

# Kylie Vincent

info@ahap.co.nz | 027 213 9515 | East Tamaki, Auckland, New Zealand

## Key skills

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- Communication
- Leadership skills
- Organisation
- Active Listening
- Critical Thinking

## Education

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### **Bachelor of Science**

University of Auckland

Graduated 2004

### **Bachelor of Chiropractic**

New Zealand College of Chiropractic

Graduated 2011

### **Post Graduate Diploma**

International Certificate in Sports Chiropractic (ICSC)

Graduated 2020

## Summary

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I am an enthusiastic sports chiropractor passionate about educating and inspiring people towards better health. I highly value continued education and forward thinking. I was put on the planet to help people with health, wellbeing and fitness

## Career history

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### **Principle Owner** at Auckland Health and Performance

Sep 2018 – Present

- Sports Chiropractor/Business owner

#### **Key responsibilities**

- Patient Management/Team Leader

### **Principle Owner** at Kylie Vincent Chiropractic

April 2014 – March 2018

- Chiropractor/Business owner

#### **Key responsibilities**

- Patient Management

## Interests

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- Powerlifting, Strongwomen, CrossFit, Bodybuilding
- Brazilian Jujitsu, Mixed Martial Arts
- Continued Education

## References

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Dr Joyce Onland – [joyce.onland@gmail.com](mailto:joyce.onland@gmail.com)/ 022 305 0400

Dr Robbie Moore – [robertmoorechiro@gmail.com](mailto:robertmoorechiro@gmail.com)/ 021 117 206

## Academic Achievements

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- 2001 - Auckland University of Technology AUT Student Scholarship
- 2002 - University of Auckland Chancellors Award Top Scholar
- 2005 - University of Auckland: Bachelor of Science – Double Major Sport and Exercise Science and Physiology
- 2011 - New Zealand College of Chiropractic: Bachelor of Chiropractic
- 2013 - Precise Points Dry Needling
- 2016 - Inspiral Paediatric Chiropractic Certification
- 2018 - Australian Strength and Conditioning Association Level One
- 2019 - International Federation of Sports Chiropractic – (ICSC) International Certificate in Sports Chiropractic
- 2021 - Selective Functional Movement Assessment Level One

## Personal Sporting Achievements

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- Various Bodybuilding CrossFit and powerlifting competitions
- Strongwomen competitions – Most notably placing 4<sup>th</sup> in New Zealand's strongest women in 2019
- Currently embarking on first MMA fight camp

## Career highlight's

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- New Zealand MMA team's chiropractor 2020
- Howick Hornets Rugby League Team chiropractor 2019
- Point Chevalier Pirates Female Rugby League Team chiropractor 2019
- 2022 – Parker University Master's Program Scholarship holder: Masters of Strength and Human Performance