

# Giselle Foss

## CHIROPRACTIC PHYSICIAN

### CONTACT:

Cell:201-247-4524  
giselle.foss1@gmail.com

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### CAREER OBJECTIVE

I am a licensed Chiropractor in the state of New Jersey with a passion for teaching as well as private practice.

### WORK EXPERIENCE

#### Chiropractic Physician

Advanced Sports Medicine | October 2020 to present

- Thoroughly evaluates, diagnoses, and treats patients with evidence-based chiropractic care.

#### International Certificate for Sports Chiropractic Instructor

FICS | December 2021 to present

- Teaches Chiropractors internationally on the topic of treatment considerations and training for the menstruating athlete via prerecorded lecture .

#### Reproductive Health Educator

Self-Employed | March 2020 to present

- Educates and instructs women on menstrual cycles, fertility, hormones, diet, exercise, and supplementation to aid in cycle regulation via ZOOM and prerecorded lectures .

#### Tutor

Eastern School of Acupuncture | Nov. 2020 to present

- Tutors fellow students 1 -on-1 and in small group settings in 1st year Acupuncture classes .

#### Yoga Instructor

Self Employed | December 2016 to present

- Teaches group biomechanically researched yoga classes multiple days a week.
- Teaches custom-tailored private yoga classes to clients with various health limitations and restrictions multiple times a week .

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### EDUCATIONAL TRAINING

#### New York Chiropractic College

Doctor of Chiropractic

- Attended Sept. 2017 to October 2020

#### North East College of Health Science

Bachelors in Health Science

- Attended Sept. 2017 to December 2018

#### University Of Hartford

- September 2014-December 2016

#### Eastern School of Acupuncture and Traditional Medicine

Candidate for Certificate in Traditional Herbal Medicine

- Currently Enrolled: January 2022 to present - Expected Graduation: December 2024

#### The Yoga Shop

-200 Hour Registered Yoga Teacher

- September 2016-December 2016

#### Wild Essence School of Feminine Alchemy

-200 Hour Registered Yoga Teacher

- August 2019-October 2019

#### Wild Essence School of Feminine Alchemy

-1000 Hour Advanced Yoga Facilitator

- April 2020-October 2020

### PROFESSIONAL SKILLS

- Educating Post-Graduate level professionals
- Creating Lesson plans
- Teaching/Lecturing in front of large groups of people
- Properly Diagnosing patients through evidence-based examination
- Evidence-based patient care

#### Eastern School of Acupuncture and Traditional Medicine

Candidate for Masters of Acupuncture

- Currently Enrolled: April 2020 to present
- Expected Graduation: Spring 2023

#### Wild Essence School of Feminine Alchemy

-500 Hour Registered Yoga Teacher

- December 2019-March 2020

CHARACTER  
REFERENCES  
AVAILABLE UPON  
REQUEST