**Dr. James F. Geiselman Jr.**

**Lamoni, IA 50140**

**Phone: (217) 370-4760 Email: geiselmandc@gmail.com**

*EDUCATION*

**Logan University, Chesterfield, MO** April 2017

**MS** Master of Science in Nutrition and Human Performance

Honors: Summa Cum Laude

Concentration: Sports & Fitness Nutrition

**Logan University, College of Chiropractic, Chesterfield, MO** April 2015

**DC** Doctor of Chiropractic

* Techniques: Diversified, 150 hrs, Logan Basic, 120 hrs, Activator, 90 hrs, Thompson, 45 hrs

**Logan University, Chesterfield, MO** June 2013

**BS** Bachelor of Science

Major: Human Biology

**Illinois College, Jacksonville, IL** May 2010

**BS** Bachelor of Science

Major: Psychology / Minors: Biology and Chemistry

*LICENSURE*

**Diplomate American Clinical Board of Nutrition (DACBN)** (August 2018 – Present)

* Earned my diplomate from the American Clinical Board of Nutrition

**Missouri Chiropractic License – ACTIVE** (September 2020 – February 2025)

* Licensed Chiropractor by the Missouri

**Iowa Chiropractic License – ACTIVE** (July 2017 – June 2024)

* Licensed Chiropractor by the Iowa Board of Chiropractic

**National Registry of Emergency Medical Technicians (NREMT)** (January 2020 – March 2024)

* Certified EMT by the National Registry of Emergency Medical Technicians

**Illinois Chiropractic License - ACTIVE** (August 2017 – July 2023)

* Licensed Chiropractor by the Illinois Department of Financial and Professional Regulation

**Emergency Medical Technician – Paramedic** (April 2011 - April 2023)

* Licensed EMT-P from the Illinois Department of Public Health

**National Board Chiropractic Examiners** (December 2014)

* Completed Part I, II, III, IV and PT

*CERTIFICATIONS*

**International Certificate in Sports Chiropractic (ICSC)** (March 2021 – Present)

* International Certificate in Sports Chiropractic from the International Federation of Sports Chiropractic (FICS)

**Certified Chiropractic Sports Physician (CCSP) (Northwestern Health Sciences)** (December 2020 - Present)

* Certification from the American Chiropractic Board of Sports Physicians

**Corrective Exercise Specialist (CES)**  (August 2020 – Present)

* Certified Corrective Exercise Specialist from the National Academy of Sports Medicine (NASM)

**Pre-Hospital Trauma Life Support (PHTLS)** (January 2020 – January 2024)

* Certified according to the NAEMT and American College of Surgeons Committee on Trauma guidelines.

**Advanced Cardiac Life Support (ACLS)** (July 2021 – July 2023)

* Certified according to the American Heart Association’s 2015 guidelines for pediatric advanced life support

**Pediatric Advanced Life Support (PALS)**  (July 2021 – July 2023)

* Certified according to the American Heart Association’s 2015 guidelines for pediatric advanced life support

**Healthcare Provider CPR (BLS)** (May 2021 – May 2023)

* Certified according to the American Heart Association’s 2020 Guidelines for adult basic life support

**American Heart Association CPR Instructor** (May 2021 – May 2023)

* Certified CPR BLS Instructor from the American Heart Association

**Certified Nutrition Coach (CNC)**  (March 2021 – March 2023)

* Certified Nutrition Coach from the National Academy of Sports Medicine (NASM)

**American Red Cross CPR Instructor** (December 2019 – December 2021)

* Certified CPR BLS Instructor from the American Red Cross

*PROFESSIONAL EXPERIENCE*

**Graceland University, Lamoni, IA** (February 2023 - Present)

**Applied Health Science Concentration Director and Associate Professor of Allied Health**

* Promoted to Associate Professor and received Tenure status by the Board of Trustees
* Serve as the Applied Health Science Concentration Director
* Advise students looking to pursue careers in fields such as: Physical Therapy (DPT), Chiropractic (DC), Occupational Therapy (OT), Physician Assistant studies (PA-C), Strength and Conditioning (CSCS), and Athletic Training (ATC)
* Faculty advisor to 29 FT students
* Teach allied health courses to undergraduate students
* Prepare and develop all relevant course materials for all classes
* Develop potential research opportunities for student involvement
* Prepare syllabi, deliver lectures and hold group conversation on related-topics with students

**Mount Mercy University, Cedar Rapids, IA**  (January 2023)

Adjunct Professor of Exercise Science

* Developed curriculum related to EX275 Human Nutrition
* Prepare syllabi, deliver lectures and hold group conversation on related-topics with students

**Graceland University, Lamoni, IA** (August 2018 – February 2023)

**Applied Health Science Concentration Director and Assistant Professor of Allied Health**

* Serve as the Applied Health Science Concentration Director
* Advise students looking to pursue careers in fields such as: Physical Therapy (DPT), Chiropractic (DC), Occupational Therapy (OT), Physician Assistant studies (PA-C), Strength and Conditioning (CSCS), and Athletic Training (ATC)
* Faculty advisor to 23 FT students
* Teach allied health courses to undergraduate students
* Prepare and develop all relevant course materials for all classes
* Develop potential research opportunities for student involvement
* Prepare syllabi, deliver lectures and hold group conversation on related-topics with students

**Iowa Performance Institute, PLLC, Lamoni, IA** (June 2022 – Present)

**Co-owner/CEO**

* Responsible for all day-to-day operations of my business
* Perform physical examinations and orthopedic tests in addition to other chiropractic procedures
* Experience working with collegiate and professional athletes and professional touring musicians
* Utilize a variety of laboratory testing to address root causes of patient’s conditions

**Graceland University, Lamoni, IA** (June 2019 – Present)

**Faculty Athletic Representative**

* Responsibility of ensuring that all participants in intercollegiate competition are eligible in accordance with the rules and regulations of the Association prior to their representing the institution in any manner
* Participate (either in person or via conference call) in any conference-wide meeting which is set for the purpose of rules education
* Participate (either in person or via conference call) in conference meetings when items on the agenda are pertinent to the faculty member’s role as the faculty athletics representative of his/her institution
* Work with the athletics’ director to provide a rules education program in a manner consistent with the best practices approved and published by the Council of Faculty Athletics Representatives.

**Graceland University, Lamoni, IA** (September 2018– Present)

**Title IX Investigator**

* Assist the Dean of Students and Director of Residence life to investigate cases of Title IX
* Interview parties involved in Title IX complaints

**Graceland University, Lamoni, IA** (August 2021 – May 2022)

**Department of Health and Movement Science Department Coordinator (Division Chair)**

* Advocate and representative for the Department of Health and Movement Science (HMS)
* Serve as a mentor to faculty colleagues
* Review curriculum changes with the Department of HMS
* Coordinate class schedules in collaboration with the Dean of Science, Math, and Health and Movement Science
* Ensure equitable faculty workload distributions
* Effectively articulate department and college missions to internal and external consistencies
* Continue to serve as Applied Health Science Concentration Director and Assistant Professor of Allied Health

**Culver-Stockton College, Canton, MO** (Summers 2021 and 2022)

**Adjunct Professor of Athletic Training**

* Primary laboratory skills instructor for ATR512: Emergency Procedures course at CSC for the Master of Athletic Training students
* Primary duties include skills for airway management, splinting, taping, emergency medications, BLS CPR, and environmental emergencies.

**Graceland University, Lamoni, IA**  (December 2020 – June 2021)

**Interim Master of Science in Nutrition and Human Performance Program Director**

* Responsible for providing administrative oversight and supervision of all aspects of the degree and emphases.
* Responsible for the management of the program and course outcomes including the development and maintaining an evidence-based curriculum
* Additional administrative responsibilities include: managing budget, recruiting qualified faculty, recruitment of students.

**Graceland University, Lamoni, IA** (August 2017 – August 2018)

**Assistant Professor of Allied Health**

* Teach allied health courses to undergraduate students
* Prepare and develop all relevant course materials for all classes
* Develop potential research opportunities for student involvement
* Serve on a variety of committees including the Essential Education Committee and Faculty Awards Committee
* Prepare syllabi, deliver lectures and hold group conversation on related-topics with students
* Serve as a faculty advisor to 15 undergraduate students pursuing a variety of healthcare professions

**MMA Chiropractors, Saint Johns, FL** (May 2017 – December 2020)

**Independent Contractor/Chiropractor**

* Work as a locum tenens physician
* Provide quality chiropractic services for chiropractors who need coverage
* Maintain detailed and accurate client records

**Geiselman Spine and Wellness, LLC, Pittsfield, IL** (September 2015 – June 2016)

**Owner/CEO**

* Responsible for all day-to-day operations of my business
* Perform physical examinations and orthopedic tests in addition to other chiropractic procedures
* Experience working with collegiate and professional athletes and professional touring musicians
* Utilize food sensitivity testing to ensure positive client outcomes
* Maintain detailed and accurate client records

**Market St. Spine and Rehab, Boardman, OH** (June 2015 – May 2016)

**Clinic Director**

* Responsible for day-to-day operations in a busy personal injury (PI) practice
* Examined patients to determine chief complaint and diagnose accordingly
* Performed physical examinations, orthopedic tests, performed x-rays in addition to other chiropractic procedures
* Treated patients using chiropractic adjustments, therapeutic exercises and passive modalities
* Used electronic health records (EHR) to maintain detailed and accurate patient records

**St. Louis Veterans Administration Medical Center, St. Louis, MO** (December 2014 – April 2015)

**Senior Intern**

* Provide patient care for our military veterans
* Perform physical examinations, obtain patient histories, give report of findings and obtain proper consent under the supervision of a licensed clinician
* Design, coordinate and prepare treatment plans for each patient
* Provide patient care through a variety of adjusting techniques and a variety of physiotherapy modalities
* Complete daily paperwork which includes documentation using SOAP notes

**Logan College of Chiropractic Southfield Clinic, St. Louis, MO** (December 2014 – April 2015)

**Group Leader**

* Perform patient x-rays including x-ray production, x-ray marking and x-ray interpretation
* Design, coordinate and prepare treatment plans for each patient
* Provide patient care through a variety of adjusting techniques including different physiotherapy modalities and active patient rehabilitation
* Perform physical examinations, obtain patient histories, give report of findings and obtain proper consent under the supervision of a licensed clinician
* Assist patients with nutritional care based on results from chemical panels, CBC and UA results
* Complete daily paperwork which includes documentation using SOAP notes
* Provided care for a wide range of age groups from two weeks old to eighty-two years old

**Logan College of Chiropractic Southfield Clinic, St. Louis, MO** (May 2014 – December 2014)

**Senior Intern**

* Designed, coordinated, and prepared treatment plans for each patient
* Provided patient care through a variety of adjusting techniques including different physiotherapy modalities and active patient rehabilitation
* Perform physical examinations, obtained patient histories, gave report of findings, and obtain proper consent under the supervision of a licensed clinician
* Completed daily paperwork which included documentation using SOAP notes
* Provided care for a wide range of age groups from two weeks old to eighty two years old

**St. Patrick’s Center, St. Louis, MO** (May 2014 – December 2014)

**Senior Intern**

* Provided patient care to homeless and other low-income families in St. Louis
* Performed physical examinations, obtained patient histories, gave report of findings and obtained proper consent under the supervision of a licensed clinician
* Completed daily paperwork which included documentation using SOAP notes
* Formulated treatment plans for each patient

**Adult Rehabilitation Center, St. Louis, MO** (May 2014 – December 2014)

**Senior Intern**

* Provided patient care to individuals going through drug and alcohol rehabilitation
* Performed physical examinations, obtained patient histories, gave report of findings, and obtained proper consent under the supervision of a licensed clinician
* Completed daily paperwork which includes documentation using SOAP notes
* Formulated treatment plans for each patient

**Logan College of Chiropractic, Student Health Center, Chesterfield, MO** (January 2014 – May 2014)

**Student Intern**

* Responsible for the health care of 10 fellow students and their family members
* Designed, coordinated, and prepared treatment plans for each patient
* Provided patient care through a variety of adjusting techniques including different physiotherapy modalities and active patient rehabilitation
* Performed physical examinations, obtained patient histories, gave report of findings and obtained proper consent under the supervision of a licensed clinician
* Completed daily paperwork which included documentation using SOAP notes

*EMPLOYMENT*

**LifeStar Ambulance Service, Jacksonville, IL** (July 2010 – November 2022)

**EMT-Paramedic and EMT-Basic**

* Provided advanced life support techniques including: intravenous access, medication administration, EKG interpretation, advanced airway placement and many other essential skills which provide the highest quality of pre-hospital care
* Provided patient care including vital signs, assessment and first aid

**CPR St. Louis, St. Louis, MO**  (April 2014 – May 2015)

**CPR Instructor**

* Taught American Heart Association BLS Healthcare provider courses for area healthcare professionals needing certification

**Logan College of Chiropractic, Chesterfield, MO** (June 2013 – November 2013)

**Microbiology Tutor**

* Tutored graduate students who needed assistance in Microbiology I and Microbiology II

**Illinois College, Biology Department, Jacksonville, IL** (September 2009 – December 2010)

**Anatomy Lab Teaching Assistant**

* Assisted Dr. Elaine Chapman in her Anatomy and Physiology labs.
* Helped students who had questions in regard to the lab in which they were performing
* Responsible for helping grade laboratory assignments and ensuring the accuracy of each exam

**Illinois College, Department of Residential Life, Jacksonville, IL** (August 2007 – May 2010)

**Turner Hall Director and Resident Assistant**

* Ensured a healthy atmosphere for students, conducive to their learning through weekly meetings with RA staff
* Assisted students coming to college for the first time adjusting to dorm life
* Helped students adjust to college life and helped them succeed in their academic careers
* Responsible for planning program events as well as enforcing school policy

**Illinois College, Athletic Department, Jacksonville, IL** (August 2006 – May 2010)

**Student Trainer**

* Assisted athletes before and after games that needed ice, taping or first aid
* Certified in CPR, AED, and First Aid
* Helped the Head Athletic Trainer in whatever area he needed support

*RESEARCH EXPERIENCE:*

**Graceland University, Division of Health and Movement Science, Lamoni, IA (**August 2017 – Present)

* Participate in continuing professional development as well as collaborations with students and faculty colleagues

**Graceland University, Division of Health and Movement Science, Lamoni, IA (**January 2018 – May 2018)

**Faculty Advisor**

* Served as the faculty advisor for student led research
* Tasks included becoming NIH certified for “Protecting Human Research Participant” along with the collection of data, analysis of data, and review of journal article

**Illinois College, Biology Department, Jacksonville, IL (**May 2009 – May 2010)

**Research Assistant**

* Served as a research assistant to Dr. Elaine Chapman
* Tasks included the collection of specimens, as well as preparing all materials needed for each experiment

**Illinois College, Psychology Department, Jacksonville, IL**  (May 2008 – December 2008)

**Research Assistant**

* Served as a research laboratory assistant for Dr. Jeremy Turner
* Tasks involved handling laboratory animals, helping mix and administer medication, testing animals and data analysis

**Jacksonville Developmental Center, Jacksonville, IL** (May 2008 – August 2008)

**Intern**

* Continued research that I had started the previous summer
* Gathered more statistical data from 10 individuals at JDC who had been diagnosed with dementia and compared them to those without dementia

**Jacksonville Developmental Center, Jacksonville, IL (**May 2007 – August 2007)

**Intern**

* Awarded a competitive summer research internship, partnering Illinois College with the State of Illinois’ Jacksonville Developmental Center and the Southern Illinois University School of Medicine. With the help of Dr. Klara Curtis from the Jacksonville Developmental Center
* Researched and developed an assessment tool to aid in diagnosis of dementia in those who suffer from developmental retardation

*PUBLICATIONS AND MANUSCRIPTS*

* Shaffer, D. and **Geiselman, J.** (2023). Benefits of Ashwagandha (*Withania Somnifera*) Supplementation In Males Who Perform Resistance Training Exercises. *Nutritional Foundations.* Manuscript in Review.
* **Geiselman, J.** andSams, D**.** (2023). “Nutritional Approaches to Increase Testosterone Levels in Adult Males.” *Nutritional Perspectives*. Accepted for Publication February 2023.
* Balogh, E. and **Geiselman, J**. (2023). Efficacy of Natural Supplements and Foods in Decreasing Inflammation and Increasing Recovery of Damaged Muscles. *Nutritional Foundations.* 2023;1.
* Martinez, T., **Geiselman, J.,** and Mason, M. (2023). “Weight Loss Using a Ketogenic Diet for Adults with Type II Diabetes.” *Nutritional Foundations.* 2023;1
* LaRosa, T., Smith, L., **Geiselman, J.,** and Gatzke, B. (2022). “Nutritional Knowledge of NAIA Collegiate Women’s Volleyball Athletes.” *Nutritional Foundations,* April 2022.
* **Geiselman, J**., Thomas, D. (2021). “Reevaluation of Diagnostic Criteria for Exertional Rhabdomyolysis in Collegiate Wrestlers: A Case Series.” *International Journal of Sports and Exercise Medicine.* August 2021.
* Sams, D., **Geiselman, J.** (2021). “Effects of Relative Energy Deficiency in Sport (RED-S) on the Growth and Development of Adolescent Wrestlers: A Clinical Review.” *Nutritional Perspective*. April 2021.
* Gatzke, B., Ebben, W., Miller, M., and **Geiselman, J.** (2021). “The Effects of Pelvic Tilt Training on Anterior Pelvic Tilt, Vertical Jump Kinetics, and Jump Height” *Journal of Strength and Conditioning Research.* – Manuscript in progress
* **Geiselman, J**., Gatzke, B., Miller, A., Nowlin, L., and Work, E. “In Season Nutritional Habits of Collegiate Wrestlers: A Descriptive Study”. *International Journal of Sports Science and Coaching*. - Manuscript in Progress
* **Geiselman, J**., Gillespie, R., and Miller, A. (2020). Brachialis Strain in a Collegiate Wrestler: A Case Report. *International Journal of Athletic Training and Therapy*. July, 25:4
* **Geiselman, J**. (2019). “The Clinical Use of IgG Food Sensitivity Testing with Migraine Headache Patients – A Literature Review”. *Current Pain and Headache Reports*. November, 23:79
* **Geiselman, J.** (2018). “Review of *Moringa oleifera* (Moringacae) in the Clinical Practice”. *Nutritional Perspectives*
* **Geiselman, James** (2016). “Empower Yourself: Live Better with Optimal Nutrition”

*PRESENTATIONS*

* **Geiselman, James** (2022). International Federation of Sports Chiropractic’s International Certificate in Sports Chiropractic (ICSC) Program. Masters Class: Exertional Rhabdomyolysis.
* **Geiselman, James** (2021). Missouri Athletic Training Association (MoATA). Virtual CEU.
* **Geiselman, James** and Miller, Andrew (2021). Clinical Review of Exertional Rhabdomyolysis. ACA Sports Council Annual Symposium. Huntington Beach, CA.
* **Geiselman, James** (2021). Reevaluation of Diagnostic Criteria for Exertional Rhabdomyolysis in Collegiate Wrestlers: A Case Series. Functional Medicine Case Discussions Sponsored by ACA Council on Nutrition and Moss Nutrition. Virtual.
* **Geiselman, James** (2019). Food Sensitivities: Understanding the Role of IgG Testing in Clinical Practice. Texas Chiropractic College. Galveston, TX.
* **Geiselman, James** (2019). The Gut Microbiome: The Future of Healthcare. Texas Chiropractic College. Galveston, TX.
* **Geiselman, James** (2018). Food Sensitivities. The Ketologist Podcast. Virtual.
* **Geiselman, James** (2018). The Impact of Food Sensitivities of Your Health. The Livin’ La Vida Low Carb Show with Jimmy Moore. Podcast episode #1361. Virtual.
* **Geiselman, James** (2017). The Gut Microbiome: The Future of Medicine. Research was presented to the faculty and staff at Graceland University. Lamoni, IA.
* **Geiselman, James** (2017). Food Sensitivities. The Keto Diet Podcast with Leanne Vogel. Podcast episode #033. Virtual.
* **Geiselman, James** (2010). The Use of Essential Oils to Repel Lone Star Ticks. Research was presented at the Illinois State Academy of Science. Decatur, IL.
* **Geiselman, James** (2008). Rate of Decline in Dementia. Research was presented at the Jacksonville Developmental Center. Jacksonville, IL.
* **Geiselman, James** (2007). The Early Detection of Dementia. Research presented at the Jacksonville Developmental Center. Jacksonville, IL.

*TEACHING EXPEREINCE*

**Graceland University**

**Undergraduate Courses**

* ATHT 2500: Medical Terminology (Fall 2021, Spring 2022, Summer 2022, Fall 2022, Spring 2023)
* HLTH 1100: CPR and First Aid (Fall 2017 Q1 and Q2, Spring 2018 Q3 and Q4, Fall 2018 Q2,

Fall 2019 Q1 and Q2, Summer 2020, Fall 2020 Q1 and Q2, Spring 2021 Q3, Summer 2021, Fall 2021 Q1 and Q2, Spring 2022 Q3 and Q4, Fall 2022 Q1 and Q2, Spring 2023 Q3 and Q4)

* HLTH 2200: Contemporary Issues in Health (Fall 2017, Spring 2018, Fall 2018, Fall 2021)
* HLTH 2560: Nutrition (Fall 2018, Spring 2019, Fall 2019, Spring 2020, Fall 2020, Spring 2021, Fall 2021, Spring 2022 – GA, Fall 2022 – GA, Summer 2023)
* HLTH 3100: Drugs Education and Behavior (Spring 2022, Spring 2023)
* HLTH 3560: Sports Nutrition (Spring 2020, Spring 2021, Spring 2022, Spring 2023)
* HLTH 4700: Internship in Health (Spring 2018)
* HMSC 3000: Individual Study Research (Fall 2021)
* INTD 4700: Interdisciplinary Studies Capstone (Spring 2021)
* PHED 0490: Relaxation and Stress Management (Spring 2018, Fall 2018, Spring 2019, Fall 2021, Fall 2022)
* PHED 1200: Motor Learning (Fall 2017, Spring 2018, Fall 2018, Spring 2019, Summer 2019)
* PHED 1240: Introduction to Movement Science I (Fall 2017, Spring 2018, Summer, 2018, Fall 2018,

Spring 2019, Summer 2019, Fall 2019, Spring 2020, Fall 2020, Spring 2021, Fall 2021 - GA, Spring 2022 - GA)

* PHED 1260: Movement Science II (Fall 2019)
* PHED 1500: Introduction to Kinesiology (Fall 2022, Spring 2023)
* PHED 2000: Individual Study
* PHED 2120: Motor Learning (Fall 2019, Spring 2020, Summer 2020, Fall 2020, Spring 2021, Fall 2021, Spring 2022, Fall 2022, Spring 2023, Summer 2023)
* PHED 3400: Biomechanics (Fall 2017, Fall 2018, Fall 2019, Spring 2020)
* PHED 4800: Allied Health Internship (Spring 2018, Summer 2018, Fall 2021, Spring 2022, Summer 2022)

**Graduate Courses**

* NHPW 5140: Fundamentals of Nutritional Science (Fall 2021, Fall 2022)
* NHPW 5210: Nutritional Assessment for Athletes (Summer 2022)
* NHPW 6230: Recovery and Regeneration through Nutrition (Fall 2022)

**Culver-Stockton College**

**Graduate Courses**

* ATR510: Foundational Concepts in AT (Summer 2021, Summer 2022)

**Mount Mercy University**

**Undergraduate Courses**

* EX275: Human Nutrition (January 2023)

*UNIVERSITY SERVICE / COMMITTEE ASSIGNMENTS*

* Standing Committee on Promotion and Tenure (SCOPAT) August 2023 - Present
* Chair – Faculty Compensation Committee August 2022 - Present
* GU Men’s Wrestling Faculty Mentor Spring 2019 – Present
* Faculty Athletic Representative June 2019 – Present
* Title IX Investigator September 2018 – Present
* Intercollegiate Athletic Faculty Advisory Committee (IAFAC) August 2018 – Present
* Chiropractic Physician August 2017 – Present
* Graceland Student Government Academic Student Council Advisor July 2019 – May 2023
* Assistant Professor of Allied Health Search Committee Member March 2023
* Scholar Showcase Committee December 2020 – July 2022
* Chair – Assistant Professor of Health and Physical Education December 2021 – March 2022
* Head Football Coach Search Committee Member November 2021 – January 2022
* Chair - NVO Working Group: Online, Graduate, and Transfer November 2021 – January 2022
* NVO Oversight Committee Member October 2021 – May 2022
* Chair - Visiting Assistant Professor or Health and Movement Science Search Comm. April 2021 – July 2021
* Chair – Visiting Assistant Professor of Allied Health Search Committee June 2021 – July 2021
* Director of MS Nutrition and Human Performance PD Search Committee March 2021 – July 2021
* Return to Play Task Force June 2020 – August 2020
* Creative Design Team Task Force May 2020 – August 2020
* Student Success Study Hall Coordinator August 2019 – May 2020
* Graceland University Transfer Student Task Force December 2019 – March 2020
* Health and Movement Science Faculty Search Committee July 2019 – August 2019
* Graceland Student Government: Senate Advisor April 2019 – July 2019
* Director of MS Nutrition and Human Performance Faculty Search Committee Summer 2019
* Faculty Awards Committee Member 2019-20
* Assisted in the search for an Assistant Athletic Trainer Summer 2018
* Essential Education Committee Member Spring 2018
* Faculty Awards Committee Member 2017-18

*PROFESSIONAL SERVICE / COMMITTEE ASSIGNMENTS*

* Secretary / Treasurer ACA Council on Nutrition April 2022 - Present
* American Clinical Board of Nutrition Approved Seminar Committee November 2020 – Present
* Associate Editor, *Nutritional Foundations* journal September 2020 - Present
* American Clinical Board of Nutrition Executive Board Sub-Committee April 2020 – Present
* NAIA Heart of America Athletic Conference Awards Committee November 2019 – Present
* American Clinical Board of Nutrition Item Writers Committee August 2019 – Present
* Director of Membership, ACA Council on Nutrition August 2020 – April 2022
* GU Team Chiropractor NAIA Wrestling Nationals (Wichita, KS) March 2022
* GU Team Chiropractor NAIA Wrestling Nationals (Wichita, KS) March 2021
* GU Team Chiropractor NAIA Wrestling Nationals (Wichita, KS) March 2020
* GU Team Chiropractor NAIA Wrestling Nationals (Des Moines, IA) March 2019

*UNDERGRADUATE STUDENT SUPERVISION AND RESPONSIBILITIES*

**Honors Advisor, Graceland University, Lamoni, IA (**August 2021 – December 2021)

* Honors student: Dylan Shaffer
* Honors Topic: Sports Nutrition and Its Impact on Athletes in Everyday Health and Performance

**Honors Advisor, Graceland University, Lamoni, IA (**August 2018 – December 2018)

* Honors student: Amanda Stephens
* Honors Topic: A Biomechanical Analysis of Dance Efficiency and Injury

*GRADUATE STUDENT SUPERVISION AND RESPONSIBILITIES*

**Dissertation Committee, Rocky Mountain University of Health Professions, Provo, UT (**May 2019 – June 2021)

* PhD student: Bryan Gatzke
* PhD Dissertation: The Effects of an 8-Week Pelvic Tilt Training Intervention on Vertical Jump Kinetics and Anterior Pelvic Tilt

*CONFERENCES / SEMINARS ATTENDED*

* ACA Engage 2023 – Washington, DC (January 2023)
* ACA Council on Nutrition Symposium – Port St. Lucie, FL (October 2021)
* ACA Sports Council Symposium – Huntington Beach, CA (September 2021)
* 2021 Logan University Symposium (September 2021)
* Northwestern Health Sciences University CCSP Program (100 Hours) (July 2019 – March 2020)
* 2019 Logan University Spring Symposium (April. 2019)
* EMS1 Academy – Paramedic Interactive – 100 Hr CEU (April 2019)
* Bob Page Seminar: Multi-Lead Medics 12 Lead ECG Interpretation (March 2019)
* Bob Page Seminar: Slap the Cap! Real Use for Capnography (March 2019)
* 2018 Logan University Spring Symposium (April 2018)

*PROFESSIONAL ORGANIZATIONS AND DISTINCTIONS*

* ACA Council on Nutrition – Treasurer / Secretary (2022 – Present)
* ACA Sports Council (2021 – Present)
* International Federation of Sports Chiropractic (FICS) (2021 – Present)
* Missouri Chiropractic Society (2020 – Present)
* American Clinical Board of Nutrition (2018 – Present)
* ACA Council on Nutrition (2018 – Present)
* American Chiropractic Association (2016 – Present)
* Graceland University Excellence in Scholarly Achievement Recipient (April 2020)
* Illinois Chiropractic Society (2013 – 2017)
* Logan University Summa Cum Laude (April 2017)
* Logan University Dean’s List (2014, 2015, 2016, 2017)
* Logan University Southfield Clinic Group Leader (2014)