

# 2025 Games



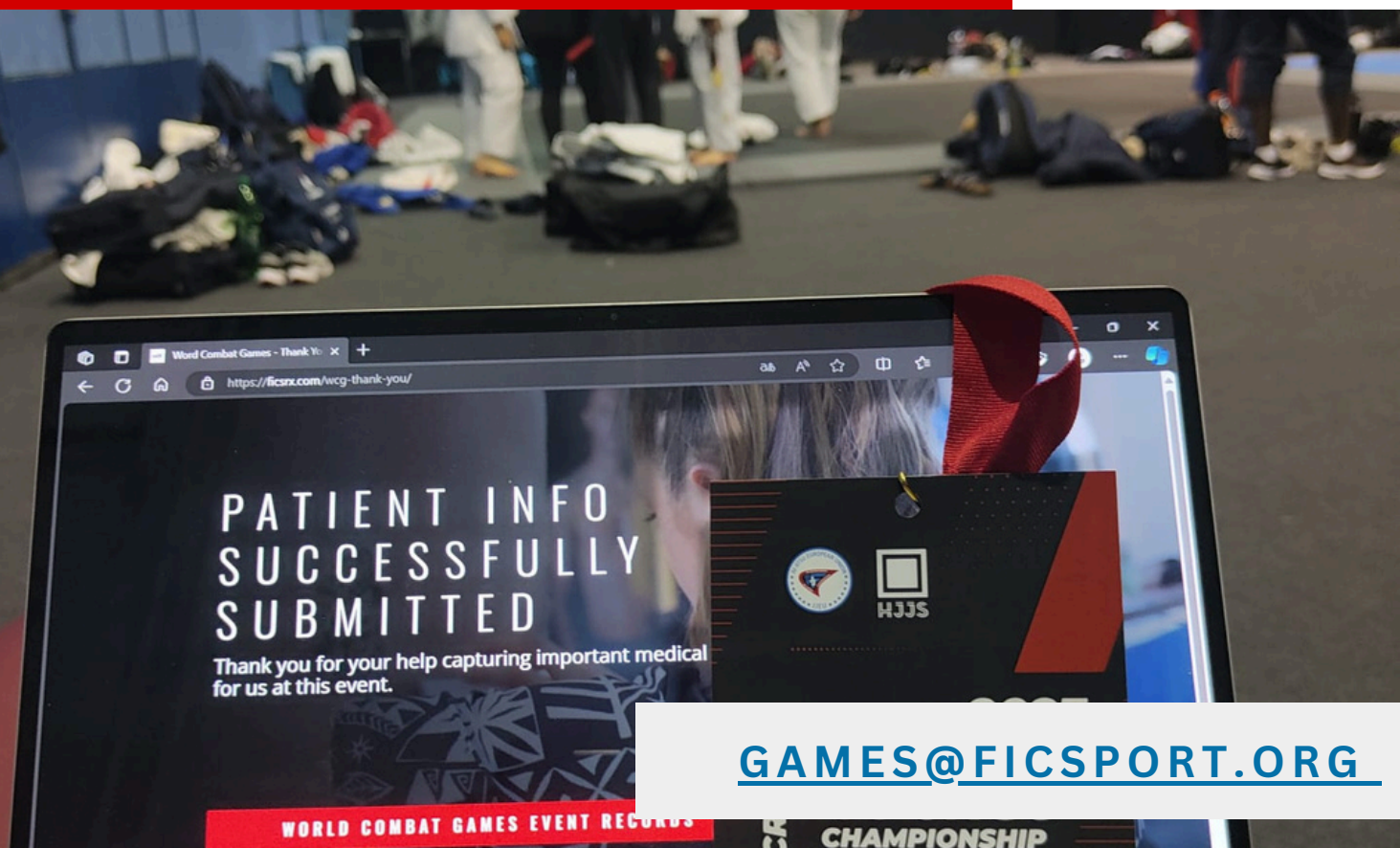
If you have worked an event with FICS in the last two (2) years and we have all your current documentation, email [games@ficsport.org](mailto:games@ficsport.org) with the date and name of the event.

If this is your first FICS event, download the application form and email [games@ficsport.org](mailto:games@ficsport.org) and we will get you started.



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# VOLUNTEERISM

BY: SIMON LAWSON - CHAIR ISFC COMMISSION



## **Volunteerism: will it remain the Cornerstone of a growing, dynamic organisation etched from humble and noble values?**

It could be argued that the definition of Volunteerism is simple “the principle of donating time and energy for the benefit of other people in the community as a social responsibility rather than for any financial reward.” Simply put: a FICS member!

As we step into 2025, we are privileged and honored to be part of a truly unique global organization like FICS. In our profession, we enjoy the distinct advantage of being our own CEOs—our own bosses. Each day, we make meaningful decisions that profoundly impact the lives of our patients and athletes. But what motivates a group of highly effective, successful professionals, united by a shared passion for philanthropy, to come together and freely give their time and expertise? It’s the mission of advancing Sports Chiropractic worldwide, helping athletes not only achieve their best performances but unlock their full potential.

FICS continues to grow as a global leader in Sports Chiropractic, strengthened by the dedication and expertise of its members. Over the past year, we have made significant progress in enhancing relationships with International Sporting Federations (IFs), many of whom we’ve supported for years with world-class care. These partnerships are built on the strong foundations and ethos of our organization. We’re excited about ongoing discussions aimed at securing additional support, ensuring FICS events remain accessible and enabling our members to fulfill their passion for working with world-class athletes across the globe. As we move forward, the leadership team remains committed to fostering a seamless, enjoyable, and rewarding experience for all members.



Your dedication, time, and expertise embody the heart of this organization—a legacy of humility, service, and excellence that defines who we are. Few global organizations operate with the level of passion and purpose that FICS achieves through pure volunteerism. This speaks volumes about the character and commitment of our members.

2025 also marks a year of continued focus on strengthening communication within our community. We welcome feedback from our members and are constantly exploring ways to enhance how we connect, collaborate, and support each other. This inclusivity and shared commitment to excellence fuel our collective success.

As the world around us evolves, FICS remains steadfast in upholding the values and principles that define our organization. Together, we continue to lead the way in advancing Sports Chiropractic on a global stage, inspiring athletes and professionals alike to achieve their full potential.

**Thank you for being an integral part of this journey—we couldn’t do it without you.**



Stay updated with new events by checking your inbox and following us on social media—you won't want to miss a thing!



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# Gold Level Events 2025



THE  
WORLD  
GAMES



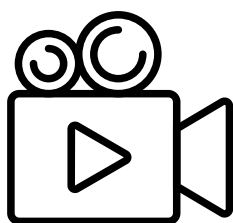
TWG  
2025  
CHENGDU

**03 - 08 June 2025 CSIT World Sports Games, Loutraki, Greece. Call for expression of Interest opening January 2025**

**07 - 17 August 2025 TWG The World Games, Chengdu, China Applications close. Watch the notices for updates on team.**

## Are you games ready?

FICS has commenced our preparations to support athletes at the LA2028 Olympics and the involvement of sports chiropractic. The ICSC qualification opens opportunities to work at FICS International sporting events. We encourage you to complete your ICSC and volunteer for national and international events to gain experience.



**LEARN MORE**

# 2025 Games

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JAN



FEB



MAR



APR



MAY



JUN



JUL



AUG

26 January	IPF SBD Sheffield - Classic Powerlifting, Sheffield, UK
31 Jan - 2 Feb	JJIF Genoa Open, Genoa, Italy
14-18 March	IFMA Oceania & Asia Pacific Championships, Gold Coast, Queensland Australia
21-23 March	JJIF European Ju-Jitsu Youth Championship and European Cup, Larnaca, Cyprus
17-25 May	IPF World Classic & Equipped Bench Press Championships Drammen, Norway
22-31 May	IFMA Senior World Championships, Antalya, Turkey
22-25 May	JJIF Asian Championships, Amman, Jordan
3-8 June	<b><u>CSIT World Sports Games</u></b>
9-15 June	IPF World Classic Open Powerlifting Championships, Chemnitz, Germany
12-15 June	JJIF Mediterranean Festival, Rome/Ostia, Italy
21-25 June	IFMA Asian Championships, Thai Nguyen Province, Vietnam
24-27 July	IFA Fistball World Tour Finals, Vöcklabruck, Austria
07-17 August	<b><u>The World Games - China</u></b>
29 Aug - 7 Sept	WAKO European Youth Kickboxing Championships, Braga, Portugal
29 Aug - 7 Sept	IPF World Classic & Equipped Sub-Junior & Junior Powerlifting Championships, San Jose, Costa Rica
4 - 7 September	TWIF European Championships, Nottingham, England
10-20 September	IFMA Youth World Championships, Abu Dhabi, UAE
12-14 September	JJIF Pan-American Championships, Panama
2-5 October	JJIF European Championships, Belgium
12-19 October	IPF World Classic & Equipped Masters Powerlifting, Cape Town, South Africa
1-15 November	JJIF World Championships, Bangkok, Thailand (Local University Collaboration)
10-16 November	IPF World Open Equipped Powerlifting Championships, Cluj Napoca, Romania
19-27 November	IFMA European Championships, Athens Greece
14-20 December	JJIF African Championships [TBC], Tunisia

*More events coming soon.....*



SEP



OCT



NOV



DEC

**Start Your ICSC Now!**

**CLICK HERE** 

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## [TWIF 2025 EVENTS WEBSITE](#)



**03 - 07 September**  
**European Championships**  
Nottingham, England

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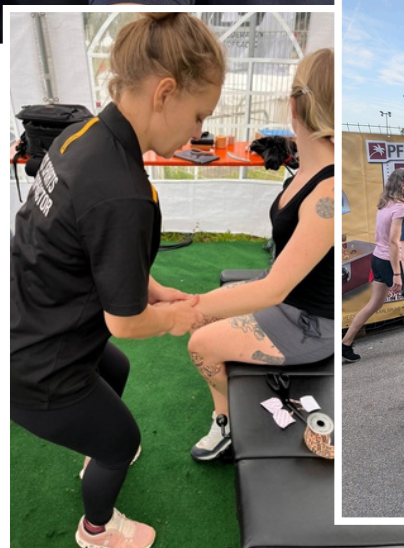
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### **Written by Dr Rob Scott - Tug of War Chef de Mission**

*As I will be retired before the next Tug of War event, this was my last event with TWIF, and it was both emotional and exciting. Supported by two old friends, Elena Guisasola and Freya Moran, and joined by Lotta Koch, I knew we would have fun while working hard!*

*We treated 144 people, with 40 returning for follow-up treatments. At the end of the event, TWIF honored me with a retirement gift and thanked me for all the work—and the “pain” I had put them through! I’ve made some great friends and long-lasting connections, and I hope to stay in touch with many of them in the coming years.*

*I’ve learned a great deal through Tug of War—about the sport, the people, teamwork, and how to be an effective Chef De Mission. I want to thank everyone at both FICS and TWIF who made this experience possible. I’ve done my best to pass on this knowledge, and I hope TWIF events continue to run smoothly.*



SELECTION OF THE TEAMS WILL VARY ACCORDING TO THE CATEGORY OF THE EVENT BEING ADVERTISED. [DOWNLOAD APPLICATION FORM](#)

## [IPF 2025 EVENTS WEBSITE](#)



**26 January**  
**SBD Sheffield - Classic Powerlifting**  
Sheffield, UK

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**17-25 May**  
**World Classic & Equipped Bench Press Championships**  
Drammen, Norway

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**9-15 June**  
**World Classic Open Powerlifting Championships**  
Chemnitz, Germany

**29 August - 7 September**  
**World Classic & Equipped Sub-Junior & Junior Powerlifting Championships**  
San Jose, Costa Rica

**12-19 October**  
**World Classic & Equipped Masters Powerlifting Championships**  
Cape Town, South Africa

**10-16 November**  
**World Open Equipped Powerlifting Championships**  
Cluj Napoca, Romania



### **Written by Dr. Mark Strudwick**

The 2024 World Bench Press Championships in Austin, Texas, are in the books. Over 800 athletes from 41 countries participated in the event. The organizers did an excellent job, as it all seemed to run pretty seamlessly. As volunteers, we were all well taken care of.

It is actually a credit to what FICS doctors have done at these events that it is being emulated. Gaston Parage, the IPF President, said as much when he reiterated this in conversation with Dr. Ray and myself, how they appreciate FICS being there.

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## [IFMA 2025 EVENTS WEBSITE](#)

**14-18 March**

**Oceania & Asia Pacific Championships**

Gold Coast, Queensland, Australia

**22-31 May**

**Senior World Championships**

Antalya, Turkey

**21-25 June**

**Asian Championships**

Thai Nguyen Province, Vietnam

**10-20 September**

**Youth World Championships**

Abu Dhabi, UAE

**19-27 November**

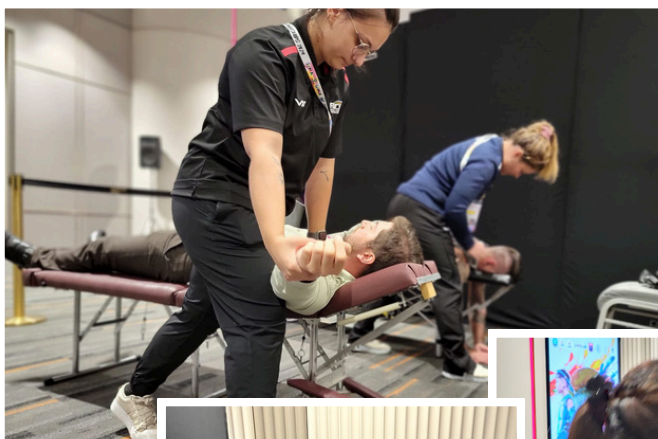
**European Championships**

Athens Greece



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### About the Sport

Muaythai has been part of Thai heritage for centuries and was the primary method of self-defense for Thai warriors in historic battles. A warfare manual, Chupasart, emphasized the martial use of each body part, teaching that true fighting requires total commitment of mind, body, and soul.

*Pictured right is the FICS team at the 2024 event in Bangkok:*

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## [JJIF 2025 EVENTS WEBSITE](#)



**31 January - 2 February**

**Genoa Open**

Genoa, Italy

**12–14 September**

**Pan-American Championships**

Panama

**21-23 March**

**European Ju-Jitsu Youth  
Championship U16 & U18 and  
European Cup for U14**

Larnaca, Cyprus

**2–5 October**

**European Championships**

Belgium

**22–25 May**

**Asian Championships**

Amman, Jordan

**1–15 November**

**World Championships**

Bangkok, Thailand

**Opportunity to attend half of the event**

**12–15 June**

**Mediterranean Festival**

Rome/Ostia, Italy

**14–20 December**

**African Championships [TBC]**

Tunisia

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**Our First Week at the World Jiu-Jitsu Championship in  
Heraklion, Greece**

***Written by Dr Audrey Yargui - JJIF Chef de Mission***

The first week of the World Jiu-Jitsu Championship in Heraklion, Greece, has been exceptional! Over 1,300 athletes from 68 countries will compete over these two weeks, all striving for the top spot. We have done everything possible to support our athletes in their quest for medals. In total, more than 270 chiropractic treatments were provided during this intensive first week.

Thank you to the JJIF team for making the FICS sports chiropractor so welcome as they provide care to the athletes to help them achieve their optimal performance naturally.



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## [WAKO 2025 EVENTS WEBSITE](#)

**29 August - 7 September**  
**European Youth Kickboxing**  
**Championships**  
Braga, Portugal



**Doctors will only need to**  
**attend between**  
**1 - 6 September.**

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### *My experience working at the WAKO event*

#### *Written by Dr Renita Rasmann*

We worked 10 hours a day, back-to-back, and on the busiest day, we provided 94 treatments. Over 5.5 days, we reached a total of 433 treatments. Despite the heavy workload, we maintained smiles on our faces, and the athletes were extremely appreciative, returning later with their medals to show their gratitude.

My colleague, Muhammed, is a fantastic chiropractor with extensive knowledge, empathy, and skills. We made an excellent team, supporting each other whenever needed. He remained calm and handled challenging situations with professionalism. For this review, he noted that working at a youth event provided him with a valuable new experience in treating paediatric and teen populations, as his practice primarily focuses on adult patients.

The WAKO and the organising team were incredibly friendly, welcoming, and helpful. They were always available and expressed gratitude for our hard work. They were amazed at how many athletes we treated and frequently checked in to ask if we needed anything or were too tired.



SELECTION OF THE TEAMS WILL VARY ACCORDING TO THE CATEGORY OF THE EVENT BEING ADVERTISED. [DOWNLOAD APPLICATION FORM](#)

## [IFA 2025 EVENTS WEBSITE](#)

24-27 July

**IFA Fistball World Tour Finals**

Vöcklabruck, Austria



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### About the Sport

Originating over a century ago, this fast-paced sport uniquely combines elements of volleyball, soccer, and handball, creating an electrifying spectacle that demands skill, strategy, and lightning-fast reflexes. Fistball emerges as a testament to the perfect blend of strength and finesse, making it a standout addition to the world of competitive sports.

### [My experience working at the IFA event](#)

#### [Written by Dr Freya Moran D.C., M.S.](#)

"It's been a great start to the week. Despite the rain and the heat, 28 teams of athletes from 10 different nations are here to combine the Women's, Men's, and U18 World Championships in this 5-day tournament. "The training room has been really busy with athletes seeking care both before and after their games, making our jobs fun and challenging," says Dr Freya Moran, a veteran with the IFA."

