



## CURRICULUM VITAE

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**Nationality:** British

## QUALIFICATIONS

B.S.c. (Hons) Upper second class degree, Chiropractic.

**All GCSE "O" Level taken in 1998**

**All "A" levels taken in 2000**

## FURTHER EDUCATION

University of Glamorgan, Welsh Institute of Chiropractic, Treforest, Pontypridd, Mid Glamorgan.

- September 2000 to July 2005 B.S.c. (Hon) in Chiropractic
- International Federation of Sports Chiropractic (FICS) Internationally Certified Chiropractic Sport Practitioner qualification – May 2016
- Graston technique train the trainer program to improve my knowledge of the technique and learn the skill of presenting the academic and practical aspect of the technique in April 2012
- Teach as part of the Lighcure/Lightforce UK team teaching the theory, science and practical skills behind Laser therapy.
- Achieved Master Instructor status for FICS August 2024

## EMPLOYMENT HISTORY

<b>August 2005 – February 2007</b>	Doctor of chiropractic, Newport Chiropractic Clinic, Newport.
<b>May 2006 – March 2007</b>	Doctor of chiropractic for the Welsh Masters Athletic Association.
<b>July 2006 – Date</b>	British Masters Medical Team Doctor of Chiropractic.
<b>March 2007- November 2013</b>	Doctor of Chiropractic Leighton Buzzard Chiropractic Clinic,
<b>April 2010 to present</b>	Owner and Doctor of Chiropractic Williamson Chiropractic & Sports Injuries Clinic Gobles Court 7 Market Sq Bicester
<b>August 2016 to Present</b>	Team Affinity Strongman Medical
<b>October 2017 to Present</b>	British Chiropractic Association Professional Standard Committee
<b>October 2018 to Present</b>	British Chiropractic Association Director

**About Me:** I have continued to develop my special interests in treating soft tissue and sports injuries through postgraduate study. This includes electrotherapy, dry needling (medical acupuncture), myofascial cupping, the Graston Technique (a specialised soft tissue technique using shaped metal instruments), laser therapy, shock wave therapy, and taping techniques such as Kinesio and Dynamic taping.

Among my postgraduate qualifications is the ICSC (International Certificate in Sports Chiropractic), which enables me, as a sports chiropractor, to attend International Federation Games.

I have treated nationally and internationally as part of the British Masters Medical Team in France, Italy, Finland, Hungary, Birmingham, Cardiff, and London.

I have a particular expertise in working with power-based athletes, which has led me to support events such as Britain's and Europe's Strongest Man in 2019, England's Strongest Man in 2022 and 2023, and Oxfordshire's Strongest in 2024.

I am proud to be a Fellow of the Royal College of Chiropractic Sports Faculty. Currently, I serve as the elected Treasurer of the British Chiropractic Association and continue my work as Vice-Chairman of the Communications Committee for the same association.

I am a Master Instructor for FICS (The Fédération Internationale de Chiropratique du Sport) and regularly lecture both nationally and internationally, having spoken at seminars for chiropractors in Oxford, Chile, Belgium, Portugal, and South Africa. I have lectured in Oxford for the past seven years.

I also lecture nationally for the Royal College of Chiropractors as part of the International Certificate in Sports Chiropractic program.

I was born in Pontypridd, South Wales, where I lived and was educated. Outside of work, my interests include surfing, enjoying the great outdoors, playing the guitar, and classic cars.