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WHO IS **FICS**



- Fédération Internationale de Chiropratique du Sport, known as (FICS), is an organisation with a worldwide membership.
- As the leaders in Sports Chiropractic, we strive to provide **equitable access** to sports chiropractic care.
- FICS maintains relationships with International Sporting Federations, Educational Institutions with a chiropractic program, and 33 National Chiropractic Sports Councils (NCSC) across the globe.



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Vision

Every athlete deserves access to sports chiropractic



Mission

To empower athletes so they can achieve their optimal performance naturally

FICS Value statement

As the leaders in Sport Chiropractic, we strive to provide **equitable access** to sports chiropractic care, education, mentoring and research to all athletes and sports chiropractors **regionally, nationally and internationally**



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Education: ICSC Program

The International Certificate in Sports Chiropractic (ICSC) program produces a well-rounded individual chiropractor qualified to work at sporting events worldwide.

Furthermore, it is the minimum qualification required to be part of a FICS chiropractic delegation at an international event such as regional and world championships, the World Games or the Olympic Games.



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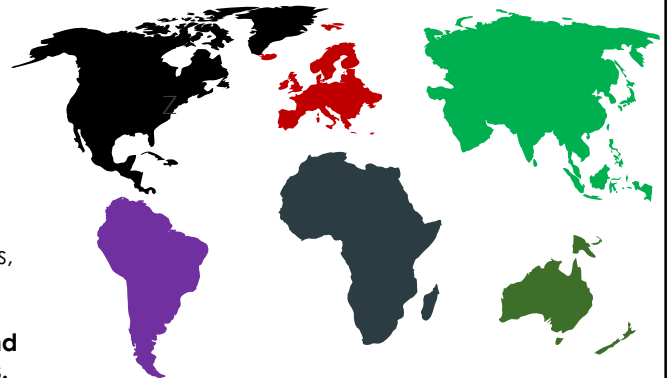
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THE PRIZE:

Working at International games

Your time as a volunteer at games has many rewards:

- Comradery, experience with multisport injuries, working at International games with International athletes, generosity, gratitude from athletes and event organisers, networking with other professions working at games.
- The friendships and networks you make with athletes and sports chiropractors from around the world are priceless.



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- The Association of IOC Recognised International Sports Federations (ARISF) is the world authority regrouping all IOC Recognised International Sports Federations.
- It is a non-governmental, non-profit, non-discriminatory organisation constituted through and recognised by the International Olympic Committee.
- Currently the association counts 39 International Sports Federations. ARISF includes the following Federations:
- Air Sports, American Football, Automobile, Bandy, Baseball-Softball, Basque Pelota, Billiards Sports, Boules Sports, Bowling, Bridge, Cheerleading, Chess, Climbing Mountaineering, Cricket, Dance Sport, Floorball, Flying Disc, Ice stock Sport, Karate, Kickboxing, Korfbal, Lacrosse, Life Saving, Motorcycling, MuayThai, Netball, Orienteering, Polo, Powerboating, Racquetball, Sambo, Ski Mountaineering, Squash, Sumo, Tug of War, Underwater, University Sports, Waterski-Wakeboard, Wushu.



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THE ASSOCIATION OF SUMMER OLYMPIC INTERNATIONAL FEDERATIONS


ASOIF's mission is to unite, promote and support the Summer Olympic International Federations (IFs); to preserve their autonomy, while advocating for their common interests and goals; to act as an added value provider to the member IFs and the Olympic Movement at large.

30 Full Member International Federations

5 Associate Member International Federations

The members of ASOIF have since grown to 30 Full Member IFs and five Associate Member IFs.



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WOF (the Winter Olympic Federations) is made up of the International Sports Federations which govern a winter sport featured on the Olympic program.

It encourages cooperation between its members. WOF is the qualified representative body that deals with specific questions connected with winter sports in general, and the Olympic Games in particular.

WOF is also responsible for recommending winter sports representatives for the commissions of the International Olympic Committee (IOC) and other international organisation.

Among other tasks, WOF deals with the coordination of matters of common interest between the winter sports, and the submission to the IOC of proposals regarding the distribution of the share of Olympic revenues.



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ALLIANCE OF INDEPENDENT RECOGNISED MEMBERS OF SPORT

- The Alliance of Independent Recognized Members of Sport (AIMS) was established in 2009 to represent sports federations that were not yet recognized by the International Olympic Committee (IOC).
- AIMS acts as a crucial organization within the global sports ecosystem, helping sports federations gain recognition and move towards integration into the Olympic movement.



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OLYMPIC AGENDA 2020+5 CONTEXT AND BACKGROUND

- The 15 detailed recommendations give us a clear picture of what the future of the Olympic Movement will look like.
- They give us a clear vision of where we are headed and how we can protect the uniqueness of the Games and strengthen Olympic values in society



OLYMPIC AGENDA 2020+5 15 RECOMMENDATIONS



<https://stillmed.olympics.com/media/Document%20Library/OlympicOrg/IOC/What-We-Do/Olympic-agenda/Olympic-Agenda-2020-5-15-recommendations.pdf>



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OLYMPIC AGENDA 2020+5 CONTEXT AND BACKGROUND

This Olympic Agenda 2020+5 builds on the achievements of Olympic Agenda 2020.

15 detailed recommendations that were inspired by five influential contemporary trends

- Solidarity
- Digitalisation
- Sustainable development
- Credibility
- Economic and financial resilience

The 15 recommendations were adopted in March 2021. Since its adoption, Olympic Agenda 2020+5 has already made a significant impact on the work of the IOC and the wider Olympic Movement.



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OLYMPIC AGENDA 2020+5 CONTEXT AND BACKGROUND

Cooperate closely with other sports event organisers

- The IOC and the International World Games Association (IWGA) to closely cooperate regarding the sports programme composition and their respective evaluations.
- The IOC and the International Masters Games Association (IMGA) to study the possibility for Olympic Games host cities to benefit from an option to organise the Masters Games in the years following the Olympic Games.
- The IOC to consider including a "sports lab" or sports initiation programmes as part of the Olympic Games or Youth Olympic Games to trigger youth involvement and benefit the host community.

<https://stillmed.olympic.org/media/Document%20Library/OlympicOrg/Documents/Olympic-Agenda-2020/Olympic-Agenda-2020-Context-and-Background.pdf>



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International World Games Association (IWGA)

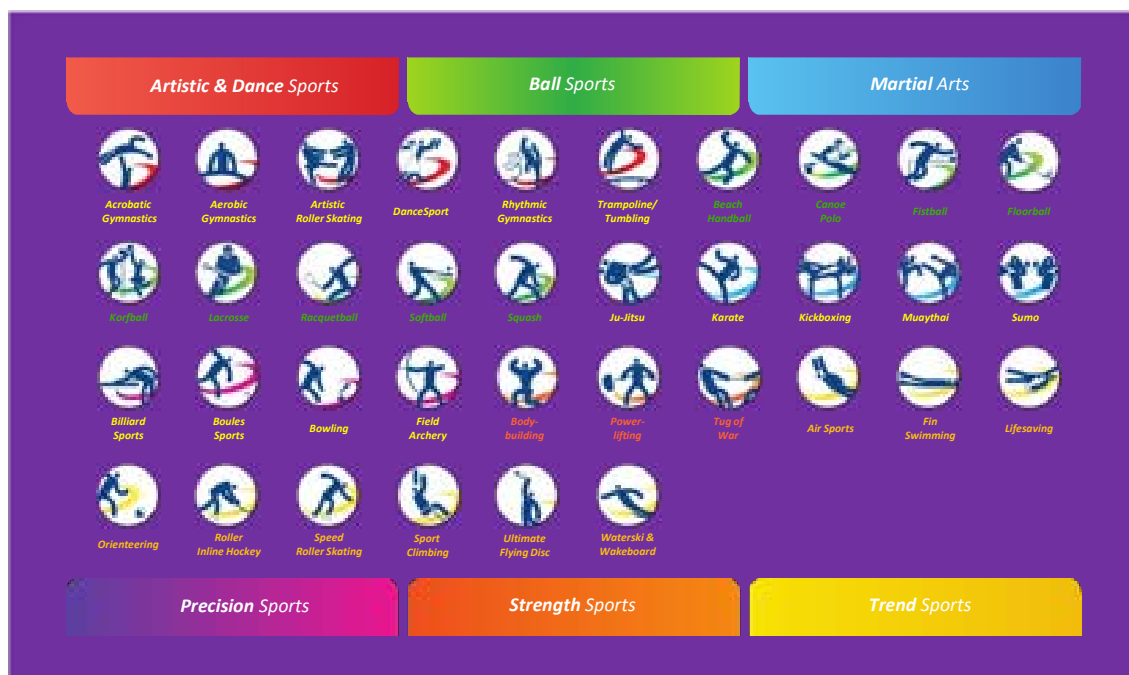


The IWGA will provide, at intervals of **four years**, an elite international multi-sport event for its member sports known as **The World Games (TWG)**.

- TWG is a multi-sport event for sports and disciplines that are not in the program of the Olympic Games.
- TWG is the international showcase that positions our different communities, such as the world's best athletes, the host city and our partners and sponsors, at the heart of world sport.
- In total, The World Games involve the participation of 5,000 athletes and officials. In terms of gender balance, the IWGA has reached an overall gender balance of the sports program composition.

FICS has provided a delegation of FICS sports chiropractors to the past 5 editions of TWG. FICS has a standing agreement to continue to support TWG and IWGA including a member on the IWGA Medical Commission.





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Role of the FICS delegation at World Games

- Part of the medical provisions at the World Games
- Do not provide care on the field of play
 - Field of play is the domain of the Local medical providers
- Provide care to those athletes that volunteer for care pre and post competition
- Provide care for Volunteers and Support personnel
- FICS has membership on the IWGA Medical Commission and reports at morning meetings on treatments and issues

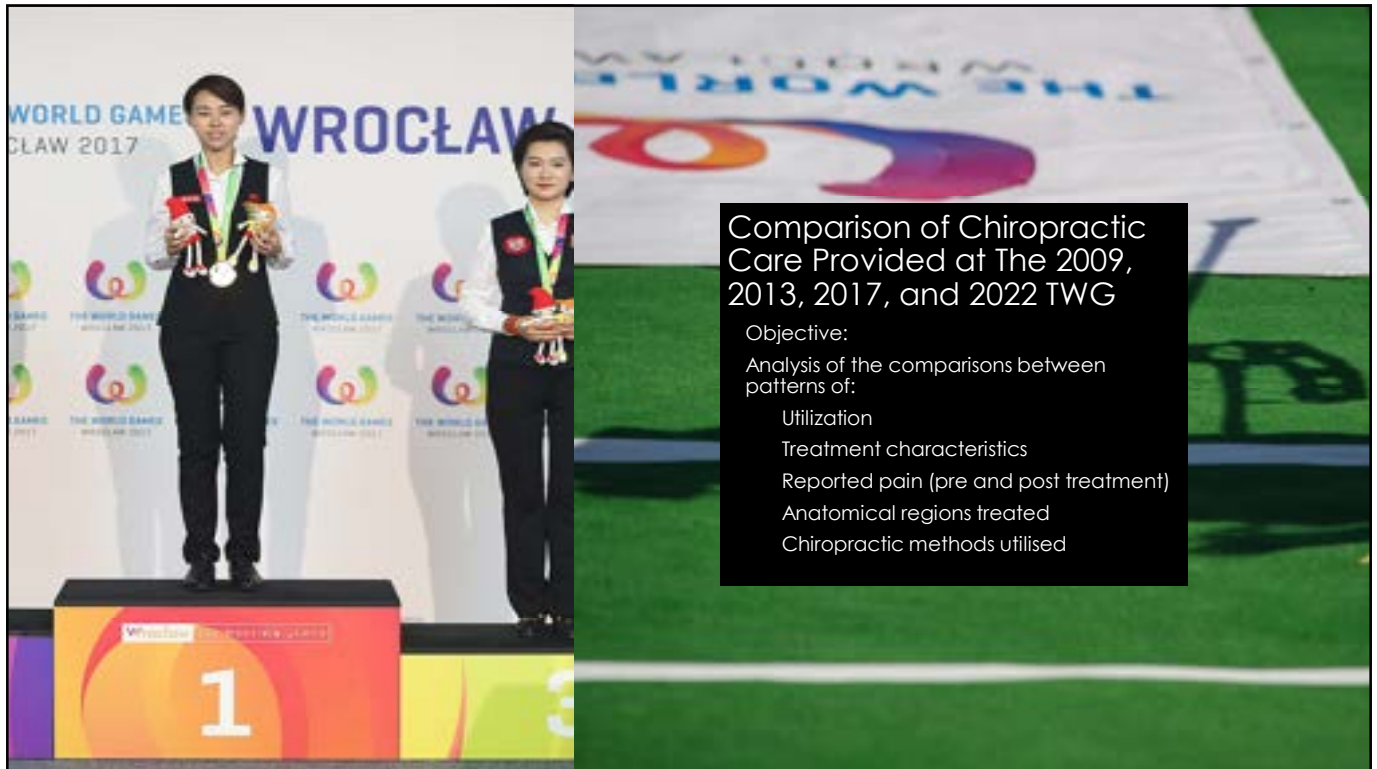
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Comparison of Chiropractic Care Provided at The 2009, 2013, 2017, and 2022 TWG

Objective:

Analysis of the comparisons between patterns of:

- Utilization
- Treatment characteristics
- Reported pain (pre and post treatment)
- Anatomical regions treated
- Chiropractic methods utilised

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Methods:

FICS and the IWGA entered into an agreement to provide ICSC qualified chiropractors at all World Games events.

- 35 chiropractors from 13 countries and 4 researchers 2009 WG Kaohsiung, Taiwan.
- 40 chiropractors from 11 countries and 6 researchers the 2013 WG in Cali, Colombia.
- 35 chiropractors from 13 countries and 5 researchers 2017 WG Wroclaw, Poland
- 48 chiropractors from 10 countries and 5 researchers 2022 WG Birmingham, USA
- Accredited Athletes and non-athletes voluntarily requested care from the FICS delegation.



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Results: Treatments-Athletes & Non-Athletes

FICS chiropractors completed:

- TWG 2009: 1514 treatments
- TWG 2013: 1548 treatments
- TWG 2017: 1787 treatments
- TWG 2022: 3440 treatments

The utilization rate by athletes

- TWG 2009 = 15.31% (n=2906)
- TWG 2013 = 18.12% (n=2964)
- TWG 2017 = 15.49% (n=3867)
- TWG 2022 = 25.71% (n=3457)



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FICS and The World Games (TWG)

The World Games are one of the largest Multisport Games. They are:

- organised in the Olympic fashion;
- Supported by the Federations that may eventually be in the Olympics; and
- now under the direct view and review of the IOC.

This positions FICS to be reviewed by the IOC

TWG and the support of the IWGA establishes the template for FICS involvement in the IOC and future Olympics that will move from a single Olympic involvement of Chiropractic to an established entrenched LEGACY.



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Other Event Opportunities:

CSIT Games:

- Powerlifting
- Ju-jitsu
- Muaythai
- Tug of War
- Fistball
- American Football
- Waterski & Wakeboard
- Kickboxing
- Floorball
- Korfball
- Flying Disc
- Squash



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Continued Work for FICS

Increased National Chiropractic Sports Councils (NCSC's)

Active Sports Chiropractors working within the NCSC's

NCSC's engaging with National Olympic Committees (NOC/NOS) in their area

- Doctor volunteers to work at events
- Increased diversity in FICS Delegations



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The future of FICS

FICS are a special interest group.

- We need more members both National Chiropractic Sports Councils and their individual members that are **active**
- Access to funding to support overheads of doctors volunteering at games
- Support for research projects and sports chiropractic researchers



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Why Supporting Chiropractic in Sports Matters.

- ✅ **Global Representation:** If you believe chiropractic should be recognised internationally and integrated with the IOC.
- ✅ **Elite Sports Inclusion:** If you see value in chiropractic being part of the Olympic Games, World Games, and other major sporting championships.
- ✅ **Athlete Access:** If you support direct access to Olympic athletes and ensuring all athletes have the right to chiropractic care.
- ✅ **Advancing Research:** If you recognise the importance of research on chiropractic's impact on athletic performance.
- ✅ **National Athlete Support:** If you believe your country's athletes deserve chiropractic care and the right to access it.

What you can do to assist. Join or establish an **NCSC** and actively support **FICS** to drive the profession forward.
Get involved and volunteer for events.

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Every athlete deserves access to SPORTS CHIROPRACTIC to enable them to achieve their optimal performance naturally.



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