

# INSTRUCTOR

# DR JONATHAN MULHOLLAND

NAVIGATING COMPLEXITY. FROM PAIN POINTS TO PERFORMANCE PATHWAYS.



Challenging clinicians to think beyond isolated symptoms and engage with the full clinical picture.

- Sports chiropractor and strength coach with decades of experience supporting athletes at every level, from developing competitors to Olympic medalists.
- Bachelor of Science in Exercise Science from Ithaca College (1996) and his Doctor of Chiropractic degree in 2000.
- Advanced postgraduate credentials as a Certified Chiropractic Sports Practitioner (CCSP) and a Certified Strength & Conditioning Specialist (CSCS).
- High level chiropractic practices
- Chiropractic Consultant to the US Olympic Training Center in Lake Placid, NY.
- Travelled extensively as a team chiropractor for the US Bobsled & Skeleton Teams,
- Appointed Sports Medicine & Performance Enhancement Consultant for the New Zealand Cycling Team at the 2012 London Olympic Games, contributing to a campaign that resulted in two Olympic medals.
- RockTape Instructor 10 years+

**A POWERHOUSE IN SPORTS CHIROPRACTIC AND KNOWN FOR HIS ABILITY TO NAVIGATE COMPLEX CASES, HE INSPIRES DOCTORS TO INTEGRATE PERFORMANCE, RECOVERY, AND CONTEXT INTO THEIR DECISION-MAKING.**

- ✓ **GROW YOUR EXPERTISE.**
- ✓ **CHALLENGE YOUR CURRENT THINKING.**
- ✓ **LEARN THE LESSONS THAT SHAPED A GLOBAL SPORTS CHIROPRACTOR'S CAREER.**
- ✓ **JOIN A COMMUNITY OF LIKE-MINDED PRACTITIONERS COMMITTED TO EXCELLENCE.**



## ICSC SEMINAR

# INSTRUCTORS

**THEORY ONLINE. CLASS TIME 100% PRACTICAL**