...

 **Risk management
in sports
chiropractic**

 Maryland, USA
EDT /EST
asokoloff@yalich.com



Meet Dr. Alan Sokoloff, a FICS National Chiropractic Sports Council (NCSC) member who has dedicated over 36 years to chiropractic care. A two-term President of the Maryland Chiropractic Association, Dr. Sok is renowned for his exceptional contributions, earning accolades such as Maryland's "Chiropractor of the Year 2001-2" and the American Chiropractic Board of Sports Physician's Sports Chiropractor of the Year 2006. Passionate about teaching, Dr. Sok received the "Award of Excellence" for his DVD series on injury prevention, with a particular focus on concussion prevention and he continues to actively engage in youth coaches and parent education.

 [Learn more](#)

LEARN FROM

Dr Roland Claes

Learn about...

- **Weightlifting**
- **Sports Psychology**
- **Performance enhancement**

Belgium
CET / CEST
info@rolandclaes.be

"Never stop learning, never stop training, never stop growing, never stop giving, never ever quit."



Meet Dr. Roland Claes, an Executive Council member from Belgium and an active FICS volunteer at Powerlifting Championships, Sports Chiropractor and strength and conditioning coach. With a Master's in exercise physiology, sports science, and nutrition, Roland prioritizes the overall health of his patients. With over 30 years of experience, he specialises in personalised treatment, emphasising prevention and care for athletes of all levels. Roland's expertise lies in strengthening posterior chains and optimising back biomechanics, essential elements in rehabilitation.

[Learn more](#)



Dr Roland with Aouregan and Fraser at the Powerlifting Championships in Lithuania 2023

LEARN FROM

Dr. Jinjiang Li

Meet Dr. Jinjiang Li, a Certified Chiropractic Sports Physician dedicated to sports injury care. With a Doctor of Chiropractic (DC) and a Master of Sport Health Science (MS) in Sports Injury Management, he provides exceptional care globally. Specializing in extremity-related sports injuries and pre/post-surgical rehabilitation, Dr. Li collaborates with physicians and physical therapists to develop effective recovery plans.

Since 2019, Dr. Li has been caring for athletes and sports teams worldwide, holding the International Certificate in Sports Chiropractic (ICSC) from FICS. As a senior contributor to SportsEdTV, he shares valuable insights on sports injury care and prevention globally.



Georgia, USA
EDT / EST
jlisportschiro@gmail.com

Ask him anything!



[Learn more](#)

Dr JJ treating athlete
at The World Games
2022 in Birmingham,
USA



LEARN FROM

Dr Raymond Gaskey

Learn about...

▷ **Diagnose, assess and treat 5 most common conditions for the sports chiropractor patient**

▷ **Kinesiology (elastic) taping for common conditions**

▷ **Most Common treatment options for conditions related to the sports chiropractor patient (CMT , EMT, manual therapies, corrective ex, tape etc.)**

▷ **Tennis elbow, shoulder impingement, plantar fasciitis, hip impingement**



Dr Raymond applying Dynamic Tape on an athlete at the CSIT Games 2023 in Cervia, Italy

Meet Dr. Raymond Gaskey, an Internationally Certified Sports Chiropractor (ICSC) and the lead Chiropractor at Bradford Family Chiropractic. Actively volunteering for FICS, he recently attended the CSIT Games in Cervia, Italy. Specializing in sports chiropractic and injury rehabilitation, Dr. Gaskey focuses on treating sports and repetitive strain injuries, including back, neck, and extremity disorders. His approach combines chiropractic therapies with corrective techniques like Graston therapy, kinesiology taping, active release techniques, soft tissue therapies, sports massage, and corrective exercises for optimal results.

[Learn more](#)

Georgia, USA
EDT / EST

drray66@hotmail.com