

Dr. Erik Reis DC, DACNB, CBIS

Dr. Erik Reis is a Doctor of Chiropractic Medicine and Board-Certified Chiropractic Neurologist at The Neural Connection in Minneapolis, MN, USA. He received his Doctorate in Chiropractic Medicine from Northwestern Health Sciences University, graduating with magna cum laude honors, and graduated from the University of Minnesota with his Bachelor of Science degree in Kinesiology/Exercise Science.

Dr. Reis holds a Diplomate in Neurology from the American Chiropractic Neurology Board and has completed a vast amount of additional post-graduate coursework utilizing clinical applications and therapeutic interventions in the neurological and nutritional rehabilitation of traumatic brain injuries, concussions, and vestibular disorders through the Carrick Institute of Clinical Neuroscience. Dr. Reis is also a Certified Brain Injury Specialist through the American Brain Injury Alliance and has been a clinical educator with Erchonia for the past two years after working extensively with their world-class technologies for nearly a decade.

At The Neural Connection, his practice primarily focuses on treating complex neurological disorders that range from traumatic brain injuries (TBI's), dysautonomia, sport-related concussions, vestibular-related disorders (Vertigo/Dizziness), complex regional pain syndromes (CRPS), headaches/migraines, and chronic pain syndromes. His treatments focus on individualized neurological rehabilitation protocols to increase function through sensorimotor training and neuro-orthopedic exercises.

He manages pain and dysfunctional movement by utilizing corrective exercises, gait-retaining protocols, and individualized neuromuscular training programs that fit his patients' specific needs. He also utilizes comprehensive nutritional and metabolic testing to address potentially limiting dysfunctions of the immune, endocrine, and nervous systems.

Dr. Reis believes the connection between neurological function and nutritional status is essential to understanding how to fully maximize brain function, which is why he takes a multifaceted approach to improving his patient's brain health and wellness.

Dr. Reis is also the Co-Founder and Director of Health and Wellness at Nobody Studios; A rebel venture studio focused on the radical ideation, innovation, and creation of people-first start-up companies.