

Dr Lyndall Daley

0409 596 325

lyndalldaley@gmail.com

213 Waiora Rd Heidelberg Heights VIC 3081

I am writing in response to the advertisement placed for casual and sessional teachers in the Chiropractic program.

I have been a chiropractor for 18 years with an interest in sports chiropractic, rehabilitation and family care. I have been a qualified Sports Chiropractor for over 10 years.

Clinical roles have included:

- working as part of a multi clinic organisation
- a contractor to a sole operator
- as part owner of a multi practitioner practice
- an associate chiropractor
- as Clinical Director and Practitioner Manager for a multidisciplinary allied health practice.
- Rehabilitation and S&C trainer

I hold a Bachelor Applied Science (Clinical Science)/Bachelor of Chiropractic Science from RMIT University and a Post Graduate Diploma in Sports Chiropractic from Murdoch University.

Between 2007 and 2012 I represented Queensland in cricket as part of the state elite women's team the Queensland Fire. I maintain my involvement in sport by coaching, being secretary of the committee, player mentor and playing with Premier club Essendon Maribyrnong Ladies Cricket Club.

At my current practice, the multiple disciplines provides an environment to create the best outcome for a wide range of clients. While I have experience working with elite athletes, I am of the philosophy that the principles of Sports Chiropractic apply across all sections of the community in musculoskeletal care. I use a variety of approaches to treatment as dictated by the patient complaint, examination and clinical experience and am open to new treatment approaches.

My current role requires me to support, train and instruct our 16 practitioners in manual techniques, communication strategies and rehabilitation.

I believe the skills listed in this CV and selection criteria show I am suited for the role. I am excited to contribute to the next generation of Chiropractors and give back to a career that I love. I am open to learning opportunities and growth in my professional career and see this as a perfect opportunity to do this.

I look forward to hearing from you in the near future.

Key Selection Criteria:

- Current AHPRA registration - Current and continuous since 2004. AHPRA registration no: CHI0001609325
- Evidence of teaching ability and the capacity to engage students in an enthusiastic, concise, engaging and informative manner. I have had multiple opportunities to act as a coach, mentor and instructor through my cricket coaching and mentoring of practitioners over the years. It is important to me that the material be delivered in a way that is relevant to the group's experience, needs and dynamics.
- Demonstrable ability to grade student assessment and provide appropriate feedback. At my current position as Clinical Director and Practitioner Manager, I am tasked with performing staff evaluations through collating practice statistics and providing constructive feedback. This includes having difficult conversations in order to provide learning experiences.
- Strong demonstrable clinical teaching experience and expertise in the Chiropractic field. My current role requires me to support, train and instruct our 16 practitioners in manual techniques, communication strategies and rehabilitation. I enjoy taking on students to mentor with observation times and clinical placement.
- Demonstrable knowledge of requisite health sciences and chiropractic content, research, and writing skills for course/s taught within the Chiropractic and multi-disciplinary health sciences programs. As part of my regular CPD I read Chiropractic Journal of Australia; SMA's Sport Health; BJSM and JSAMS. I also follow these and other reputable sources on social media.
- Effective interpersonal skills, including both written and oral communication skills. Through my roles above, it is necessary to have both written and oral skills adequate to deliver information in an engaging and effective way.
- Demonstrable ability to work effectively as part of a team. There are many examples of being a team player through my sporting and professional career. A strong team is a reflection of the individuals finding a way to meld their strengths and weaknesses to become better than a single person. I pride my self in being able to motivate, contribute, perform and cheerlead when involved in a team in order to bring out the best in all.

Education

Bachelor of Applied Science (Clinical Science)/Bachelor of Chiropractic Science RMIT
Graduated 2004

International Chiropractic Sport Science Diploma (ICSSD) graduated 2011

Post Graduate Diploma in Sports Chiropractic Graduated 2013

AHPRA registration no: CHI0001609325

Experience

- Clinical Director & Senior Chiropractor 2019 - present, Northern Spinal & Sports Injury Clinic, Reservoir Vic
- S&C coach at Cinch Studio 2022 - present, Cinch Studio, Heidelberg Heights Vic
- Senior Chiropractor 2016 - present, Northern Spinal & Sports Injury Clinic, Reservoir Vic
- Associate Chiropractor Somatic Healthcare Clinic, Prahran Victoria 2014- 2017
- Part Owner/Principal Chiropractor 2008 – 2014 Bremer Chiropractic, Ipswich Qld
- Contracted Chiropractor 2006 – 2008 Bremer Chiropractic, Ipswich Qld
- Contracted Player Qld Fire 2007 – 2012 Qld Cricket, Albion Qld
- Associate Chiropractor 2005 – 2006
Barham Chiropractic, Mooloolaba and West Chermside Qld

Additional Skills/Training

- ICSSD – 2010 Melbourne, Aust and 2011 Sydney, Aust. Passed ICSSD exam
at Sydney conference
- Current First Aid and CPR certificate
- Dry needling certified 2013 via COCA
- ASCA Level 1 S&C trainer 2022

Professional Associations

- CAA – Member since 2001
- COCA - Member 2010 - 2017
- Sports Medicine Australia - Member since 2014
- ASCA member 2022

Referees

Jarrold Alivisatos

Owner & Principal Osteopath

Northern Spinal & Sports Injury Clinic

0404864897

jarrod@northernspinal.com.au

Mark Crawford

Owner & Principal Osteopath

Whole Body Clinic

0416264554

mark@wholebodyclinic.com.au

Sue Monsen

Learning Designer & Lecturer

School of Human Movement & Nutrition Sciences University of Qld

[0419 788 316](tel:0419788316)

s.monsen@uq.edu.au