# 2024 SEMINARS



# GET GAMES READY START YOUR ICSC TODAY

ICSC - Gain the right skills to work with top-tier athletes at international events!



# DO YOU ASPIRE TO WORK AT INTERNATIONAL GAMES? THE JOURNEY STARTS HERE - ICSC SEMINARS

#### **HOM\_UE & LE HANDS-ON SEMINARS\_EDUCATION LEARNING OBJECTIVES**

IMMERSE YOURSELF IN THE FUTURE OF LEARNING WITH A DYNAMIC HYBRID APPROACH -

THEORY ONLINE (20 HOURS)

FOLLOWED BY A HANDS-ON SEMINAR (12 HOURS)

## THEORY SECTION IS FIVE SHORT MODULES TAKEN BEFORE THE HANDS-ON PORTION OF THE SEMINAR.

UNLEASH THE POWER OF FLEXIBILITY! FORGET THE STRESS OF FINALS!

FICS ELS (ONLINE) PROGRAM IS SELF-PACED. YOU SET THE PACE OF LEARNING.

SIGN UP ANYTIME AND CONQUER THE MODULES IN YOUR PREFERRED ORDER.

EACH ONLINE MODULE COMES WITH A SECTION EXAM TO VALIDATE YOUR LEARNING.

### QUALIFIED DOCTORS HOLDING MASTERS DEGREES APPLY FOR ONE OF THE EXPEDITED FAST-TRACKS

**ATTENTION: EXPEDITE PROCESS REVIEW - JUNE 2024!** 

With the release of the updated ICSC curriculum in June 2024, all recognised accreditations will be mapped to review any gaps. All applications for ICSC completion after June 2024 will fall under the new requirements.

Anticipate changes to some degrees will require doctors to complete the FICS Lower Extremity Face-to-Face Hands-on Seminar. Stay tuned for a seamless transition!



MORE INFORMATION VISIT: HTTPS://FICS.SPORT/EDUCATION/

#### ICSC SEMINAR



DO YOU ASPIRE TO WORK AT INTERNATIONAL GAMES?

### THE JOURNEY STARTS HERE



## GET READY TO JOIN FICS AT THE WORLD GAMES 2025

PEOPLE MAY NOT REMEMBER EXACTLY WHAT YOU DID, OR WHAT YOU SAID ~BUT~ THEY WILL ALWAYS REMEMBER HOW YOU MADE THEM FEEL

AND THE MOMENTS YOU SHARED.













Whether it's triaging pitch-side, providing treatment at the clinic or **preparing** athletes for the Olympics, the International Certificate in Sports Chiropractic (ICSC) seminars are designed to help you fill in the gaps in your knowledge. Our International speakers will guide you through the theory with the hands-on seminar providing the opportunity to network, and in-class practice to refine skills learnt, explaining the sports chiropractors role in supporting athletes every step of the way.

#### FICS EDUCATION COMMISSION

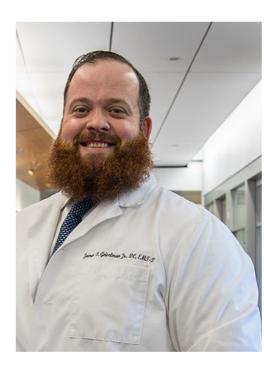
BY: DR JAMES GEISELMAN, DC, MS, DACBN, CCSP, ICSC, CES, CNC, NREMT

# FICS Education Co-Chair Message Hitting the ground running!

As one of the two Co-Chairs for the FICS Education Committee, let me begin by saying "Thank You" for the warm welcome! I had a wonderful time meeting so many of you in Paris at the 2023 FICS Symposium, and I am excited to give you all an update on what Dr Faye Deane and I have been working on since Paris!

Faye and I have been hard at work transitioning into our new roles, and we first need to thank Dr Christine Foss for all of her help these last few months.

Since Paris, Faye and I have gradually started taking on some of the Education responsibilities and have started taking the lead on several key, and major, initiatives that I would like to briefly share with you all.



- 1. We are currently updating the online ICSC and Hands-On Modules. Part of this updating includes creating learning outcomes and assessments for all of our modules and classes, which is vital and time-intensive as we strengthen our program's curriculum, ensuring that FICS is the leader in sports chiropractic.
- 2.We have also been working hard planning our 2024 Train the Trainer event in Porto, Portugal. Our goal here is to create a learning platform for all of our Master Instructors to share with them the exciting new course creations and assessments as we continue to grow the FICS platform internationally.
- 3. We have started addressing the need for universal guidelines for sports chiropractic and working on a position statement that we hope to publish in 2024 (more information to come).
- 4. Finally, we have been exploring more continuing education opportunities for our sports doctors worldwide.

I would love to hear from you. If you have any questions, comments, or concerns, please feel free to reach out to us. I am looking forward to seeing you all at one of our upcoming events in 2024, so if you see me, please make sure you stop me to say "hi".



#### FICS EDUCATION COMMISSION

BY: DR FAYE DEANE

# FICS Education Co-Chair Message Hitting the ground running!

As 2024 approaches, I embrace my role as the incoming Co-Chair for Education for FICS with great enthusiasm. Working alongside my colleague Dr James Geiselman, with support from the Executive Council and existing Chair, Dr Christine Foss, we have reviewed the current educational offering of FICS and will be taking proactive steps over the coming months to ensure that the educational programme remains relevant, effective and aligned with the evolving needs of its members.

Education is such a fundamental element of FICS, underpinning all its guiding principles, core values and ultimately, its ability to achieve its vision 'ensuring every athlete has access to sports chiropractic'.



Dr Christine Foss, whose reputation precedes her, has demonstrated an unwavering dedication and commitment to advancing sports chiropractic education over her 4-year term and James and I would like to thank Christine for leaving us in such a strong position moving forward. I am looking forward to her continual involvement with FICS.

I am excited about all that is planned for 2024 and delighted to announce that FICS has developed a collaboration with the European Chiropractic Union (ECU), allowing our members to showcase their experiences via online Master Classes, shining the light on sports chiropractic. President Martin Isakson and I look forward to participating in the ECU2024 Convention in Valencia (9-11th May), discussing novel topics in sports chiropractic, which we look forward to sharing with members shortly thereafter.

The Education Commission is set to hit the ground running in the New Year as we plan for a Master Instructor training programme review, including developing a cutting-edge online 'Train the trainer' programme to be introduced following our Global Symposium in Porto in July. We aim to increase the number of proficient and competent instructors we have across the globe to deliver ICSC hands-on modules. This program represents a significant step forward in our commitment to excellence in education and our member's professional development.

Through the "Train the Trainer" approach, we aim to enhance the quality of instruction across our organisation and provide our instructors with the tools to become mentors and leaders in their respective fields.

#### Hitting the ground running continues.....!

Our goal is to ensure that all FICS members receive the highest quality education and training, enabling them to diffuse said expertise to chiropractors enrolled on our courses, so that sports chiropractors can provide the best possible care to athletes at all levels.

Furthermore, in addition to our online ICSC theory modules, we are building a comprehensive sports chiropractic education curriculum. This curriculum will encompass both online and practical components, standardising education internationally and ensuring that chiropractors receive a well-rounded and practical education in sports chiropractic care. Our goal is to create a curriculum that meets the highest educational standards, addresses emerging needs and is recognized globally.

To complement this curriculum, we are also in the process of defining competencies for sports chiropractors. These competencies will serve as a framework for evaluating and authentically assessing the knowledge and skills of sports chiropractors, helping to ensure that they are well-prepared to provide quality care to athletes.

It was also a privilege to provide an update on FICS' behalf at the World Federation of Chiropractic General Assembly in Brisbane in October. Having the opportunity to showcase the educational achievements and future strategic direction of FICS on an international stage was a highlight of the year. What's more, it was well received, particularly by the less represented nations who actively sought an opportunity to question the widening participation and development of National Chiropractic Sports Councils (NCSC).

I firmly believe that the future of chiropractic, especially in the context of sports, lies in our ability to work together, share knowledge, and inspire the next generation of practitioners and leaders.

If you have any questions regarding FICS education, please don't hesitate to reach out to James and I. We both look forward to working with all of our members in the coming months and hopefully meeting many of you in Porto!





# FICS SEMINAR Summary Click View FICS Shop for Seminars open for Registration











#### CLICK ON THE DATES BELOW TO REGISTER!



03 - 04 February 2024 - Lower Extremity, Kortenberg, Belgium



**02 - 03 March 2024** - Upper Extremity, Florida, NUHS College



09 - 10 March 2024 - Upper Extremity, Madrid, Spain



15 - 16 June 2024 - Upper Extremity, Auckland, New Zealand



# 6 Master instructors together in one place!

13 - 14 July 2024 - Lower Extremity, Porto, Portugal

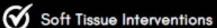
**Join THE Master Instructors from around the world** and immerse yourself in this Face-to-Face experience that's 100% hands-on and practical. You'll team up with fellow participants to gain valuable skills and knowledge that will set you on the path to becoming a stellar sports practitioner.



Experience the best of the best from the FICS Sports Chiropractic Master Instructors from around the World come together to share their knowledge.

# Hybrid Program 22 CE Credits







#### Master Instructors

Dr Brian Nook - US
Dr Christine Foss - US
Dr Martin Isaksson - Sweden
Dr Pete Garbutt - Australia
Dr Rick Ames - Australia
Dr Henry Pollard - Australia



Saturday 13 July 2024 08:00 - 17:00

Sunday 14 July 2024 08:00 - 17:00 INTERCONTINENT
AL PORTO PALÁCIO DAS
CARDOSAS
PRAÇA DA
LIBERDADE, 25,
4000-322
PORTO PORTUGAL

### **JOIN US IN PORTO**

PRESENTED BY FICS MASTER INSTRUCTORS







## CLICK ON THE DATES BELOW TO REGISTER!



10 - 11 August 2024 - Upper Extremity, Kuala Lumpur, Malaysia



<u>07 - 08 September 2024</u> - Lower Extremity, Sydney, Australia



<u>**05 - 06 October 2024</u>** - Lower Extremity, Oxford, United Kingdom</u>



19 - 20 October 2024 - Upper Extremity, Puerto Rico + Dynamic Tape Masterclass



<u>09 - 10 November 2024</u> - Lower Extremity, Puerto Rico + Dynamic Tape Masterclass

### VOLUNTEERISM

BY: SIMON LAWSON - CHAIR ISFC COMMISSION

## Volunteerism: will it remain the Cornerstone of a growing, dynamic organisation etched from humble and noble values?

It could be argued that the definition of Volunteerism is simple "the principle of donating time and energy for the benefit of other people in the community as a social responsibility rather than for

any financial reward." Simply put: a FICS member!

We are all very privileged and honoured to be a part of a phenomenally unique global organisation in FICS. We all work in a profession where we are our own CEO's, our own bosses. We call the shots and make telling differences to our patients' and athletes' lives every single day! So, what draws a group of high-powered, highly effective and successful professionals with a deep desire for philanthropic endeavours together to give freely of their time and expertise for the advancement of Sports Chiropractic around the globe to benefit every single athlete in order not only to enhance but, to produce the best performances that their bodies are capable of!

I am not aware of another truly global organisation that functions as effectively and as impactfully on pure volunteerism as FICS does. This is a true testament to the type of person and the quality of character it takes to be a member of this organisation. It's certainly not everyone's cup of tea and proves challenging to every single one of us on so many levels, especially in the current tumultuous times in which we live. Perhaps this is the allure?

FICS faces a number of big challenges ahead. One's which could easily spell the end of this amazingly unique organisation, if we do not identify and adapt to the challenges of this rapidly changing and demanding climate in which we currently find ourselves.



More and more we are witness to the moral and ethical decay of our cultures and communities. It is going to take the calibre of our members to stand firm and uphold our moral and ethical values in order to protect the ethos and fundamental values on which FICS was founded and currently continues to exist.

It was brought to my attention in a recent event feedback session, that there was a rumour that FICS had negotiated financial remuneration for the provision of FICS Doctors at an event on a "per doctor: per day" basis and that the FICS Doctors working at the event, outside of their accommodation, meals and accreditation had received nothing towards their travel costs or luggage expenses. The insinuation was that FICS was profiting off their service whilst they were left out of pocket for incurred expenses.

A similar rumour seemed to have emanated from a similar event earlier in 2023. It is of paramount importance that FICS addresses this matter in all seriousness and puts to bed with no uncertainty these scandalous rumours, which run the risk of tearing right through the fundamental essence of our ethos and reason for being.

## Volunteerism: will it remain the Cornerstone of a growing, dynamic organisation etched from humble and noble values cont...........

FICS is fully aware of the financial strains placed specifically on our members as well as on the organisation's leadership due to us being a volunteer organisation. We are very sensitive to the current economic environment and the impact that this is having on all of our stakeholders as well as the International Sporting Federations (IF's) that we provide a world-class service to. I am happy to report that we have made some significant strides towards securing financial support from a number of the IF's that we have supported for many years and have strong and meaningful relations with, built out of and based on the foundations and ethos of this organisation. The initial goal is to ensure that all FICS events are accessible to all of our members; that your travel costs do not prohibit you or deny you from fulfilling your passion to work with world class athletes across the globe as a FICS Sports Chiropractor. This in itself has proven to be a significant challenge but one I'm hoping we are going to conquer in the coming months.

Please rest assured that FICS leadership is working to ensure we provide you, as our most valued entity, the most seamless, enjoyable and rewarding experience possible when you give of your precious time and expertise – a selfless gift that reinforces the true values of this organisation born out of humble and noble characteristics which continue to cement the cornerstone of FICS.



# <u>Games Calendar 2024 - Posted on FICS website</u> click for update

Games Admin: <u>games@ficsport.org</u>

Contact Simon: ISFC@ficsport.org