

INSTRUCTOR

DR JONATHAN MULHOLLAND

NAVIGATING COMPLEXITY. FROM PAIN POINTS TO
PERFORMANCE PATHWAYS.



Challenging clinicians to think beyond isolated symptoms and engage with the full clinical picture.

- Sports chiropractor and strength coach with decades of experience supporting athletes at every level, from developing competitors to Olympic medalists.
- Bachelor of Science in Exercise Science from Ithaca College (1996) and his Doctor of Chiropractic degree in 2000.
- Advanced postgraduate credentials as a Certified Chiropractic Sports Practitioner (CCSP) and a Certified Strength & Conditioning Specialist (CSCS).
- High level chiropractic practices
- Chiropractic Consultant to the US Olympic Training Center in Lake Placid, NY.
- Travelled extensively as a team chiropractor for the US Bobsled & Skeleton Teams,
- Appointed Sports Medicine & Performance Enhancement Consultant for the New Zealand Cycling Team at the 2012 London Olympic Games, contributing to a campaign that resulted in two Olympic medals.
- RockTape Instructor 10 years+

**A POWERHOUSE IN
SPORTS CHIROPRACTIC AND
KNOWN FOR HIS ABILITY TO
NAVIGATE COMPLEX CASES,
HE INSPIRES DOCTORS TO
INTEGRATE PERFORMANCE,
RECOVERY, AND CONTEXT
INTO THEIR DECISION-
MAKING.**

- ✓ GROW YOUR EXPERTISE.
- ✓ CHALLENGE YOUR CURRENT THINKING.
- ✓ LEARN THE LESSONS THAT SHAPED A GLOBAL SPORTS CHIROPRACTOR'S CAREER.
- ✓ JOIN A COMMUNITY OF LIKE-MINDED PRACTITIONERS COMMITTED TO EXCELLENCE.



**ICSC SEMINAR
INSTRUCTORS**
THEORY ONLINE. CLASS TIME 100% PRACTICAL