



Carly Zuehlke

Sports Chiropractor

 Velsersstraat 4, 2023EC, Haarlem

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Hardworking healthcare leader with 12 years' experience in chiropractic care. Skilled in performing evaluations and diagnosing disorders. Good communication, conflict resolution, team work, and relationship-building skills.



Skills

- Diagnostics skills ●●●●●●
Excellent
- Patient examinations ●●●●●●
Excellent
- Team Leadership ●●●●●●
Excellent
- Office management ●●●●●○
Very Good
- Rehabilitation skills ●●●●●●
Excellent



Work History

2019-07 - Current

● Chiropractor, Owner

The Movement Recipe, Haarlem, The Netherlands

- Conduct patient history reviews and physical, neurological and orthopedic examinations to assess conditions and present disorders.
- Assess patients to identify musculoskeletal and spine disorders and developed therapeutic treatment plans to correct abnormalities.
- Provide workshops on postpartum, pregnancy, and spinal stability

2015-09 - 2019-10

● Various Board Positions

American Chiropractic Association Sports Council, Arlington, VA

- Volunteered as President, Vice President, and Secretary for the non-profit organization
- Developed team communications and information for monthly and yearly meetings.
- Developed new initiatives and campaigns to communicate

organizational value and generate promotional web and social media content.

- Managed and coordinated assignments with the team on the administrative logistics for the annual symposium including contract signing, fee collection and payment, seminar registration, vendor relationships, securing speakers, and event promotions. Symposiums were held in Denver and Minneapolis.
- Aligned organizational objectives with non-profit mission, increasing revenue, profit and business growth by collaboratively developing integrated strategies.

2012-03 - 2019-01

● **Chiropractor, Owner**

Denver Sports And Family Chiropractic Center, Denver, CO

- Recruited, hired and trained personnel, working to establish key internal functions and outline scope of positions for the office.
- Accessed and documented medical backgrounds and ordered diagnostic images to determine health problems.
- Maintained up-to-date administrative records to monitor operational conditions.
- Used a diversity of manual therapy techniques such as dry needling, instrument assisted soft tissue mobilization, and Active Release technique to regularly to improve range of motion in combination with a manual adjustment.

2015-02 - 2015-02

● **Sports Medicine Intern**

Olympic Training Center, Colorado Springs, CO

- Completed the 2-week Sports Medicine rotation program working with swimming, triathlon, weightlifting, pentathlon, shooting, figure skating, gymnastics, and wrestling.
- Worked in a multi-disciplinary treatment setting.

2011-05 - 2012-03

● **Chiropractor**

Denver Chiropractic Center, Denver, CO

- Counseled patients about lifestyle choices impacting injuries, conditions and recovery.
- Diagnosed neuromusculoskeletal conditions and performed corrective adjustments.

2011-01 - 2011-04

● **Rehabilitation Intern**

University Of Colorado At Boulder – Dal Ward Train, Boulder, CO

- Worked with a multi-disciplinary team of doctors and therapists on assisting all athletes with full recovery and return to play
- Completed the clinical internship portion of my masters degree.

2008-09 - 2011-04

2007-09 - 2010-12

2003-09 - 2006-12



Education

- **Master of Science: Sports Science And Rehabilitation**
Logan University - Chesterfield, MO
- **Doctor of Chiropractic: Doctor of Chiropractic**
Logan University - Chesterfield, MO
- **Bachelor of Science: Integrative Physiology**
University Of Colorado - Boulder, CO



Languages

- English  Native
- Dutch  Advanced
- Spanish  Intermediate



Certifications

- International Certificate in Sports Chiropractic, Federation Internationale De Chiropractique Du Sport (FICS)
Certified Chiropractic Sports Physician, American Chiropractic Board of Sports Physicians
Active Release Technique (ART) full body provider and Ironman provider
Graston Technique, M1 certified provider
USAT Level 1 Coach
Certified Strength and Conditioning Specialist (CSCS), National Strength and Conditioning Association (NSCA)
Corrective Exercise Specialist (CES), National Academy of Sports Medicine (NASM)
Trigger-Point Dry Needling, Kinetacore
Functional Movement Screen, certified provider
Dynamic Neuromuscular Stabilization (DNS) Certified Exercise Trainer
Selective Functional Movement Assessment, certified provider
Red Cross, CPR and First Aid



On-Field Experience

- World Tug of War Championships – Netherlands, 2022
World Sport Games – Tortosa, Spain 2019
Nitro Circus – Colorado Springs, CO 2017

Olympic Time Trials for Track and Field – Eugene, OR 2016
NCTA National Collegiate Taekwondo Competition – Boulder, CO 2016
Ragnar Relay Series – Copper Mountain, CO 2015
The Dew Tour – Breckenridge, CO 2014
World Powerlifting Championships – Aurora, CO 2014
IAAF World Junior Track and Field Championship – Eugene, OR 2014
World Lacrosse Championships – Commerce City, CO 2014
Ironman Boulder – Boulder, CO 2014
Ragnar Relay Series – Copper Mountain, CO 2014
USA Track and Field National Championship - Des Moines, IA 2013
Ironman 5i50 - Boulder, CO 2013
Colorado Fireworks Softball Tournament – Aurora, CO 2012
Summer Open Sprint Triathlon – Longmont, CO 2012
NCAA Regional Golf Championship – Longmont, CO 2011



Awards

- Fellow of the International College of Chiropractors, 2018
- “Sports Chiropractor of the Year” from the Colorado Chiropractic Association, 2017
- “Rising Star Chiropractor” from the Colorado Chiropractic Association, 2014