

Curriculum Vitae

Name: Henry POLLARD
BSc, Grad Dip Chiro, Grad Dip App Sc, M Sport Sc, PhD, ICSSD, FICC, FAICE (2019)

Occupation:

1. Sports & Exercise Chiropractor (AICE 2019):
Private practice, Cronulla NSW Independent Chiropractic
2. Consultant, State Insurance Regulatory Authority (SIRA) NSW
3. Head, Australasian Institute of Chiropractic Education (AICE). A business unit of the Australian Chiropractors Association (ACA).
4. Editor, Chiropractic Journal of Australia
5. Adjunct Professor, Faculty of Health Sciences, Durban University of Technology, South Africa
6. Adjunct Professor, Faculty of Health Sciences, Durban University of Technology, South Africa.
7. Chair, Research Committee, Federation of International Sports Chiropractors (FICS).

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ResearchGate URL: <https://www.researchgate.net/profile/Henry-Pollard-2>

LinkedIn URL: <https://www.linkedin.com/in/drhenrypollard/>

Google Scholar: <https://scholar.google.com.au/citations?hl=en&user=fpLIsVMAAAAJ>

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Bio: Dr. Henry Pollard

BSc, Grad DC, Grad Dip SportSc, MSportSc, PhD, ICSSD, FICC, FAICE (2019) is a practicing Sports & Exercise Chiropractor and clinical scientist based in Sydney, Australia. He is owner and director of a chiropractic clinic located in the Southern Sydney suburb of Cronulla and has a special interest in sports chiropractic. He is also Head, Australasian Institute of Chiropractic Education (AICE), a business unit of the Australian Chiropractors Association (ACA). He is also the Editor of the Chiropractic Journal of Australia. Prof Pollard has been in private clinical practice for the last 35 years, has been an Independent Chiropractic Consultant for State Insurance Regulatory Authority (SIRA) (Formerly known as: WorkCover Authority of NSW) for 20 years and has taught

for 30+ years in the areas of orthopedics, sport medicine, clinical management and research at several universities. He currently holds an adjunct professorial position at Durbin University of Technology, South Africa. He has lectured at numerous conferences nationally and internationally in the fields of Chiropractic, Sports Medicine and Research and has published 140 peer-reviewed manuscripts in medical and chiropractic peer reviewed journals. His research interests include: clinical & sports chiropractic, epidemiology of injury, sports medicine, and psychosocial factors in chronic pain. He has had 9 PhD and 3 MSc research student completions. Additionally, he has helped raise over \$1 million dollars for chiropractic research. In a career that has spanned nearly 36 years and three distinct phases: clinical / working with teams (collision and non-collision sports); academic/research and clinical/regulatory.

EMPLOYMENT HISTORY:

1. Editor, Chiropractic Journal of Australia. 2021-present
2. Head, Australasian Institute of Chiropractic Education (AICE). A business unit of the Australian Chiropractors Association (ACA). 2018-present.
3. Adjunct Professor, School of Medical and Applied Sciences CQUniversity Sydney, Australia. 2016-2021.
4. Adjunct Professor, Faculty of Health Sciences, Durban University of Technology, P O Box 1334, Durban, 4000, South Africa. 2021-2024.
5. Director: Cronulla Chiropractic & Sports Injury Centre 1989-present.
6. Director: RecordPro: Injury record keeping / management software. 2010-2020.
7. Macquarie University 1990-2010.
8. Director: Research, Dept Health & Chiropractic, Macquarie University 2004-2008.
9. Adjunct Professor, Integrative Medicine Research Group, Dept of Medicine, University of Notre Dame, Australia 2009-2015.
10. Consultant: Chiropractic Education Australia Limited. 2003-2010
11. Consultant: Chiropractors & Osteopaths College of Australasia 1993-2008.
12. Independent Chiropractic Consultant WorkCover NSW. 2003-present.
13. Director: Research, ONE Research Foundation USA. 2002-2011.
13. Associate Professor, Australian Catholic University, Faculty of Health Science, School of Exercise Science, Strathfield, Sydney Australia 2011.

Memberships

Sports Medicine Australia
Federation of International Sports Chiropractors
Sports Chiropractic Australia
Chiropractic Association of Australia
Chiropractic Australia
Fascia Research Society

CLINICAL BACKGROUND:

I started my hands-on career as a student chiropractor where I worked for 3 chiropractors (as a massage therapist) during the last 2 years of my chiropractic studies. This background provided me with experience that I would not have been able to achieve for some time in private practice. Following my graduation as a chiropractor I entered into private practice as an associate with three practices. One practice was focused on workers' compensation cases, one focused on sports injury and one was associated with general spinal chiropractic. During this time, I began working with several sporting teams to broaden my experience. I worked with athletics, ultramarathon, table tennis, squash, martial arts, cycling, triathlon, swimming, rugby and rugby league sports. I travelled with the NSW and Australian Swim teams (I was selected to travel to national and international competition) as well as acting as the sports chiropractor for several national level competitions for the various other teams/individuals. In addition, I was the team chiropractor for local A grade rugby league football teams in the Sutherland Shire for 10 years (De La Salle Caringbah, Cronulla-Caringbah, St. Patrick's Sutherland, Kurnell Stingrays, Taren Point Titans). Since that time, I have worked with athletes from many sports from weekend warrior to International level.

Technique Certifications

Certified: International Certificate in Sports Chiropractic (ICSC) (2020)

Certified: Complete Concussion Management (2020).

Certified: Functional Neurological & Orthopaedic Rehabilitation (FNOR) (2017).

Certified in Active Release Technique (ART).

Upper Extremity (2017)

Lower Extremity (2016)

Spine (2016)

Certified in FAKTR instrument assisted soft tissue therapy (2015).

Certified in Musculoskeletal Acupuncture (1990).

ACADEMIC BACKGROUND:

<i>Year</i>	<i>Attainment</i>
2021-	Adjunct Professor, Faculty of Health Sciences, Durban University of Technology, P O Box 1334, Durban, 4000, South Africa.
2016-2021	Adjunct Professor, School Medical & Applied Sciences, University of Central Queensland.
2011	Associate Professor, Faculty of Health Science, School of Exercise Science, Australian Catholic University
2010-12	Adjunct Associate Professor, School of Chiropractic & Sports Science, Murdoch University
2008-12	Adjunct Professor, School of Medicine, University of Notre Dame (Australia)
2007-10	Promoted to Associate Professor, Macquarie University
2001	Promoted to Senior lecturer, Macquarie University

2000	Granted tenure
1995	Reappointed Lecturer in Chiropractic (Five year term) Department of Chiropractic Macquarie University
1990	Appointed Lecturer in Chiropractic Macquarie University (5 years)

In my twenty-one years contracting to Macquarie university, I have held many positions including Head, Department of Diagnostic Sciences, Director of Research during which time the Centre expanded by over 200% in student enrolments and the research output expanded by 300%. I also developed a Masters degree in Chiropractic science and Chiropractic Sports Science. In addition, I have taught in most units offered in the Master of Chiropractic program and developed the unit of Sports medicine, Orthopaedics, electrophysical therapy, clinic workshop and supervision for the Dept. This was followed by teaching students in the Australian Catholic University (2011) candidates in the Master of Clinical Exercise Physiology in the areas of musculoskeletal diagnosis, rehabilitation and ergonomics.

During my career I have established a positive and strong, international research reputation. My main areas of research are on sports medicine, injury prevention, clinical trials and the documentation of clinical chiropractic in the form of case, case series and randomized controlled trial publications. Due to the nature of the profession, the documentation of the scope of practice is an important goal for the profession.

TERTIARY EDUCATION:

2020	International Chiropractic Sport Certificate (ICSC) International Federation of Sports Chiropractic (FICS)
2005	International Chiropractic Sport Science Diploma (ICSSD) International Federation of Sports Chiropractic (FICS)
2000	Doctor of Philosophy Dept Biomedical Sciences, University of Wollongong
1994	Master of Exercise & Sport Science Cumberland College of Health Sciences, University of Sydney
1991	Grad Dip Exercise & Sport Science Cumberland College of Health Sciences, University of Sydney
1986	Grad Dip Chiropractic Sydney College of Chiropractic (MU)
1985	BSc (anatomy) University of New South Wales

AWARDS:

2019	Fellow, Sports & Exercise Faculty, Australasian Institute of Chiropractic Education (AICE)
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- 2017 2nd Prize Poster Award. Nelson L, Pollard H, Ames R, Jarosz B, Garbutt P, De Costa C. A descriptive study of Sports Chiropractors with post graduate qualifications. Federation of International Sports Chiropractors Symposium, Washington, March 2017.
- 2011 3rd Best Private Practice Paper Award
Intra-oral myofascial therapy, education and self-care for chronic myogenous temporomandibular disorder: a randomized controlled trial. World Federation of Chiropractic Biennial conference Rio, Brazil.
- 2007 Best Private Practice Paper Award.
Hoskins W, Pollard H, Bonello R. Prevention of hamstring injury in elite athletes: A randomized controlled trial. World Federation of Chiropractic Biennial conference Portugal.
- 2006 Top 100 authors: Biomed Central Open Access Publications
BioMed Central is an independent online publishing house committed to providing immediate free access to the peer-reviewed biological and medical research it publishes. This commitment is based on the view that open access to research is essential to the rapid and efficient communication of science. In addition to open-access original research, BioMed Central also publishes reviews and other subscription-based content.
- 2006 Fellow, International College of Chiropractors
- 2006 Fellow, Australian College of Chiropractors
- 2005 Fellow, College of Chiropractors (UK)
- 2001 Research Medal: Researcher of the Year 2001.
Australian Spinal Research Foundation: Inaugural Researcher of the Year. (A peer reviewed process after nomination from the profession).
- 2000 3rd Prize World Federation Chiropractic Biennial Congress Auckland NZ. Tuchin P, **Pollard H**, Bonello R
A randomised controlled trial of chiropractic spinal manipulative therapy for migraine.

**PUBLICATIONS:
BOOK CHAPTERS (PEER REVIEWED):**

2011

Robergs R, Pollard H, Hemphill D. Case studies in exercise as therapy for athletes. *In: Clinical Exercise: A Case-based Approach*. Cameron M, Selvig S, Hemphill D (Eds) Churchill-Lingstone Sydney 2011:238-47.

2010

Karpouzis F, Pollard H, Bonello R. Separation Anxiety Disorder (SAD) and Chiropractic Neuro Emotional Technique (NET). *In: Columbus AM, editor. Advances in Psychology Research, Volume 67*. Hauppauge, NY: Nova Science Publishers, Inc. 2010: 117-132.

2009

Pollard H. The role of Chiropractic in mind-body Health. *In: Integrative Psychiatry*. Monti DA, Beitman BD (Eds). Oxford University Press (Beltham Publishers) 2009:158-177.

**PUBLICATIONS:
BLINDED PEER REVIEWED (Category C1): JOURNAL**

2023

143. Bablis P, Pollard H, Rosner A. Resilience and endurance of neuro emotional technique effects on chronic low back pain in a randomized controlled trial with implications for cost savings. *In preparation: J Integrative & Complementary Medicine*

142. Pollard H, Khoury L, Camillieri D, Lee W. Injury Rates of Australian CrossFit Participants. *In preparation: J Sc Med Sport*

141. Ray T, Takaki L, Hadbavny M, Pollard H. Chiropractic Utilization at the 6th CSIT World Sport Games. *In preparation: J Canadian Chiropractic Association*.

140. Pollard H, Garbutt P, Frostick P, Sauve D, Soper T, Song N, Mouatt S. Chiropractic utilization at the 2009 World Master Games. *In preparation: J Sc Med Sport*

2022

139. Swain M, Pollard H. Sports chiropractic post-surgical rehabilitation following type 3 acromioclavicular joint separation in an amateur rugby union player: a case report. *Chiropractic J Australia*. 2021;49(1):110-144.
<https://www.cjaonline.com.au/index.php/cja/article/view/297>

138. Lee W, Pollard H. Sports chiropractic post-surgical rehabilitation of an elbow fracture dislocation following a Brazilian Jiu-Jitsu injury: a case report. *Chiropr J Aust*. 2021;49(1):29-49. <https://www.cjaonline.com.au/index.php/cja/article/view/287>

137. Pollard H. [Does chiropractic branding reflect current chiropractic practice?](#) Chiropr J Aust 2021;49(1):1-7.

2021

136. Nelson L, Pollard H, Jarosz B, Garbutt P, DeCosta C. A Descriptive study of Sports Chiropractors. Chiropractic & Manual Therapies. 2021;29:51. <https://doi.org/10.1186/s12998-021-00405-1>

135. Pollard H. Reframing a debate in Chiropractic. Chiropractic & Manual Therapies. 2021 Nov 3;29:44. <https://chiromt.biomedcentral.com/articles/10.1186/s12998-021-00401-5>

134. Pollard H. Inappropriate use of the title chiropractor and profession of chiropractic when reporting an adverse vascular event. Chiropractic Journal of Australia. 2021;48:57-65. <http://www.cjaonline.com.au/index.php/cja/article/view/280>

133. Bablis P, Pollard H, Rosner AL. Stress reduction via neuro-emotional technique to achieve the simultaneous resolution of chronic low back pain with multiple inflammatory and biobehavioural indicators: A randomized, double-blinded, placebo-controlled trial. Journal of Integrative Medicine. 2021;S2095-4964(21)00109-6. DOI: 10.1016/j.joim.2021.12.001

132. Pollard H. [A new direction for the Chiropractic Journal of Australia.](#) Chiropr J Aust: 2021;48:1-4.

2020

131. Pollard H, Pollard R. [An unusual postural headache: a case report.](#) Chiropr Man Therap. 2020;28(1):56. doi: 10.1186/s12998-020-00347-0.

2016

130. Bablis P, Pollard H. [Feasibility Study Of The Short Term Effects Of Neuro Emotional Technique For Chronic Low Back Pain.](#) Chiropractic J Australia 2016;41:266-282

129. de Luca KE; Parkinson L; Byles JE; Lo TKT; Pollard HP; Blyth FM [The Prevalence and Cross-Sectional Associations of Neuropathic-like Pain Among Older, Community-Dwelling Women with Arthritis.](#) Pain Medicine 2016;17(7):1308-1316. doi: 10.1093/pm/pnv111

2015

128. de Luca K, Parkinson L, Pollard H, Byles J, Blyth F.

[How is the experience of pain measured in older, community-dwelling people with osteoarthritis? A systematic review of the literature.](#)

Rheumatology International: 2105(35) 9: 1461-1472.

127. Brown BT, Graham, P.L., Bonello, R., Pollard, H.

[A biopsychosocial approach to primary hypothyroidism: treatment and harms data from a randomized controlled trial.](#)

Chiropractic and Manual Therapies 2015:23(24).

2013

126. Kalamir A, Graham PL, Vitiello AL, Bonello R, Pollard H.

[Intra-oral myofascial therapy versus education and self-care in the treatment of chronic, myogenous temporomandibular disorder: a randomised, clinical trial.](#)

Chiropr Man Therap. 2013 Jun 5;21:17. doi: 10.1186/2045-709X-21-17. eCollection 2013.

125. Brantingham JW, Cassa T, Bonnefin D, Pribicevic M, Robb A, Pollard H, Tong V, Korporaal C. [Manipulative and multimodal therapy for upper extremity and temporomandibular disorders: a systematic review.](#)

J Manipulative Physiol Ther. 2013 Mar-Apr;36(3):143-201. doi: 10.1016/j.jmpt.2013.04.001. Epub 2013 May 20. Review.

2012

124. Pollard H.

[For people with persistent tension-type neck pain, a multicomponent pain and stress self-management intervention gives better improvement in ability to control pain and self-efficacy, but not disability, than physical therapy.](#)

Evid Based Med. 2012 Dec;17(6):181-2. doi: 10.1136/ebmed-2012-100564. Epub 2012 Apr 2. No abstract available.

123. Brantingham JW, Parkin-Smith G, Cassa TK, Globe GA, Globe D, Pollard H, deLuca K, Jensen M, Mayer S, Korporaal C.

[Full kinetic chain manual and manipulative therapy plus exercise compared with targeted manual and manipulative therapy plus exercise for symptomatic osteoarthritis of the hip: a randomized controlled trial.](#)

Arch Phys Med Rehabil. 2012 Feb;93(2):259-67. doi: 10.1016/j.apmr.2011.08.036.

2011

122. Kalamir A, Bonello R, Graham P, Vitiello AL, Pollard H.

[Intraoral myofascial therapy for chronic myogenous temporomandibular disorder: a randomized controlled trial.](#)

J Manipulative Physiol Ther. 2012 Jan;35(1):26-37. doi: 10.1016/j.jmpt.2011.09.004.

Epub 2011 Nov 10.

121. Pribicevic M, Pollard H, Bonello R, de Luca K
Revisión sistemática del tratamiento manipulativo para el hombro doloroso
Osteopatía Científica 2011;6(3):86–97.

120. Karpouzis F, Bonello R, Pollard H.
Final data of the effects of the Neuro Emotional Technique (NET) for pediatric
Attention-Deficit/Hyperactivity Disorder (AD/HD): A randomized controlled trial.
Clinical Chiropractic, 2011;14(4):144.

119. King K, Pollard H, Gordon B. Cervical Spondylotic Myelopathy: A Review and
Case Report. *Chiropractic Journal Australia* 2011(41:3): 99-105.

118. de Luca K, Pollard H, Brantingham J, Globe G, Cassa T.
[A randomized controlled trial of chiropractic management of the lower limb kinetic
chain for the treatment of hip osteoarthritis: a study protocol.](#)
J Chiropr Med. 2011 Jun;10(2):86-92. doi: 10.1016/j.jcm.2010.12.002. Epub 2011 Apr
5.

117. Pollard H, Calder D, Farrar L, Ford M, Melamet A, Cuthbert S.
Inter examiner reliability of manual muscle testing of lower limb muscles without the
ideomotor effect. *Chiropractic Journal Australia*. 2011;41(1):23-32.

116. Swain MS, Lystad RP, Pollard HP, Bonello R.
[Incidence and severity of neck injury in Rugby Union: a systematic review.](#)
J Sci Med Sport. 2011 Sep;14(5):383-9. doi: 10.1016/j.jsams.2010.10.460. Epub 2010
Dec 18. Review.

2010

115. Brantingham JW, Globe G, Cassa T, Globe D, DeLuca K, Pollard H, Lee F, Bates
C, Jensen M, Mayer S, Korporaal C.
[A single-group pretest posttest design using full kinetic chain manipulative therapy with
rehabilitation in the treatment of 18 patients with hip osteoarthritis.](#)
J Manipulative Physiol Ther. 2010 Jul-Aug;33(6):445-57. doi:
10.1016/j.jmpt.2010.06.005.

114. Kalamir A, Pollard H, Vitiello A, Bonello R.
[Intra-oral myofascial therapy for chronic myogenous temporomandibular disorders: a
randomized, controlled pilot study.](#) *J Man Manip Ther*. 2010 Sep;18(3):139-46. doi:
10.1179/106698110X12640740712374.

113. Swain MS, Pollard HP, Bonello R.
[Incidence and severity of neck injury in Rugby Union: a systematic review.](#)

J Sci Med Sport. 2011 Sep;14(5):383-9. doi: 10.1016/j.jsams.2010.10.460. Epub 2010 Dec 18. Review.

112. Karpouzis K, Bonello R, Pollard H.

[Chiropractic care for paediatric and adolescent Attention-Deficit/Hyperactivity Disorder: A systematic review.](#)

Chiropr Osteopat. 2010 Jun 2;18:13. doi: 10.1186/1746-1340-18-13.

111. DeLuca K, Pollard H, Brantingham J, Globe G, Cassa T.

[Chiropractic management of the kinetic chain for the treatment of hip osteoarthritis: an Australian case series.](#)

J Manipulative Physiol Ther. 2010 Jul-Aug;33(6):474-9. doi: 10.1016/j.jmpt.2010.06.004.

110. Brantingham JW, Globe G, Cassa T, Globe D, DeLuca K, Pollard H, Lee F, Bates C, Jensen M, Mayer S, Korporaal C.

[A single-group pretest posttest design using full kinetic chain manipulative therapy with rehabilitation in the treatment of 18 patients with hip osteoarthritis.](#)

J Manipulative Physiol Ther. 2010 Jul-Aug;33(6):445-57. doi: 10.1016/j.jmpt.2010.06.005.

109. Brown BT, Bonello R, Pollard H, Graham P.

[The influence of a biopsychosocial-based treatment approach to primary overt hypothyroidism: a protocol for a pilot study.](#)

Trials. 2010 Nov 15;11:106. doi: 10.1186/1745-6215-11-106.

108. Pribicevic M, Pollard H, Bonello R, de Luca K.

[A systematic review of manipulative therapy for the treatment of shoulder pain.](#)

J Manipulative Physiol Ther. 2010 Nov-Dec;33(9):679-89. doi: 10.1016/j.jmpt.2010.08.019. Epub 2010 Oct 18. Review.

2009

107. Bablis P, **Pollard H**.

[Anxiety and depression profile of 188 consecutive new patients presenting to a Neuro-Emotional Technique practitioner.](#)

J Altern Complement Med. 2009 Feb;15(2):121-7. doi: 10.1089/acm.2007.0805.

106. Lystad RP, **Pollard H**, Graham P.

[Epidemiology of injuries in competition taekwondo: a meta-analysis of observational studies.](#)

J Sci Med Sport. 2009 Nov;12(6):614-21. doi: 10.1016/j.jsams.2008.09.013. Epub 2008 Dec 2.

105. Bablis P, **Pollard H**, Bonello R.

[A retrospective analysis of self-reported symptoms from 761 consecutive new patients presenting to a Neuro Emotional Technique chiropractic clinic.](#)

Complement Ther Clin Pract. 2009 Aug;15(3):166-71. doi: 10.1016/j.ctcp.2009.02.005. Epub 2009 Mar 4.

104. **Pollard H**, Bablis P.

[A mind-body treatment for hypothyroid dysfunction: a report of two cases.](#)

Complement Ther Clin Pract. 2009 May;15(2):67-71.

103. Bablis P, **Pollard H**.

[A mind-body treatment for hypothyroid dysfunction: a report of two cases.](#)

Complement Ther Clin Pract. 2009 May;15(2):67-71. doi: 10.1016/j.ctcp.2009.01.004. Epub 2009 Feb 23.

102. Lystad RP, **Pollard H**.

[Functional neuroimaging: a brief overview and feasibility for use in chiropractic research.](#)

J Can Chiropr Assoc. 2009 Mar;53(1):59-72.

101. Hoskins W, **Pollard H**, Garbutt P.

[How to select a chiropractor for the management of athletic conditions.](#)

Chiropr Osteopat. 2009 Mar 10;17:3. doi: 10.1186/1746-1340-17-3.

100. **Pollard H**, De Luca K.

[A descriptive report of management strategies used by chiropractors, as reviewed by a single independent chiropractic consultant in the Australian workers compensation system.](#)

Chiropr Osteopat. 2009 Nov 18;17:12. doi: 10.1186/1746-1340-17-12.

99. Karpouzis F, **Pollard H**, Bonello R.

[A randomised controlled trial of the Neuro Emotional Technique \(NET\) for childhood Attention Deficit Hyperactivity Disorder \(ADHD\): a protocol.](#)

Trials. 2009 Jan 27;10:6. doi: 10.1186/1745-6215-10-6.

98. Brantingham J, Globe G, **Pollard H**, Hicks M, Corporaal C, Hoskins W.

[Manipulative therapy for lower extremity conditions: expansion of literature review.](#)

J Manipulative Physiol Ther. 2009 Jan;32(1):53-71. doi: 10.1016/j.jmpt.2008.09.013. Review.

97. Pribicevic M, **Pollard H**, Bonello R.

[An epidemiologic survey of shoulder pain in chiropractic practice in australia.](#)

J Manipulative Physiol Ther. 2009 Feb;32(2):107-17. doi: 10.1016/j.jmpt.2008.12.005.

96. Brown BT, Bonello R, **Pollard H**. An update on acupuncture points for Chiropractors. Chiropractic J Australia 2009;39(1):18-26

2008

95. Bablis P, Pollard H, Bonello R.
[Neuro Emotional Technique for the treatment of trigger point sensitivity in chronic neck pain sufferers: a controlled clinical trial.](#)
Chiropr Osteopat. 2008 May 21;16:4. doi: 10.1186/1746-1340-16-4.
94. McHardy A, Hoskins W, **Pollard H**, Windsham R, Onley R
[Chiropractic treatment of upper extremity conditions: a systematic review.](#)
J Manipulative Physiol Ther. 2008 Feb;31(2):146-59. doi: 10.1016/j.jmpt.2007.12.004.
Review.
93. Karpouzis F, **Pollard H**, Bonello R.
[Separation anxiety disorder in a 13-year-old boy managed by the Neuro Emotional Technique as a biopsychosocial intervention.](#)
J Chiropr Med. 2008 Sep;7(3):101-6. doi: 10.1016/j.jcm.2008.05.003.
92. **Pollard H**, Ward G, Hoskins W, Hardy K.
[The effect of a manual therapy knee protocol on osteoarthritic knee pain: a randomised controlled trial.](#)
J Can Chiropr Assoc. 2008 Dec;52(4):229-42.

2007

91. Swain M, **Pollard H**, Bonello R. Chiropractic management of cluster tic syndrome: a case report. Chiropr J Aust: Sep 2007(37:3): 117-122.
90. McHardy AJ, **Pollard H**, Luo K
[Golf-related lower back injuries: an epidemiological survey.](#)
J Chiropr Med. 2007 Mar;6(1):20-6. doi: 10.1016/j.jcme.2007.02.010.
89. Kalamir A, **Pollard H**, Vitiello A, Bonello R. TMD and the problem of Bruxism – a literature review. Journal of Bodywork and Movement Therapies. 2007,11; 183–193.
88. Kalamir A, **Pollard H**, Vitiello A, Bonello R. TMD und Bruxismus. Eine literarstudie (in German). Osteopathische medizin (2007) 4:12-21
87. Vitiello AL, Bonello R, **Pollard H**
[The effectiveness of ENAR for the treatment of chronic neck pain in Australian adults: a preliminary single-blind, randomised controlled trial.](#)
Chiropr Osteopat. 2007 Jul 9;15:9.
86. McHardy A, **Pollard H**, Luo K
The epidemiology of golf-related injuries in Australian amateur golfers: A multivariate analysis. South African J Sports Medicine 2007 19(1): 12-19.

85. McHardy A, **Pollard H**, Luo K
[One-year follow-up study on golf injuries in Australian amateur golfers.](#)
 Am J Sports Med. 2007 Aug;35(8):1354-60. Epub 2007 Mar 26.
84. **Pollard H**, Hoskins W, Schmerl M
 The use of hip manipulation in the management of acetabular labrum injury.
 Chiropractic J Australia 2007;37(2): 49-56.
83. Fernandez M, **Pollard H**, McHardy A.
[A patient with deep vein thrombosis presenting to a chiropractic clinic: a case report.](#)
 J Manipulative Physiol Ther. 2007 Feb;30(2):144-51.
82. Kalamir A, **Pollard H**, Vitiello A
 Manual Therapy for Temporomandibular Disorders: A review of
 the literature
 J Bodywork & Movement Therapies 2007;11(1):84-90.
81. **Pollard H**, Hoskins W, McHardy A, Bonello R, Garbutt P, Swain M, Dragasevic G,
 Pribicevic M, Vitiello A
[Australian chiropractic sports medicine: half way there or living on a prayer?](#)
 Chiropr Osteopat. 2007 Sep 19;15:14.

2006

80. Letter to the editor: Response to: Robson S. Joint manipulation for injuries – is it
 worth the risk?
 Peak Performance. 2006;229;1-3.
79. Hoskins W, McHardy A, **Pollard H**, Windsham R, Onley R.
[Chiropractic treatment of lower extremity conditions: a literature review.](#)
 J Manipulative Physiol Ther. 2006 Oct;29(8):658-71. Review.
78. McHardy A, **Pollard H**, Bayley G
 A comparison of the modern and classic golf swing
 South African J Sports Medicine 2006;18(3):80-92.
77. Hoskins W, **Pollard H**.
 Problematic management of Haglund's Syndrome in a professional athlete: a case
 report and literature review.
 New Zealand J Sport Medicine 2006;34(1):14-20
76. Bablis P, **Pollard H**, McHardy A
 Two reports of resolution of polycystic ovary syndrome induced anovulation in females
 receiving neuroemotional technique.
 Chiropractic J Australia 2006;36(1):2-8.

75. Hoskins W, **Pollard H**.
[Re: A pilot randomised controlled trial of eccentric exercise to prevent hamstring injuries in community-level Australian Football.](#)
J Sci Med Sport. 2006 Dec;9(6):506-7; author reply 507. Epub 2006 Aug 1. No abstract available.
74. **Pollard H**, Hardy K, Curtin D
Biopsychosocial Model of Pain and Its Relevance to Chiropractors
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The effect of Chiropractic manipulation on chronic neck pain in women aged between 30-40 years. World Federation of Chiropractic Symposium, Paris France 2001.

1999

7. Tuchin P, **Pollard H**, Bonello R

Prognostic indicators of chiropractic spinal manipulative therapy for migraine. World Federation of Chiropractic Symposium, Auckland NZ 1999.

6. Tuchin P, **Pollard H**, Bonello R

A randomised controlled trial of chiropractic spinal manipulative therapy for migraine. World Federation of Chiropractic Symposium, Auckland NZ 1999.

1998

5. Stephens D, Mealing D, **Pollard H**, Thompson P, Bilton D, Gorman RF

Visual field defect recovery after spinal manipulation. A case series. 11th Annual meeting German Ophthalmic Surgeons, Germany, July 1998.

4. Stephens D, Mealing D, **Pollard H**, Thompson P, Bilton D, Gorman RF

Poster and video presentation: Visual field defect recovery after spinal manipulation.

12th Int Neuro-Ophthal Society Trinity College Ireland, July 1998

3. Stephens D, Mealing D, **Pollard H**, Thompson P, Bilton D, Gorman RF
Visual field defect recovery after manipulation. A case series.
Ophthalmological Research Institute of Australia (ORIA) 1998

1994

Pollard H, Chen SL, Chilton M, Spence A, Taylor I

2. A comparative study of two stretching procedures for increasing hip ROM. Poster presentation Intentional Conference on Medicine & Science in Sport Brisbane Australia 1994

1. Pollard H, Chen SL, Chilton M, Spence A, Taylor I

A comparative study of two stretching procedures for increasing hip ROM. Poster presentation Chiropractors Association of Australia AGM, Adelaide Australia 1994

>180 SEMINAR / CONFERENCE PRESENTATIONS

Topics: Clinical management, sports medicine, chiropractic, research

2021

182: FICS international Sports Symposium: "A new view of Sports Injury Care".
Invited speaker. Talk: Vascular Occlusion in Athletes. 03/12/22 Sydney Aust.

181. Pollard H: The case history report. Webinar (90 mins).
Australian Chiropractors Association (ACA). 12/05/21

180. Pollard H: Research Updates in Sports Chiropractic (Invited: 60 mins)
FICS 2021 Global Sports Chiropractic Symposium - Athletes Journey 27/04/21

179. Pollard H: Managing Workers Compensation Patient Workshop February 20th

1. Acute / Chronic Pain Management in Third Party Payment System (60mins)
2. Using Outcomes Measures (60mins)
3. Overview of the Workers Compensation system (60mins)
4. Observations of a Workers Compensation Case Reviewer (60mins)

2020

178. ICSC Module 2 Webinar (30min): Upper extremity. Madrid, Spain, 2020

2019

177. Invited keynote. Sports Chiropractic Symposium & Federation of International Sports Chiropractors ICSSD program: ICSC: Lower extremities Perth May 17-19

1. Introduction to FICS, International Sport and the ICCSP Qualification Nelson L, Pollard H, Garbutt P - 60Min
2. Mopal and CMT – Hip: Pollard H, Ames A - 90min
3. Mopal and CMT – Hip & Knee: Pollard H, Ames A - 90min
4. Mopal and CMT – Knee, Ankle, Foot: Pollard H, Ames A - 90min
5. Panel discussion All speakers: Pollard H: Moderator – 60min

2018

Pollard H

176. Federation of International Sports Chiropractors ICSSD program: Upper extremity injuries. 5 1hr presentations (shoulder, elbow, wrist/hand and The Masters athlete, Sports Chiropractic Research). Gold Coast, 20-22nd April 2018

2017

175. Riddle T, **Pollard H**, Garbutt P. FAKTR (Functional and Kinetic treatment and Rehabilitation) Certification seminar. Melbourne Aug 25-6, 2017 (1.5 days).

174. Riddle T, **Pollard H**, Garbutt P. FAKTR (Functional and Kinetic treatment and Rehabilitation) Certification seminar. Sydney Sept 1-2, 2017 (1.5 days).

173. Pollard H. Federation of International Sports Chiropractors ICSSD program. Upper extremity injuries 4 1hr presentations (hip, knee, ankle/foot and Introduction to Fascia). Sydney, 14-16th February 2017

172. Nelson L, **Pollard H**, Ames R, Jarosz B, Garbutt P, De Costa C. A descriptive study of Sports Chiropractors with post graduate qualifications. Federation of International Sports Chiropractors, Sydney, 14-16th February 2017 (30 minutes)

2016

Pollard H

171. Invited keynote. An introductory overview of fascial treatment of the spine and extremities lecture and workshop (2.5hrs). Nth Sydney, Nov, 2016

Pollard H

170. Invited keynote. CA: Spine care expert. Assessing the athlete (1hr) CA Annual Conference. Sydney, Oct. 2016

Pollard H

169. Federation of International Sports Chiropractors ICSSD program: Upper extremity injuries. 5 1hr presentations (shoulder, elbow, wrist/hand and Introduction to Fascia, Concussion in sport). Coffs Harbour, 14-16th July 2016

Pollard H

168. Invited keynote. Australian Musculoskeletal Pain Network (AMSN): Challenging practice workshop: A case based approach to things that may have gone better in practice. Nagano, Japan Feb 4-8, 2016

2015

Pollard H

167. Invited keynote. CAA: 1x60 minute lecture: Overview of Sports Chiropractic Research and 1x60 Lecture: Introduction to Fascia: CAA National Conference, Melbourne, 2015.

Pollard H

166. Invited plenary. COCA: 1x30 minute lecture and 2x60 workshop: Common injuries of the elbow and wrist. COCA National Conference, Melbourne 8-9 Oct, 2015.

Pollard H

165. Federation of International Sports Chiropractors ICSSD program: Lower extremity injuries. 4 1/1.5hr presentations (hip, Knee, ankle/foot, concussion in sport). Gold Coast, Jul 14-16

Pollard H & Garbutt P

164. CAA: Running Injuries. 2 day seminar. Queenstown, New Zealand. May 30-31st, 2015

Pollard H

163. Invited keynote. How to work in the Workers' Compensation System in NSW. Furano, Japan Feb 4-8.

2014

Pollard H

162. Federation of International Sports Chiropractors ICSSD program: Upper extremity injuries 4 1/1.5hr presentations (shoulder, elbow, wrist/hand, concussion in sport), 2 hr Cross fit injury presentation. Auckland July 2014

Pollard H

161. Invited keynote. Federation of International Sports Chiropractors ICSSD program. Advanced seminar (upper & lower extremity condition and management). 2 hours. Dublin May 2014

2013

Various

160. Federation of International Sports Chiropractors ICSSD program: Lower extremity Injury program of the ICSSP (4 presentations of 1.5 hours each): Disorders of the hip, knee, foot/ankle, concussion in sport) Queenstown New Zealand August 2012

Pollard H

159. Federation of International Sports Chiropractors ICSSD program. Upper extremity Injury program of the ICSSP (4 1.5 hr shoulder, elbow, wrist/hand, 1 hr concussion in sport) London UK, June 2012

Pollard H & Garbutt P

158. Federation of International Sports Chiropractors ICSSD program: Running Injuries. 2-day seminar. Copenhagen, Denmark. May 2012, Sydney, Australia. 8-9 2014.

Pollard H

157. Invited Seminar. CAANSW How to navigate the WorkCover system. St Leonards, NSW Australia.

Oct 2013, Nov 15, 2014, 2 hours Furano, Japan Feb 2015.

2012

156. de Luca K, Parkinson L, Byles J, Blyth F, Pollard H. How catastrophic are different types of pain in women with arthritis. 142nd APHA Annual Meeting and Exposition, New Orleans, USA. November 15-19 2014

155. de Luca K, Parkinson L, Byles J, Blyth F, Pollard H. How does neuropathic pain affect quality of life in women with arthritis. 142nd APHA Annual Meeting and Exposition, New Orleans, USA. November 15-19 2014

154. de Luca K, Parkinson L, Byles J, Blyth F, Pollard H. Pain and the older woman: results from a cross-sectional survey. AAG & ACS Regional Conference. Port Macquarie, Australia. March 5-7, 2014.

153. de Luca K, Parkinson L, Byles J, Blyth F, Pollard H. A Cross sectional survey of pain in older women with arthritis: Study protocol. Emerging Researchers In Ageing National Conference. Brisbane, Australia. November 2012

Various

152. Invited Keynote. FICS upper extremity injuries (3 presentations: shoulder, elbow, wrist/hand). Melbourne July 2010

2011

Pollard H

151. Invited keynote. FICS upper extremity injuries (3 presentations: shoulder, elbow, wrist/hand) and conditions in special populations (3 presentations: female, aged, children, altitude, heat, cold). Porto Alegre, Brazil. 2011

Karpouzis F, Bonello R, Pollard H.

150. Final data of the effects of the Neuro Emotional Technique (NET) for pediatric Attention-Deficit/ Hyperactivity Disorder (AD/HD): A randomised controlled trial. (Abstract) Clinical Chiropractic: Volume 14, Issue 4, December 2011, Page 144

Karpouzis F, Bonello R, Pollard H.

149. Psychosocial-based treatment approach for paediatric Attention-Deficit/ Hyperactivity Disorder (AD/HD): Results of a randomised controlled trial.

17th International Integrative Medicine Conference

October 14th - 16th, 2011. Novotel Sydney Manly Pacific, Manly Beach, NSW, Australia.

Karpouzis F, Bonello R, Pollard H.

148. Final data of the effects of the Neuro Emotional Technique (NET) for pediatric Attention-Deficit/ Hyperactivity Disorder (AD/HD): A randomised controlled trial.

WFC (World Federation of Chiropractic) 11th Biennial Congress. WFC and FCER International Conference on Chiropractic Research

May 6 - 9, 2011, Rio de Janeiro, Brazil.

2010**Pollard H**

147. Invited. Several invited evidence-based sport and sport injury management presentations Feevale University, Brazil. November 2010

Pollard H

146. Ask the Experts. COCA annual conference on chronic musculoskeletal spine presentations and failed cases. Invited to be one of the "experts".

Melbourne, Australia. Sept 18-19, 2010

Pollard H

145. Invited keynote. FICS upper extremity injuries (3 x 2 hr presentations: shoulder, elbow, wrist/hand). Melbourne August 2010

Pollard H

144. Align NHMRC Study Invited presentation: Evidence based management of simple/mechanical low back pain. Melbourne 2010.

Karpouzis F, Bonello R, Pollard H.

143. Efficacy analysis verses ITT analysis for results of the NET RCT for paediatric AD/HD. Chiropractic and Osteopathic Colleges of Australasia (COCA) National Annual Conference September 19-20, 2010, Melbourne, Australia.

2009

Pollard H

142. Invited keynote. FICS lower extremity injuries (hip, knee, ankle foot)
Perth, Australia 2009

Pollard H

141. FICS upper extremity injuries (shoulder, elbow, wrist/hand) and conditions in special populations (6 presentations: female, aged, children, altitude, heat, cold)
Santiago Chile. 2009

Pollard H

140. The state of research in sports chiropractic.
World Federation of Chiropractic Biennial Symposium Canada 2009

Kalamir A, Bonello R, Vitiello A, Pollard H.

139. Intra-oral myofascial therapy, education and self care for chronic myogenous TMD: a randomized, controlled trial. World Federation of Chiropractic Biennial Conference Rio, Brazil April 2009.

Karpouzis F, Bonello R, Pollard H.

138. Final data of the effects of the Neuro Emotional Technique (NET) for pediatric Attention-Deficit/ Hyperactivity Disorder (AD/HD): A randomized controlled trial. World Federation of Chiropractic Biennial Conference Rio, Brazil April 2009.

Pollard H, Garbutt P, Frostick N, Sauve D, Soper T.

137. Chiropractic utilization at the 2009 World Masters Games. World Federation of Chiropractic Biennial Conference Rio, Brazil April 2009.

Karpouzis F, Pollard H, Bonello R.

136. Discrepancies between Parent and Teacher Rating Scale results for the effects of the Neuro Emotional Technique (NET) in children with Attention Deficit Hyperactivity Disorder (ADHD). Chiropractic and Osteopathic Colleges of Australasia (COCA) 8th Biennial Conference. November 20-21, 2009, Sydney, Australia.

Karpouzis F, Pollard H, Bonello R.

135. Short term results of the Neuro Emotional Technique (NET) for a cohort of children with medically diagnosed ADHD.
ICSPP (International Centre for the Study of Psychiatry and Psychology) 12th Annual ICSPP Conference. October 10-12, 2009, Syracuse, NY, USA.

Karpouzis F, Pollard H, Bonello R.

134. Short term effects of the Neuro Emotional Technique (NET) for a cohort of children with medically diagnosed Attention Deficit/Hyperactivity Disorder (ADHD). WFC (World Federation of Chiropractic) 10th Biennial Congress. WFC and FCER International Conference on Chiropractic Research

April 29- May 2, 2009, Montreal Quebec Canada.

2008

Pollard H

133. Running injuries.

Chiropractors Association of Australia (CAA) AGM & Conference Perth Oct 2008

Pollard H

132. Research leaders symposium of chiropractic teaching institutions in Australasia.
Consortium of Chiropractic Institutions Australasia (CCIA) Perth Oct 2008

Pollard H

131. Invited Keynote: NET research update
San Diego USA Sept 2008

Pollard H

129-130. The diagnosis of hip and shoulder conditions.
Qld CAA Annual seminar May 2008

Pollard H

128. Current & future chiropractic paediatric research in Australia.
Conference and Research Symposium on Chiropractic Paediatrics May 2008

Pollard H

126-127. The diagnosis of hip and shoulder conditions.
Current & future chiropractic paediatric research in Australia.
The BVM model: chiropractic "philosophy" back to the future"
New Zealand Chiropractic Association (NZCA) AGM and conference May 2008

Pollard H, Bablis P, Walker S.

125. The BVM model: chiropractic "philosophy" back to the future".
3rd International Congress on Complementary Medicine Research Sydney, March 2008

Bablis P, Pollard H, Bonello R

124. A Randomised Controlled Pilot Study Of Neuro Emotional Technique For Low Back Pain. 3rd International Congress on Complementary Medicine Research Sydney March 2008

Bablis P, Pollard H, Bonello R

123. Anxiety & Depression Profile Of 188 Consecutive New Patients Presenting To A Neuro Emotional Technique Practitioner. 3rd International Congress on Complementary Medicine Research Sydney March 2008

Bablis P, Pollard H, Bonello R

122. A Retrospective Analysis Of 761 Consecutive New Patients Presenting To A

N.E.T Chiropractic Clinic. 3rd International Congress on Complementary Medicine Research Sydney March 2008

Brown BT, Bonello R, Pollard H

121. Lecture. A biopsychosocial approach to hypothyroidism.
3rd International Congress on Complementary Medicine Research Sydney March 2008

Karpouzis F, Pollard H, Bonello R.

120. Short term effects of the Neuro Emotional Technique (NET) for a cohort of children with medically diagnosed Attention Deficit/Hyperactivity Disorder (ADHD).
Chiropractic and Osteopathic Colleges of Australasia (COCA) National Annual Conference. October 25-26, 2008, Melbourne, Australia.

Karpouzis F, Pollard H, Bonello R.

119. One month data from a RCT of the Neuro Emotional Technique (NET) for children with clinically diagnosed Attention Deficit Disorder (ADHD).
ICSP (International Centre for the Study of Psychiatry and Psychology) 11th Annual ICSP Conference. October 10-12, 2008, Tampa, FA, USA.

Karpouzis F, Pollard H, Bonello R.

118. NET Intervention for children with clinically diagnosed Attention Deficit Hyperactivity Disorder (ADHD). Conference and Research Symposium on Chiropractic Pediatrics (presented by ICA council). April 18-20, 2008. Gold Coast, Australia.

Karpouzis F, Pollard H, Bonello R.

117. Adolescent with Separation Anxiety Disorder managed by the Neuro Emotional Technique: a case study.
Conference and Research Symposium on Chiropractic Pediatrics (presented by ICA council). April 18-20, 2008. Gold Coast, Australia.

Karpouzis F, Pollard H, Bonello R.

116. Neuro Emotional Technique (NET) for children with clinically diagnosed Attention Deficit Disorder (ADHD): Preliminary Data from a Randomized Controlled Trial.
Association of Chiropractic Colleges Educational Conference XV Research Agenda Conference XIII. Washington, DC. March 14 - 15, 2008

Karpouzis F, Pollard H, Bonello R.

115. Preliminary RCT Data: New Psychosocial Therapy, Neuro Emotional Technique (NET) for Childhood Attention Deficit Hyperactivity Disorder (ADHD).
ICCMR (International Congress of Complementary Medicine Research) 3rd Annual ICCMR Conference. March 29-31, 2008, Sydney, Australia.

Karpouzis F, Pollard H, Bonello R.

114. 34 cases from a RCT: Neuro Emotional Technique (NET) for children diagnosed with Attention Deficit Hyperactivity Disorder (ADHD).

ICCMR (International Congress of Complementary Medicine Research) 3rd Annual ICCMR Conference. March 29-31, 2008, Sydney, Australia.

2007

Pollard H

113. Invited Keynote: NET research update
NSW Australia November 21-24 2007

Pollard H

112. Invited Keynote: NET research update. Colorado USA August 16-18 2007

Kalamir A, **Pollard H**, Vitiello A, Bonello R.

111. Chiropractic Intraoral Craniomandibular treatment for Migraine- A case series. (Abstract submitted to World Federation of Chiropractic Biennial Congress to be held in Portugal, May 2007)

Kalamir A, **Pollard H**, Vitiello A, Bonello R.

110. A Randomized, Controlled Pilot Study of Chiropractic Craniomandibular Treatment for Chronic Temporomandibular Disorder. (Abstract submitted to World Federation of Chiropractic Biennial Congress to be held in Portugal, May 2007)

Pollard H

109. Invited keynote: Conditions of the shoulder and elbow.

Federation International Chiropractic Sportive (FICS) International Chiropractic Sports Science Diploma (ICSSD) program Sydney April 15-118, 2007

Pollard H

108. Invited keynote: Conditions of the wrist and hand.

Federation International Chiropractic Sportive (FICS) International Chiropractic Sports Science Diploma (ICSSD) program Sydney April 15-118, 2007

Karpouzis F, Pollard H, Bonello R.

107. A model of the research process for the design of a randomized controlled trial (RCT) investigating whether the addition of the Neuro Emotional Technique (NET) to an existing treatment can improve outcomes of children Attention Deficit/Hyperactivity Disorder (ADHD). Chiropractic and Osteopathic College of Australasia (COCA) National Conference October 21, 2006, Melbourne, Australia

Karpouzis F, Pollard H, Bonello R.

106. Methodology: Designing a randomized controlled trial (RCT) utilizing the PEDro Scale to determine whether the Neuro Emotional Technique (NET) is effective in the treatment of children with Separation Anxiety Disorder. Chiropractic and Osteopathic College of Australasia (COCA) National Conference October 21, 2006, Melbourne, Australia

Karpouzis F, Pollard H, Bonello R.

105. Methodology: A comparative clinical investigation to determine whether the addition of the Neuro Emotional Technique (NET) intervention to an existing treatment can improve outcomes of children with clinically diagnosed Attention Deficit/Hyperactivity Disorder (ADHD). Foundation for Chiropractic Research and Education (FCER) Annual Research Congress. September 15-16, 2006, Chicago, USA.

2006

Pollard H

104. Invited lecture. Diagnostic Pearls of the Shoulder. Melbourne February 2006,

Pollard H

103. Invited Lecture. Diagnostic Pearls of the Shoulder. Brisbane May 2006

Hoskins W, **Pollard H**, Bonello R

102. Plenary: Scope Of Sports Chiropractic Required For The Successful Prevention Of Hamstring And Other Lower Limb Injury
American College Of Sports Medicine 53rd Annual Meeting 31 May To June 3 2006, Denver Colorado USA

Pollard H

101. Invited keynote: Conditions of the hip and thigh. Federation International Chiropractic Sportive (FICS) International Chiropractic Sports Science Diploma (ICSSD) program Melbourne April 22-23, 2006

Pollard H

100. Invited keynote: Conditions of the knee. Federation International Chiropractic Sportive (FICS) International Chiropractic Sports Science Diploma (ICSSD) program. Melbourne April 22-23, 2006

Pollard H

99. Invited keynote: Conditions of the ankle and foot
Federation International Chiropractic Sportive (FICS) International Chiropractic Sports Science Diploma (ICSSD) program Melbourne April 22-23, 2006

Hoskins W, **Pollard H**, Reggars J, Vitiello A, Bonello R,

98. Plenary: The Current Status Of Research Within Australian Chiropractic Institutions: Implications And Directions For The Future Of The Profession
Foundation For Chiropractic Education And Research (FCER)
The Conference On Chiropractic Research. Sept 15-16, 2006 Chicago USA.

Pollard H, Hoskins W, Windsham R, Onley R, McHardy A

97. Plenary: Chiropractic Research On Peripheral Treatment: A Review Of Upper Limb Interventions. Foundation For Chiropractic Education And Research (FCER)
The Conference On Chiropractic Research. Sept 15-16, 2006 Chicago USA.

Pribicevic M, **Pollard H**, Bonello R

96. Plenary: The Treatment Of Shoulder Pain: Current Trends In Chiropractic And Manual Therapy Management. Foundation For Chiropractic Education And Research (FCER). The Conference On Chiropractic Research. Sept 15-16, 2006 Chicago USA.

Hoskins W, **Pollard H**, Daff C, Odell A, Garbutt P, Mchardy A, Hardy K, Dragasevic G

95. Plenary: Low Back Pain In Australian Rules Football: A Cross-Sectional Survey From The Junior To Elite Senior Level With Matched Non-Athletic Controls
Foundation For Chiropractic Education And Research (FCER)
The Conference On Chiropractic Research
Sept 15-16, 2006 Chicago USA.

Hoskins W, **Pollard H**, Daff C, Odell A, Garbutt P, Mchardy A, Hardy K, Dragasevic G

94. Plenary: Low Back Pain In Elite And Semi-Elite Australian Football Codes: A Cross-Sectional Survey Of Soccer, Australian Rules, Rugby League, Rugby Union And Non-Athletic Controls

McHardy A, **Pollard H**, Luo K

93. Plenary: One-Year Prospective Study On Golf Injuries In Australian Amateur Golfers. Foundation For Chiropractic Education And Research (FCER)
The Conference On Chiropractic Research. Sept 15-16, 2006 Chicago USA.

McHardy A, **Pollard H**, Luo K

92. Plenary: Golf-Related Lower Back Injuries: An Epidemiological Survey
Foundation For Chiropractic Education And Research (FCER)
The Conference On Chiropractic Research
Sept 15-16, 2006 Chicago USA.

Pribicevic M, **Pollard H**, Bonello H

91. Plenary: The Epidemiology Of Shoulder Pain In Chiropractic Practice: A Pilot Survey. Foundation For Chiropractic Education And Research (FCER)
The Conference On Chiropractic Research. Sept 15-16, 2006 Chicago USA.

Bonello R, Swain M, **Pollard H**

90. Plenary: Cervical Injuries In Rugby Union: Incidence, Severity, Etiology, And Prevention: A Prospective Cohort Study
Foundation For Chiropractic Education And Research (FCER). The Conference On Chiropractic Research. Sept 15-16, 2006 Chicago USA.

Pollard H, Swain M, Bonello R

89. Plenary: Chiropractic Management Of Cluster-Tic Syndrome: A Case Report
Foundation For Chiropractic Education And Research (FCER)
The Conference On Chiropractic Research. Sept 15-16, 2006 Chicago USA.

Hoskins W, **Pollard H**, Bonello R

88. Plenary: The Effect Of Sports Chiropractic On The Prevention Of Athletic Injuries: A Randomized Controlled Trial

Foundation For Chiropractic Education And Research (FCER)
The Conference On Chiropractic Research
Sept 15-16, 2006 Chicago USA.

Hoskins W, Mchardy A, **Pollard H**, Windsham R, Onley R
87. Plenary: Chiropractic Research On Peripheral Treatment: A Review Of Lower Limb Interventions. Foundation For Chiropractic Education And Research (FCER)
The Conference On Chiropractic Research
Sept 15-16, 2006 Chicago USA.

Karpouzis F, **Pollard H**, Bonello H
86. Plenary: A Comparative Clinical Investigation To Determine Whether The Addition Of The Neuro Emotional Technique (NET) To An Existing Treatment Can Improve Outcomes Of Children With Attention Deficit/Hyperactivity Disorder (ADHD)
Foundation For Chiropractic Education And Research (FCER)
The Conference On Chiropractic Research
Sept 15-16, 2006 Chicago USA.

Pribicevic M, **Pollard H**, Bonello R
85. A Randomized Controlled Clinical Trial Of Chiropractic Treatment For Shoulder Pain. Foundation For Chiropractic Education And Research (FCER)
The Conference On Chiropractic Research. Sept 15-16, 2006 Chicago USA.

Pollard H, Fernandez M, Mchardy A
84. Plenary: Deep Vein Thrombosis In A Patient Presenting To A Chiropractic Clinic: A Case Report. Foundation For Chiropractic Education And Research (FCER)
The Conference On Chiropractic Research. Sept 15-16, 2006 Chicago USA.

Pollard H
83. Invited presentation: Shoulder case presentations.
Chiropractic and Osteopathic College of Australasia
Practical solutions for shoulder pain
Brisbane Seminar Series. BRISBANE, Qld. Australia 2006

Pollard H
81-82. Invited presentation: Shoulder case presentations.
Chiropractic and Osteopathic College of Australasia
Practical solutions for shoulder pain. Brisbane Seminar Series
Practical Solutions for Shoulder Pain. Melbourne, Qld. Australia 2006

Hoskins WT, Pollard HP, Orchard JW.
80. Plenary: The effect of sports chiropractic on the prevention of hamstring injuries: a randomized controlled trial: 691: 2:30 PM - 2:45 PM.
Med Sci Sports Exerc. 2006 May;38(5 Suppl):S27.

2005
Hoskins W, **Pollard H**

79. Plenary: The effect of manual therapy on the prevention of hamstring injuries in Australian Rules footballers: a randomized controlled trial
New Zealand Sports Medicine and Science Conference
Queenstown, New Zealand – November 3-5, 2005

Hoskins W, **Pollard H**, Daff C, Odell A, Garbutt A, McHardy A, Hardy K
78. Plenary: Low back pain in elite and semi-elite Australian football codes (Australian rules football, soccer, rugby league and rugby union)
New Zealand Sports Medicine and Science Conference
Queenstown, New Zealand – November 3-5, 2005

Hoskins W, **Pollard H**, Hough K
77. Plenary: Rugby League: a review of the literature
New Zealand Sports Medicine and Science Conference
Queenstown, New Zealand – November 3-5, 2005

Schmerl M, **Pollard H**, Hoskins W
76. Plenary: Acetabular Labrum: an overlooked source of hip pain
New Zealand Sports Medicine and Science Conference
Queenstown, New Zealand – November 3-5, 2005

Pollard H, Hansen L, Hoskins W
75. Plenary: Developing cervical canal stenosis in a professional footballer
New Zealand Sports Medicine and Science Conference
Queenstown, New Zealand – November 3-5, 2005

Hoskins W, **Pollard H**, McDonald A
74. Plenary: Quadrilateral space syndrome: an unusual cause of shoulder pain and weakness. New Zealand Sports Medicine and Science Conference
Queenstown, New Zealand – November 3-5, 2005

Hoskins W, **Pollard H**, Daff C, Odell A, Garbutt A, McHardy A, Hardy K
73. Plenary: Low back pain in elite and semi-elite Australian football codes (Australian rules football, soccer, rugby league and rugby union)
Chiropractic and Osteopathic College of Australasia's 6th Biennial Congress
Melbourne, Australia – October 8-9, 2005

Hoskins W, **Pollard H**
72. Plenary: The effect of manual therapy on the prevention of hamstring injuries in Australian Rules footballers: a randomized controlled trial
11th Biennial South African Sports Medicine Association Congress
Johannesburg, South Africa – September 28 – October 1, 2005

Hoskins W, **Pollard H**, Hough K, Tully C
71. Plenary: Rugby league injuries: A review of the literature
11th Biennial South African Sports Medicine Association Congress
Johannesburg, South Africa – September 28 – October 1, 2005

Pribicevic M, **Pollard H**

70. Plenary: The treatment of shoulder pain: current trends in chiropractic management

11th Biennial South African Sports Medicine Association Congress
Johannesburg, South Africa – September 28 – October 1, 2005

Pribicevic M, **Pollard H**

69. Plenary: A randomized controlled clinical trial of manual therapy treatment for shoulder pain. 11th Biennial South African Sports Medicine Association Congress. Johannesburg, South Africa – September 28 – October 1, 2005

Pribicevic M, **Pollard H**

68. Plenary: A Randomized Controlled Clinical Trial of Chiropractic Treatment for Shoulder Pain WFC's and FCER's International Conference on Chiropractic Research. Sydney, Australia – June 16-18, 2005

Pollard H

67. Invited keynote: A Chiropractic/Osteopathic Approach to Rehabilitation of Chronic Neck and Back Pain: A NSW WorkCover Independent Chiropractic Consultant perspective. COCA Biennial Conference Melbourne October 2005

Pollard H

66. Grand Rounds Panelist: Chronic Neck and Back Pain. COCA Biennial Conference Melbourne October 2005.

Pollard H

65. Invited plenary: A Chiropractic/Osteopathic Approach to Rehabilitation of Chronic Neck and Back Pain: A NSW WorkCover Independent Chiropractic Consultant perspective. Law & Finance Group Sydney August 2005

Pollard H

64. Invited keynote: Diagnostic pearls in chiropractic / osteopathy. Chiropractic & Osteopathic College of Australasia Canberra, March. 2005.

Pollard H

63. Grand Rounds Moderator: Selection of cases for spine surgery. Chiropractic & Osteopathic College of Australasia Sydney 2005.

2004

Pollard H

62. Lecture: Stress and the biopsychosocial model of pain. Oxford university, Oxford UK, 2004

Pollard H

61. Lecture: Stress and the biopsychosocial model of pain.
University of East London, London UK, 2004.

Pollard H

60. Invited keynote: How NET research will change your practice.
Bolder Colorado. USA, 2004

Pollard H

59. Invited keynote: NET Research: Where are we and where are we going.
Bolder Colorado. USA, 2004

Pollard H

58. Invited keynote: Clinical cases in sports medicine. Alumni Association of
Chiropractic Graduates Macquarie University Sept. 2004

2003

Pollard H, Thompson P, Tuchin P

57. The effect of chiropractic treatment on the cervical spine of women aged
between 30 and 40 suffering from chronic neck pain.
Results of EMG analysis and ROM of the cervical spine
World Federation of Chiropractic Biennial Congress, USA 2003

Pollard H

56. Research for the busy clinician: Why is it important.
Golden Colorado. USA 2003

2002

Pollard H

55. Invited Workshop: How to write a case history paper Pt 2.
COCA Melbourne, Aust. 2002

Pollard H

54. Invited keynote: Workshop: How to write a case history paper.
Aust Spinal Research Foundation, Sydney, Aust. 2002

Pollard H

47-53. Musculoskeletal complications of spinal manipulation therapy.
COCA Risk Management conference series.
Sydney, Melbourne, Brisbane, Townsville, Adelaide, Perth,
Launceston, Australia. 2002

Pollard H

41-46. Invited keynote presentations: Diagnosis and management of common
foot and ankle problems.
Melbourne, Sydney, Canberra, Adelaide, Hobart, Australia. 2002

Pollard H

40. Invited key note: Diagnosis and management of common shoulders problems.

Canberra, Hobart Australia. 2002

Pollard H

39. Invited keynote: Research for the busy clinician: Why is it important.

Couran Cove Gold Coast Qld, Aust. 2002

2001**Pollard H**

38. Invited plenary: 3 x 1.5 hour lecture presentations on Sports Medicine to: Kjellberg Chiropractic Manipulative Therapists Association Annual Conference and AGM Townsville, Qld. 2001

Pollard H, Thompson P, Tuchin P

37. Plenary session: The effect of chiropractic treatment on the cervical spine of women aged between 30 and 40 suffering from chronic neck pain. World Federation of Chiropractic Biennial Congress, Paris, France. 2001

Pollard H

36. Invited Workshop: How to write a case history paper Pt 1.

COCA Melbourne, Aust. 2001

2000

35. Keynote presentation: Korean Chiropractic Association Post Grad Seminar Series. The shoulder: Examination, diagnosis and treatment, A multidisciplinary approach. Macquarie University Sydney Aust. 2000.

Pollard H, Ward G

34. Plenary presentation: The effect of a manipulation of the lumbar spine on the strength of the quadriceps: A preliminary study. New England Area Health Service Inaugural Rural Health Conference Tamworth "Custom, Fashion or Proof? Putting the evidence into practice." 2000.

Pollard H, Ward G

33. Plenary presentation: The effect of sacroiliac joint manipulation on flexibility of the hip. New England Area Health Service Inaugural Rural Health Conference Tamworth "Custom, Fashion or Proof? Putting the evidence into practice." 2000.

Pollard H, Ward G

32. Plenary presentation: The effect of Chiropractic manual therapy on chronic osteoarthritis of the knee. New England Area Health Service Inaugural Rural

Health Conference Tamworth "Custom, Fashion or Proof? Putting the evidence into practice." 2000.

Tuchin P, **Pollard H**, Bonello R

31. Plenary presentation: A randomised control trial of chiropractic spinal manipulative therapy for migraine. New England Area Health Service Inaugural Rural Health Conference Tamworth "Custom, Fashion or Proof? Putting the evidence into practice." 2000.

1999

Tuchin P, **Pollard H**, Bonello R

30. Prognostic indicators of chiropractic spinal manipulative therapy for migraine.

World Federation of Chiropractic Symposium, 1999 Auckland NZ

Tuchin P, **Pollard H**, Bonello R

29. A randomised controlled trial of chiropractic spinal manipulative therapy for migraine World Federation of Chiropractic Symposium, 1999 Auckland NZ

Pollard H

23-28. Invited Key note address: The Knee: Examination, diagnosis and treatment, A multidisciplinary approach.

Sydney, Brisbane, Adelaide, Perth, Townsville, Melbourne 1999

Pollard H.

22. Invited podium presentation: The role of chiropractic in the Australian Swim Team. Australian Institute of Sport. 1999

Pollard H

21. Podium presentation to: Aust Swimming Coaches Association AGM 1999.

Pollard H

20. Moderator to Plenary Session at the International Conference of soft tissue injury in manual therapy. Melbourne 1999

Pollard H

1419. Invited Keynote address: The shoulder: Examination, diagnosis and treatment, A multidisciplinary approach,

Sydney, Brisbane, Adelaide, Perth, Townsville, Melbourne 1999

Pollard H

13. Invited lecture: Neurology: examination, diagnosis and treatment. Grand rounds panel, Melbourne 1999.

1998

Pollard H

12. Invited Lecture to the musculoskeletal practitioners and athletes of NSW Swimming at the NSW Institute of Sport, Homebush 1998.

Pollard H

11. Invited Lecture and injury screening session to Leichhardt sports complex swim squad and coaches. Feb 7th 1998.

1997**Pollard H**

10. Invited Lecture to the musculoskeletal practitioners group of Australian Swimming Inc at the Aust Inst of Sport, Canberra 1997.

Pollard H

9. Invited: Podium presentation at the Conference on the Validation of Spinal Pain, Melbourne, Aug 23-24 1997.

1995**Pollard H**

8. MSc(Hons) to PhD conversion seminar to Faculty of Biomedical Sciences. The University of Wollongong. 1995.

1994**Pollard H**

7. Masters thesis defense, Faculty of Biomedical Sciences, The University of Wollongong. 1994.

1993**Pollard H**

6. Plenary lecture: Combined Perspectives in Orthopedics - A multi disciplinary forum. -Sydney Titled: Cervical radiculopathy: A chiropractic approach to treatment. 1993.

1992**Pollard H**

5. Lecture: Ancillary Chiropractic Procedures, Master Chiropractic Science Weekend Practical Course - Macquarie University. 1992.

Pollard H

4. Moderator: COMSIG conference on spinal pain, causes, diagnosis and management. 1992.

1991

Pollard H

3. Lecture to Nursing Association Course.-Sydney. 1991

Pollard H

2. Invited Lectures to Visiting Japanese Chiropractors: Sports Injuries & Orthopedic, Neurological and other safety testing.- Macquarie University. 1991.

1990

1. Pollard H

Several presentations to Faculty of Wollongong and Sydney Universities on sports physiology related topics. 1990.

6 COMMISSIONED REPORTS

6. Pollard H

Re-establishment of the Australasian College of Chiropractors. Chiropractors Association of Australia. February 2017.
(Confidential 100 page manuscript).

5. Pollard H et al

Musculoskeletal complications of spinal manipulation therapy.
Chiropractors & Osteopaths College of Australasia (COCA)
Distance education module: Assessment program. 2002

4. Pollard H et al

Musculoskeletal complications of spinal manipulation therapy.
Chiropractors & Osteopaths College of Australasia (COCA)
Risk Management program. 2002 :37-57

3. Vitiello A, Pollard H

Backpack use in school aged children.
A report for the Spartan Bag Company and the Chiropractors Association of Australia. 2000

2. Pollard H, Thompson P

The effect of chiropractic treatment on the cervical spine of women aged between 30 and 40 suffering from chronic neck pain: A report of findings to WorkCover Authority of NSW 1995.

1. Pollard H

The use of essay and modified essay assessment in chiropractic and osteopathic education.
ACCO competency standards document, 1995

Invited expert contributions to research

- 2007-8: Institute for Health and Rehabilitation Sciences
ICF Research Branch of the WHO CC FIC (DIMDI)
Ludwig-Maximilian University, Marchioninstr. Munich
- International project on the validation of the ICF Core Sets for low back pain from the perspective of physicians. (More than 65 experts of 37 countries have been invited to participate in our Delphi exercise).
- 2007-8 Adhesive capsulitis: Establishing consensus on diagnostic criteria: A Delphi study.
Discipline of Physiotherapy, School of Health Sciences,
University of Newcastle NSW Australia.
- 2007 Management of Chronic Back Pain (especially relating to neuropathic back pain)
SACOOR MEDICAL GROUP. International Pharmaceutical Industry Consultants
- 2006 Diagnostic Imaging Practice Guidelines for Musculoskeletal Complaints: A Delphi study
Département chiropratique, UQTR 3351, boul. Des Forges, C. P. 500 Trois-Rivières (Québec) Canada G9A 5H7
- 2006 What is the chiropractic subluxation: A Delphi Study.
Murdoch University, Perth Australia.
- 2003-4 "Evidence based management in acute musculoskeletal pain".
Faculty of Health Sciences, Queensland University Australia.

RESEARCH SUPERVISION:

I have supervised 12 post graduate research degree completions (9 PhD, 3 MSc). These candidates are part time chiropractors that are running private fulltime chiropractic clinics during their candidature. Unlike most candidates pursuing higher degrees, post-graduate chiropractic students prefer to complete their candidature as part time students so that they can maintain their clinical careers. Unfortunately, the effect of this preference is to delay the completions of their degrees. Importantly, many of these candidates have already achieved multiple C1 publications that will be submitted as a part of their theses.

Commenced

PhD

2021 Merkier C (London South Bank University (LSBU))
2021 Stephens D (CQU)

MSc

2021 Wassell M (CQU)
2021 Lee S (CQU)
2021 Twiss D (DUT)

Completions

PhD

2015 PhD DeLuca K (University of Newcastle)
2014 PhD Bablis P
2012 PhD Kalamir A
2011 PhD Brown BT
2011 PhD Pribicevic M
2011 PhD Hoskins W
2010 PhD Vitiello A
2007 PhD McHardy A
2003 PhD Tuchin P

MSc

2012 MSc Nelson L (Murdoch University)
2011 MSc(Hons) Karpouzis F
2011 MSc Swain M

1990-2010 First supervisor for approximately 10 small research projects in the research unit (2-8 credit points) of the Master of Chiropractic and the Post-graduate certificate in research preparation each year.

HIGHER DEGREE THESIS EXAMINATION

PhD

2020 **O Hagag:** Diode 905 nm laser and plasma rich platelets in the treatment of hamstrings second degree tear. National Institute of Laser Enhanced Science, Cairo University.

2004 **M Cameron:** Water exercise and manual therapies for arthritis. Victoria University (VUT)

MSc

2017 **M Fruitiger:** biopsychosocial risk factors in office workers with neck pain: a cross-sectional analysis. Macquarie University (MU)

2017 **F Fronzoni:** Does physical fatigue affect performance on the King-Devick Test? Macquarie University (MU)

MTech

2020 **M Dickens:** The relationship between foot structure, lower limb flexibility and foot strike pattern in male runners in KwaZulu-Natal. Durban University of Technology (DUT).

2019 **K Worth:** The effect of sacroiliac joint manipulation (SIJ) on gluteus maximus muscle activity in asymptomatic participants. Durban University of Technology (DUT)

2019 **M McLaren:** The effect of talocrural joint manipulation on muscle activity of the lower limb, balance, pain and disability in participants with chronic ankle instability syndrome. Durban University of Technology (DUT)

2018 **DJ Fenton:** The effect of cervical spine manipulation on grip strength and muscle activity in asymptomatic participants with cervical spine dysfunction. Durban University of Technology (DUT)

2013 **T Kinsman:** The prevalence and pattern of myofascial trigger points in the shoulder of swimmers as compared to non-swimmers in the Greater Durban area Durban University of Technology (DUT)

RESEARCH GRANTS: Total: In excess of half a million dollars.

2007 **Pollard H**
Private Grant: International College of Applied Kinesiology
\$23,000

2006 **Pollard H, Bonello R, Babilis P**
Private grant: ONE Research Foundation / Footlevelers US.
USD\$100,000

- 2006 **Pollard H**, Bonello R, Bablis P
Private grant: GM1
\$25,000
- 2006 **Pollard H**, Bonello R, Bablis P
Private grant: G1
\$25,000
- 2005 **Pollard H**, Bablis P, Brown B, Bonello R
Australian Spinal Research Foundation
\$28,000.
- 2005 Hoskins W, **Pollard H**
Australian Spinal Research Foundation
\$14,000.
- 2004 McHardy A, **Pollard H**
MURG post graduate grant from Macquarie University \$4000
- 2004 Harris W ,Walker S, **Pollard H**, Bablis P et al
\$270,000 USD pledges for ONE Research Foundation.
- 2003 Walker S, Bablis P, **Pollard H** et al
\$400, 000 USD pledge to ONE Research Foundation.
- 2002 Bablis P, **Pollard H**, Vemulpad S
\$10, 000 from ONE Research Foundation
- 2002 Vitiello A, **Pollard H**, Bonello R
\$14,000 ENAR Ltd: Randomised controlled trial of the ENAR
therapy unit.
- 1999 Vitiello A, **Pollard H**, Bonello R
\$15 000 from the Spartan Bag Company and the Chiropractors
Association of Australia
- 1997-8 **Pollard H**
\$5240 made up of several small grants (\$300-\$1500) from the
Aust Spinal Research Foundation
- 1998 **Pollard H**
Small grant of \$1300 from University of Wollongong for
MSc(Hons) degree
- 1994 **Pollard H**

\$15,000 Electromyographic Alteration in Paraspinal Muscles as a Result of Changing Mattress Hardness. A Pilot Study.
Aust Spinal research Foundation

1994 **Pollard H**
2 grants totaling approximately \$32 000 from WorkCover Authority NSW for research into chronic neck and arm pain in female office workers

1993 **Pollard H**
MURG teaching release grant from Macquarie University \$4000

Journal EDITORIAL/ Reviewer POSITIONS:

2021-present Editor, Chiropractic Journal of Australia
2022 Reviewer: American Journal of Case Reports
2016-present Reviewer: Chiropractic Journal of Australia
2012 Reviewer: Intercontinental Journal Of Medicine And Medical Sciences
2011 Reviewer: Journal of Community Medicine & Health Education
2011 Reviewer: Patient Related Outcome Measures
2011-present Reviewer: Journal of Multidisciplinary Healthcare
2011-2018 Reviewer: Journal of Pain Research
2011-present Reviewer: Open Access Journal of Sports Medicine
2010 Reviewer: BMC Public Health
2010 Reviewer: Journal of Occupational Rehabilitation
2009-present Reviewer: Journal of the Canadian Chiropractic Association
2007 Reviewer: Journal of Brachial Plexus and Peripheral Nerve Injury
2006-present Reviewer: Journal Manipulative & Physiological Therapeutics, Elsevier
2006-present Reviewer: Complementary Therapies in Medicine, Elsevier
2005 Reviewer: South African National Health & Medical Research Council
2005 Reviewer: International Journal of Osteopathy, Elsevier.
2004-present Reviewer: British Journal Sports Medicine
2014-present Reviewer: BMJ Open Sport & Exercise Medicine
2005-2012 Reviewer: BMC Chiropractic & Osteopathy
2002-4 Sub Editor: Australasian Chiropractic and Osteopathy
(Journal of the Chiropractors and Osteopaths College of Australasia)
2000-01 Associate Editor: Australasian Chiropractic and Osteopathy
1997-9 Co-Editor: Australasian Chiropractic and Osteopathy
1996-7 Associate Editor: Australasian Chiropractic and Osteopathy
2010-5 Editorial Board: Journal of Applied Golf Research
1990-2000 Grant reviewer: Australian Spinal Research Foundation
2008 Grant Reviewer: Hamblin Chiropractic Research Trust Fund, New Zealand

Advancement of knowledge through teaching

To be recognized as an expert clinician requires a strong reputation amongst your peers, substantial expertise in a given area, multi-disciplinary diagnostic skills, and maintenance of a high level of knowledge of current treatment or developments in disease pathogenesis.

My recognition as an expert clinician is acknowledged through invitations to present at many multi-disciplinary conferences, membership of grand rounds panels, referrals from chiropractic and non-chiropractic practitioners, selection to national and international representative teams, medico-legal expert witness, and acting as a reviewer for several chiropractic and non-chiropractic journals as well as the Independent chiropractic consultant to the WorkCover Authority of NSW.

In recent years my academic role has focused more on clinically based teaching, diagnostic/clinical reasoning skills and research supervision and teaching. I specialize in teaching in the clinical arena and in sports medicine and clinical outcomes, where I have had outstanding TEDS evaluation to document my development and expertise in this arena. I have been actively involved in the units of clinical tutorials, and research supervision, sports medicine and electrophysical therapy studies recently.

The following are a list of units that I have taught and the unit notes that I have authored for each one.

(Year, Title, Degree program)

1991-4	Neurology: (MChiro, MChiroSc)
1992	Research Methodology: (MChiro, MChiroScMChiroSportSc) Applied Chiropractic1-IV (MChiroSc, MChiroSport Sc) Ancillary Procedures: (MChiroSc, MChiroSportSc)
1994-8	General Injuries in Sport (MChiroSportSc) Pre participation examination / screening:(MChiroSportSc) Motor Learning (MChiroSportSc)
1995-9	Specific injuries in sport (MChiroSportSc) Sport Psychology (MChiroSportSc) Sports Nutrition (MChiroSportSc) Sports Podiatry (MChiroSportSc) Peripheral biomechanics (MChiroSc, MChiroSportSc)
2001-2009	Sport medicine (MChiro)
2003-2010	Electrophysical therapies (MChiro)
2005-9	Graduate Certificate In Research Preparation
2008-10	Peripheral Orthopedics (MChiro)

University Teaching

DEGREE / COURSE DEVELOPMENT:

- 1. Doctor of Health Practice (chiropractic) (2010)**

Unit Co-ordinator:

Time based research project (70 credit points)

2. M Chiropractic (7 units)

Unit co-ordinator	Research Methods	(1990-1994)
	Neurology	(1990-1994)
	Research Project	(1990-1994, 1997-8)
	Occupational Health & Safety	(2001)
	Clinic Workshop	(1990-2001)
	Sports Medicine & OHS	(2001-2009)
	Electrophysical therapy	(2003-2010)

3. Master of Chiropractic Science (10 units)

Degree co-ordinator		1996-8
Unit co-ordinator	All units	(1996-8)

4. Master of Chiropractic Sport Science / Grad Dip Chiropractic Sport Science (20 units)

Degree co-ordinator		1994-2000
Unit co-ordinator	All 20 units	1994-2000
	CHIR 800-CHIR 820	

5. Graduate certificate in Research Preparation

Program co-ordinator		2005-2009
Unit Co-ordinator	ELS816 Reading unit.	2005-2009

GOVERNMENT POSITIONS:

2003-present	Independent Chiropractic Consultant WorkCover Authority NSW
1996-2000	Assessor for the Joint Education Committee of Australian Combined Chiropractors & Osteopaths Registration Boards (ACCORB)
1992-present	NSW Registration Board Examiner.
1992-2010	Member NSW Registration Board Examination Committee.

TEACHING EXPERIENCE: 1988 to the present

1988 -91	Tutor Skills Dept, Centre for Chiropractic, Macquarie University.
1988-2010	Macquarie University Clinical Proficiency (Board Exam) examiner.
1990	Appointed Lecturer; Macquarie University (Centre for Chiropractic: three fifths fractional position).
1991-94	Lecturer Neurology
1991- 2010	Supervisor Centre for Chiropractic Outpatient Clinic
1991	Pre - clinical studies lecturer

1991-2010	Applied Chiropractic Lecturer (Peripheral joint management / sporting injuries)
1992	Lecturer and co-ordinator research methodology.
1992	Tutor Gonstead Methods, Skills Department.
1992-3	Royal Melbourne Institute of Technology (RMIT) Clinical Proficiency (CP5) examiner (Clinical exam for final year chiropractic interns)
1992-2000	NSW Registration Board Examiner.
1992-2000	Member NSW Registration Board Examination Committee.
1991-97	Head Dept Diagnosis, Centre for Chiropractic Macquarie University
1996-2000	Assessor for the Joint Education Committee of Australian combined Chiropractors and Osteopaths Registration Boards (ACCORB)
1996-1998	Post Graduate Course Co-ordinator Centre for Chiropractic, Macquarie University
1994-1998	Post graduate course developer and co-ordinator for the Master of Chiropractic Sport Science program at Macquarie University
1998-8	Post graduate course co-ordinator for the Master of Chiropractic Science program at Macquarie University
2001	Promotion to Senior Lecturer
2001-2010	Developer & co-ordinator Sports Medicine unit (M Chiro)
2003-2010	Developer & co-ordinator Electrophysical therapy unit (M Chiro)
2005-2010	Developer & co-ordinator Graduate certificate in research preparation. Multiple research related topics.

MAJOR UNIVERSITY COMMITTEE REPRESENTATIONS:

Apart from a great many committee responsibilities over the last 18 years, the following major committee participations represent areas of important planning and management.

Macquarie University

2004-2009	Chair, Dept. Health & Chiropractic Research Committee
2004-present	Member Chiropractic Advisory Board
2004-2010	Department of Chiropractic Library Committee.
1990-1996	Member of Macquarie Chiropractic Outpatient Clinic committee.
1988-2010	Macquarie Chiropractic Outpatient Clinic, Clinical examiner
2005-6	Committee for the Professional Doctoral Program Dept Health & Chiropractic Macquarie University.
2005-2008	Chair, Committee for the Post Graduate Certificate in Research Preparation
2004-2008	Chair: Research Committee Dept Health & Chiropractic Macquarie University.
2002-2010	Course (Continuing education & practice accreditation) advisory board

- 1996-2000 Post Graduate Course Coordinator Centre for Chiropractic, Macquarie University
- 1995-2010 Committee for curriculum development Centre for Chiropractic, Macquarie University
- 1991-2000 Head Department Diagnostic Sciences, Centre for Chiropractic, Macquarie University
- 1992-2000 Occupational Safety Program Committee
- 1992-6 Development Committee of the Master of Chiropractic Science degree
- 1993-5 Development Committee of the Grad Dip in Chiropractic Sports Science and the Master of Chiropractic Sports Science

NSW Chiropractors Registration Board

- 1998 Member of Clinical Studies Review Committee
- 1989-present Member of Examinations Committee

Australian Spinal Research Foundation

- 1992 to present Research proposal reviewer

Australasian Council on Chiropractic Education

- 1988-1994 Member Commission on Professional Competency

Phillip Institute of Technology, School of Chiropractic

- 1989 Clinical proficiency examiner (final clinical exit exam)

CLINICAL BACKGROUND (EXPERIENCE):

Private practice 35 years, Local, State, Australian amateur & professional sports chiropractor, Chiropractor to private enterprise.

- 2003-present Independent chiropractic reviewer. WorkCover NSW/SIRA.
- 2004-5 Sports Chiropractor to the Taren Point Titans A Grade RLFC
- 2002-3 Sports Chiropractor to the Cronulla-Caringbah JRLFC
- 1999 Sports Chiropractor for Australian Swim Team
World Short Course Championships, Hong Kong
- 1998-99 Sports Chiropractor to the NSW Institute of Sport Swim Squad
- 1998 Sports Chiropractor for Uncle Tobys Super Series (Surf Ironman)
- 1998 Sports Chiropractor for Whitbread Around the World Yatch Race
Sydney - Auckland Leg
- 1998 Sports Chiropractor Leichhardt Sports Complex Elite Swim Squad
- 1998-2003 Sports Chiropractor to Kurnell Stingrays A grade Rugby League Club
- 1996 Sports Chiropractor for Australian Olympic Swim Trials, Homebush

- 1996-1999 Sports Chiropractor for the International Swimming Skins, Homebush
- 1996-1999 Sports Chiropractor to Trinity Grammar Elite Swim program
- 1996-1999 Sports Chiropractor to Wilkinson Elite Swim program
- 1996-2001 Consultant Sports Chiropractor to Australian Swimming Inc
- 1994-2005 Sports Chiropractor to Cronulla Seagulls Soccer Club
- 1994-6 Sports Chiropractor to De La Salle A grade Rugby League Club
- 1989-90 Chiropractor for the Syd-Melb Ultra marathon
- 1988-91 Chiropractor to numerous marathons and ultra marathon events
- 1989-90 Chiropractor for Stawell Gift and other professional sprint races
- 1986-present Chiropractor to numerous local athletic, swimming, triathlon and table tennis competitions
- 1986-present Private practice sports chiropractor
- 1984-5 Sport and remedial massage therapist

**CONTINUING CLINICAL EDUCATION:
33 years university experience.
More than 100 seminars / conferences.**

10-12 July 2019: Cochrane Training: Writing a systematic review following Cochrane methods

Radio Interview

2019 21/06/19 Interview on ABC Radio (Capricornia) with Ms Jacqui Mackay on the morning drive program
Topic: The high rate of Rugby League injuries and resultant surgery and their role in cutting short player careers.

Leadership in Professional Societies

- 2019-present Head, Australasian Institute of Chiropractic Education
- 2007-20 FICS Research & Education Committees
- 1998-2005 Vice president Chiropractors & Osteopaths College of Aust. (COCA)

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