

# CURRICULUM VITAE

**NAME:** Richard (Rick) Arthur AMES

**ADDRESS:** 3/1 Cavanagh Road  
LOWER PLENTY VIC 3093

**TELEPHONE:** (03) 9925 7394 [RMIT University]

**EMAIL:** [rick.ames@rmit.edu.au](mailto:rick.ames@rmit.edu.au)

**DATE OF BIRTH:** 1st April, 1954

**NATIONALITY:** Dual citizenship:  
Australia  
United States of America

## ACADEMIC/PROFESSIONAL QUALIFICATIONS:

- Bachelor of Science (Biology), Loyola University of Los Angeles; 1976
- Doctor of Chiropractic (DC), Los Angeles College of Chiropractic; 1980
- Diplomate, National Board of Chiropractic Examiners U.S.A.; 1980
- State Board certification, California State Board; 1981
- Fellow of the Australasian College of Chiropractic Science (FACCS), Australasian Council of Chiropractic and Osteopathic Education; 1989;
- International Chiropractic Sports Practitioner (ICSP) 1999 & 2019; [Formerly International Chiropractic Sports Science Diploma (ICSSD)].
- Fellow of the Australasian College of Chiropractors (FACC); 2008

## CURRENT ACADEMIC/PROFESSIONAL POSITIONS:

- Senior Lecturer (Full Time),  
Discipline of Chiropractic, School of Health Sciences, RMIT University
- Private professional practice, Advantage Sports Chiropractic, 96 Canterbury Rd., Canterbury VIC 3126

## ACADEMIC/PROFESSIONAL EXPERIENCE:

### 1. Academic:

- 1982 - 1987; Lecturer (Part-time) Department of Chiropractic Science, Phillip Institute of Technology
- 1987 and 1988; Member of the teaching staff for the post-graduate certificate course in Physiological Therapeutics sponsored by Phillip Institute of Technology.
- 1988 - 1992; Lecturer (Sessional) Department of Chiropractic and Osteopathic Science, Phillip Institute of Technology.
- 1992 - 1994; Lecturer(Full Time) Faculty of Biomedical and Health Science, Department of Chiropractic and Osteopathy and Complementary Medicine, Royal Melbourne Institute of Technology.
- 1993 - 1994 – Development committee for Master of Applied Science programs (Sports Chiropractic, Musculoskeletal Management, Animal Chiropractic streams) by coursework; Department of Chiropractic and Osteopathy and Complementary Medicine, Royal Melbourne Institute of Technology.

- 1994 - 2002; Course Co-ordinator, Master of Applied Science (Sports Chiropractic); The Chiropractic Unit; Faculty of Biomedical and Health Sciences and Nursing
- 2000 – 2002 – Development committee for Master of Clinical Chiropractic, The Chiropractic Unit, Department of Complementary Medicine, Faculty of Life Sciences, RMIT University
- 1995 - current; Senior Lecturer (Full Time) Discipline of Chiropractic, School of Health Sciences, RMIT University.(Please see CURRENT POSITIONS above).
- 2003 – 2006; Coordinator, BP038 Undergraduate Chiropractic Program; The Chiropractic Unit, Department of Complementary Medicine, Faculty of Life Sciences, RMIT University
- 2006 – 2009; Coordinator, Master of Clinical Chiropractic Program; Division of Chiropractic, School of Health Sciences, RMIT University
- 2010 – 2015; Development Committee for the BP280 BAppSc/BHSc (Chiropractic) program
- 2015 – 2019; Yr3/Yr4 Coordinator; BP280 BAppSc/BHSc (Chiropractic)

## 2. Professional:

- 1980 - 1982; Private practice at the Anaheim Hills Chiropractic Clinic, California, U.S.A.
- 1982 - 1984; Clinical practice at the West Heidelberg Community Health Centre; sponsored by Department of Chiropractic Science, Phillip Institute of Technology
- 1983 - 1987; Private practice at the Bundoora Chiropractic Centre.
- 1984 - 1997; Volunteer chiropractic practice; Hawthorn Weightlifting Club training rooms.
- 1988 - 1992; Private practice at the Rosanna Chiropractic Health Centre.
- 1992 - 1999; Private practice at the Melbourne Sports Clinic.
- 1999 – 2009; Private practice; Advantage Sports Chiropractic, 346 Burwood Road, Hawthorn Victoria 3122
- 2009 – 2011; Private practice; Advantage Sports Chiropractic, 621 Camberwell Road, Camberwell 3124
- 2011 – current; Private practice; Advantage Sports Chiropractic, 96 Canterbury Road, Canterbury, 3126
- 1994 – 2002; Preferred practitioner status (Chiropractor), Victorian Institute of Sport
- 1993 - 1997; External chiropractic clinical consultant, Victorian Transport Accident Commission
- 1994 – 1997; External clinical consultant, Victorian WorkCover Authority.
- 1995 – 2001; Member of the Board of Associate Editors, Journal of Sports Chiropractic & Rehabilitation
- 2004 - 2017; Member, Professional Standards Committee, Chiropractors Association of Australia (Vic)

## REGISTRATION AND LICENSURE:

- AHPRA/Chiropractic Board of Australia - Registration # CHI0000940306 -current
- Chiropractors Registration Board of Victoria #452; 1982 - 2010.
- Chiropractors and Osteopaths Registration Board of Victoria #452; 1982 (now defunct).
- Chiropractors Registration Board of New South Wales #CP0007287; 1983.
- Radiation Device Operator's Licence #110901853, Health Department of Victoria; 1985 to current.
- State of California Practice License #13926; 1981.
- Radiation Device Operator's/Supervisor Licence, State of California; 1981.

## PROFESSIONAL ASSOCIATIONS AND MEMBERSHIPS:

- Chiropractors' Association of Australia (CAA)
- Sports Council, Chiropractors' Association of Australia
- Federation Internationale de Chiropractique Sportive(FICS) - Full Member



**PUBLICATIONS & MANUSCRIPTS:**

- 16 publications; 10 manuscripts - Appendix 1

**PRESENTATIONS, PANEL DISCUSSIONS AND SUBMISSIONS:**

- 54 citations – Appendix 2

**RELEVANT ACADEMIC, PROFESSIONAL AND COMMUNITY CONTRIBUTIONS:****1. INSTITUTIONAL LEADERSHIP**

- School of Chiropractic representative on the Phillip Institute of Technology Computer Advisory Committee; 1985-1986
- Department of Chiropractic Science representative on the School of Chiropractic School Board; 1986 - 1987 and School Extension Activities Committee; 1985 - 1986
- Member, Clinics Management Committee, School of Chiropractic and Osteopathy; 1992
- Member, Curriculum Review Committee, School of Chiropractic and Osteopathy; 1993
- Co-ordinator for the area of Neuromusculoskeletal Health Sciences; 1993
- Member, x-ray protocol subcommittee; The Chiropractic Unit, School of Chiropractic and Osteopathy, RMIT University; 1994
- 1998 Chiropractic Student Selection Officer, The Chiropractic Unit, School of Chiropractic and Osteopathy, RMIT University
- Member, Academic Staff Committee; Department of Chiropractic, Osteopathy and Complementary Medicine, RMIT
- Member, Staff-Student Consultative Committee, Department of Chiropractic, Osteopathy and Complementary Medicine, RMIT
- Alternate Bundoora Campus representative, RMIT University Occupational Health and Safety Committee – 1998 – 1999
- Department of Complementary Medicine representative on Faculty Of Life Science's Occupational Health And Safety Committee - 2002
- School of Health Sciences representative on Students Committee of the Science Engineering And Technology Portfolio - 2008

**2. PROFESSIONAL LEADERSHIP**

- Member of the ACA (Victorian Branch) Continuing Education Committee; 1985
- Interim Board Member, Education Committee, Chiropractors' Association of Australia, Sports Council, 1994-1995
- RMIT representative; Education Committee, Federation Internationale de Chiropractique Sportive (FICS), 1994- continuing

**3. COMMUNITY SERVICE**

- Team physician for the Anaheim Hills Pop Warner Gridiron Teams, California, U.S.A.; 1981 - 1982
- Participant and supervisor for students at posture screening programs held in various shopping centres and health fairs both in Victoria and California, U.S.A.
- Co-ordinated Scoliosis screening programs for children at the West Heidelberg Community Health Centre
- Consultant, Design Council of Australia; 1986
- Member of support team for Dr. Robert Bruner, ultra-marathon runner, Melbourne to Sydney marathon; 1986
- Team chiropractor for the Victorian State weightlifting team at the 1991 and 1992 National Championships

- Member of the medical team for the Australian Weightlifting Team at the 1984 Australian Games; the 1986 Weightlifting World Cup and the 1985 - 1992 Moomba International Weightlifting Tournaments
- Member of the medical team and team chiropractor for the Hawthorn Olympic Weightlifting Club and the Victorian weightlifting team; 1984 - 1993
- Co-ordinated a posture screening programme for primary and secondary students touring the M.C.G. Gallery of Sport
- Member of the health care coverage organisational committee for the 1994 World Weightlifting Championships
- Member of the sports medicine coverage organisational committee and worked at World Police and Fire Games held in Melbourne on February 26th - March 4th 1995
- Organised chiropractors for and worked at Australian Masters Games (Weightlifting), Melbourne 1995.
- Organised chiropractors and students for and worked at the Southern University Games, Geelong, Victoria July 2004.

#### **AWARDS AND HONOURS:**

- Outstanding Contribution to the Profession Award - 2012. Chiropractors' Association of Australia (VIC)
- International Who's Who in Medicine, 1st Edition; 1987
- Award for most outstanding contribution, Journal of the Australian Chiropractors' Association; 1985
- Delta Sigma, Honorary Scholastic Society Membership; 1980
- Dean's List; Los Angeles College of Chiropractic; 1980

**REFEREES:**

1. Dr. Sandra Gason, Head of Discipline, RMIT University, Discipline of Chiropractic, PO Box 71, BUNDOORA VIC 3083, AUSTRALIA. 61-3-9925 7311.
2. Dr. Andrew Garnham. Sports Physician; Alphington Sports Medicine Centre, 339 Heidelberg Road, NORTHCOTE VIC 3078. (03) 9481 5744.
3. Mr. Tim Schleiger, Director - The Sports Clinic of Melbourne, 1b St Edmonds Rd, Prahran Vic 3181; 03 9088 0259; admin@sportsclinicmelb.com.au

# APPENDIX I

## PUBLICATION & MANUSCRIPT LIST

- Nelson L, Pollard H, Ames R, Jarosz B, Garbutt P, Da Costa C. A descriptive study of Sports Chiropractors with post graduate qualifications. Poster presentation. FICS Symposium, Washington, March 2017.
- Ames R. Practical Assessment and Treatment Manual: Upper Extremity – Shoulder & Arm; Elbow & Forearm; Wrist & Hand; RMIT University, Discipline of Chiropractic, Copyright © Rick Ames, RMIT University, 2020.
- Ames R. Practical Assessment and Treatment Manual: Lower Extremity – Pelvis, Hip & Thigh; Knee & Lower Leg; Ankle & Foot; RMIT University, Discipline of Chiropractic, Copyright © Rick Ames, RMIT University, 2020.
- Ames R, Jarosz BS, Baglin J, Da Costa C . Functional Knee Extension Test (FKET): inter-rater palpatory agreement of a non-weight bearing functional assessment of the knee. J. Bodyw Mov Ther 2015, 19(4):656-65.
- Ames R. Commentary/Opinion: Is the inclusion of proprietary techniques systems in a chiropractic education program supported by learning and teaching principles? Proceedings of WFC/ACC/CCIAP Education Conference: Translating evidence into practice. Perth WA, 26 -29<sup>th</sup> September 2012
- Brice SR, Jarosz BS, Ames RA, Baglin J, Da Costa C. The effect of close proximity holographic wristbands on human balance and limits of stability: A randomised, placebo-controlled trial, Journal of Bodywork & Movement Therapies 2011, 15(3):298-303.
- Jarosz B, Ames R. Chiropractic Management of a Medial Meniscus Tear in a Patient with Tibiofemoral Degeneration: A Case Report. J Chirop Med 2010; 9:200-208.
- Ames R, Perle S. Overview of sports injuries management. In: Conservative management of sports injuries 2<sup>nd</sup> ed. Hyde T, Gengenbach M, Editors. Boston: Jones and Bartlett Publishers; 2006: 3 -16.
- Perle S, Ames R. The Pelvis, Hip and Thigh In: Conservative management of sports injuries 2<sup>nd</sup> ed. Hyde T, Gengenbach M, Editors. Boston: Jones and Bartlett Publishers; 2006: 613-660
- Konczak C, Ames R.. Relief of internal snapping hip syndrome in a marathon runner after chiropractic treatment. J Manipul Physiol Therap 2005;28:67.e1-67.e7.
- Ames RA. Peripheral joint technique manual: (3<sup>rd</sup> ed). Bundoora, RMIT Press, 2002.
- Ames RA. Common weightlifting injuries and their chiropractic management: a clinical review. Part 1: A clinical framework for management. J Sports Chirop Rehabil 1998, 12(2):65-70.

- Ames RA. Common weightlifting injuries and their chiropractic management: a clinical review. Part 2: Injury and management overview. *J Sports Chiropr Rehabil* 1998, 12(2):71-80.
- Ames RA. Syndromes of the elbow, wrist & hand, hip, ankle & foot. In: Ames RA (ed). 1996 RMIT/FICS/NWCC Certified Chiropractic Sports Practitioner Hands-on Workshop. Bundoora, RMIT Press, 1996/97.
- Ames RA. Peripheral joint and soft tissue syndromes. Bundoora, RMIT Press, 1996.
- Ames RA, Bryner P. Peripheral joint technique laboratory manual (2<sup>nd</sup> ed). 1996.
- Ames RA (ed). Mechanically assisted technique laboratory manual (4th ed). Bundoora, RMIT Press, 1996.
- Ames RA. Postural examination laboratory manual (4th ed) [Monograph]. Bundoora, RMIT Press, 1996.
- Ames RA, Kleynhans AM, Kleynhans R. Correlative chiropractic practice: study guides, case histories and readers (6th ed). Bundoora; RMIT Press, 1996.
- Ames RA. Conservative chiropractic management for traumatic disc herniation in a weightlifter: a case study. Poster presentation at the Chiropractors' Association of Australia conference, October 1993.
- Ames RA. The fundamentals of palpation (4th edition), Bundoora: PITPress, 1991.
- Ames RA. Book Review: Evaluation of isokinetic equipment. *J Aust Chiropractors' Association*, 1989; 19(1):37-8.
- Leboeuf C, Ames RA, Griffith SW, Keswani K. Shoulder asymmetry and handedness in nine adolescents. *J Aust Chiropractors' Association*, 1988; 18:122-4.
- Ames RA. The role of the chiropractor in athletic health. In: Australian Sports Medicine Federation. Proceedings from the 1987 National Scientific Conference: Volume 1, 321-42.
- Ames RA, Marchant A. Leg length inequality in the amateur athlete. In: Australian Sports Medicine Federation. Proceedings from the 1987 National Scientific Conference: Volume 2, 419-40.
- Leboeuf C, Ames RA, Budich CW, Vincent AF. Changes in pulse rate and blood pressure with inverted exercise. *J Aust Chiropractors' Association* 1987; 17(2):60-62.
- Ames RA. Chiropractic and athletic health. *J Aust Chiropractors' Association* 1986; 16(2):58-64.
- Ames RA. Posture in the assessment, diagnosis and treatment of chronic low back pain. *J Aust Chiropractors' Association* 1984; 15(1):21-31.



## APPENDIX 2

### PRESENTATION, PANEL DISCUSSION AND SUBMISSION LIST

- Presentations entitled "Functional peripheral joint techniques: lower extremity" at the FICS/Sports Chiropractic Australia ICCSP seminar in Scarborough WA, Australia on the 17th – 19th May 2019.
- Presentation entitled "Overhead Athletes: Cervico-thorax Dysfunction, Injury and Treatment" at the FICS/Sports Chiropractic Australia Masterclass seminar at the Gold Coast, QLD, Australia on the 20<sup>th</sup> – 22<sup>nd</sup> April 2018.
- Presentations entitled "Functional peripheral joint techniques: Upper Extremity" at the FICS/Sports Chiropractic Australia ICCSP seminar at the Gold Coast, QLD, Australia on the 20<sup>th</sup> – 22<sup>nd</sup> April 2018.
- Presentation entitled "Scapula Dyskinesis: Assessment and Treatment Strategies in Chiropractic Practice " at the FICS/Sports Chiropractic Australia Masterclass seminar in Sydney, NSW, Australia on the 17<sup>th</sup> – 19<sup>th</sup> February 2017.
- Presentations entitled "Functional peripheral joint techniques: lower extremity" at the FICS/Sports Chiropractic Australia ICCSP seminar in Sydney, NSW, Australia on the 17th – 19th February 2017.
- Presentation entitled "Functional Treatment of Foot Fractures" at the FICS/Sports Chiropractic Australia Masterclass seminar in the Coffs Harbour, NSW, Australia on the 15th – 17th July 2016
- Presentation entitled "Treating wrist and hands: the kinetic chain working as a team" at the FICS/Sports Chiropractic Australia Masterclass seminar in the Coffs Harbour, NSW, Australia on the 15th – 17th July 2016
- Presentations entitled "Functional peripheral joint techniques: lower extremity" at the FICS/Sports Chiropractic Australia ICCSP seminar; 14<sup>th</sup> – 16<sup>th</sup> August 2015, Gold Coast, Queensland, Australia.
- Presentations at the FICS/Sports Chiropractic Australia Upper Extremity ICCSP seminar/Masterclass seminar, 18<sup>th</sup> – 20<sup>th</sup> July 2014, Cairns, Queensland, Australia entitled: Functional peripheral joint techniques - upper extremity; Pelvic Destabilisation #2; 2 Knee or Not 2 Knee.
- Panel discussion member. Improving the Patient Journey: A Knowledge Sharing Event on Shoulder Pathologies/Pain. Barwon Medicare Local, Geelong, VIC. 18th March, 2014
- Presentation entitled "Functional peripheral joint techniques: lower extremity" at the FICS/Sports Chiropractic Australia ICSSD seminar; 13<sup>th</sup> – 15<sup>th</sup> September 2013, Queenstown New Zealand.
- Workshop co-moderator. Proprietary Technique Systems and Their Influence on Chiropractic Education Today: What are the Influences and How do We Best Respond. WFC/ACC/CCIAP Education Conference: Translating evidence into practice. Perth WA, 26 - 29th September 2012
- Presentations entitled "Functional peripheral joint techniques: upper extremity" at the FICS/Sports Chiropractic Australia ICSSD seminar; 20-22 July 2012, Auckland New Zealand.
- Presentation entitled "Sports Chiropractic: Who are we? Where do we belong?" to Sport and Exercise Medicine Registrars, Australian College of Sports Physicians, 9<sup>th</sup> September

2011, Olympic Park Sports Medicine Centre, AAMI Park, Olympic Boulevard, Melbourne, VIC Australia.

- Presentation entitled "Pelvic Destabilisation: A Confluence of Dysfunction Revisited" at the ICAK (Australian chapter) Clinical Application of Applied Kinesiology conference; 19-20 March 2011, Melbourne Vic Australia.
- Presentations entitled "Functional peripheral joint techniques: upper extremity" at the FICS/Sports Chiropractic Australia ICSSD seminar; 23-25 July 2010, Melbourne VIC Australia.
- Presentations entitled "Functional peripheral joint techniques: lower extremity" at the FICS/Sports Chiropractic Australia ICSSD seminar 2-4 October 2009, Perth WA, Australia.
- Presentation entitled "Technique Mastery: applying sport development skills in our teaching" at the CAA-Education Summit; 6-7 July 2009, Bundoora , VIC, Australia
- Presentations entitled "Chiropractic diagnosis and management of lumbopelvic syndromes" to rheumatologists in the Department of Rheumatology, Austin Health, Heidelberg VIC AUSTRALIA 26<sup>th</sup> June 2007 and 11<sup>th</sup> November 2008.
- Presentations entitled "Functional peripheral joint techniques: upper extremity" at the FICS/Sports Chiropractic Australia ICSSD seminar; 13-15 April 2007, Sydney VIC Australia.
- Presentations entitled "Peripheral joint techniques: lower extremity" at the FICS ICSSD seminar 22-23 April 2006, Melbourne VIC Australia.
- Presented a seminar on diagnosis and chiropractic management of upper extremity conditions in the New Zealand College of Chiropractic "Certificate of Proficiency in Chiropractic Management of Extremities" programme, 20 – 21 January 2006.
- Presentation entitled "Diversified Technique for the Cervical Spine Treatment of the Occipitoatlantal Joint Complex: A Snapshot for Success" at the World Federation of Chiropractic Congress; 16 – 18 June 2005, Sydney, NSW, Australia.
- Presentation entitled "Breathing Pattern Dysfunction and the Chronic Shoulder" at the CAA (National) Sports Chiropractic Lecture and Workshop; 29<sup>th</sup> June 2003, Melbourne, Victoria, Australia.
- Presentation entitled "Suprascapular Nerve Entrapment" at the CAA (National) Sports Chiropractic Lecture and Workshop; 29<sup>th</sup> June 2003, Melbourne, Victoria, Australia.
- Presentation entitled "Soft Tissue Adjustment" at the CAA (National) Sports Chiropractic Lecture and Workshop; 29<sup>th</sup> June 2003, Melbourne, Victoria, Australia.
- Presentation entitled "Pelvic Destabilisation in Athletes: A Confluence of Dysfunction" at the 15<sup>th</sup> FICS International Chiropractic Sports Symposium; 18<sup>th</sup> November 2001, Perth, Western Australia, Australia.
- Presentations on "anatomy and biomechanics" of the lumbopelvic, hip, ankle and foot, shoulder, elbow and wrist and hand regions at the International Chiropractic Sports Science Diploma (ICSSD) Modules I & II Workshop; 13<sup>th</sup> – 18<sup>th</sup> November 2001, Perth, Western Australia, Australia.
- "Hands-on Shoulders" seminar for the Chiropractors' Association of Australia (Victorian Branch) Thursday evening seminar series; July 2000.
- "How Do I Treat " presentation at the Chiropractic & Osteopathic College of Australasia (COCA) multidisciplinary seminar on treatment of musculoskeletal injuries; July 2000.

- "Hands-on Knees" seminar for the Chiropractors' Association of Australia (Victorian Branch) Thursday evening seminar series; October 1998.
- Presentation entitled "Proactive chiropractic management of shoulder girdle dysfunction" at the Chiropractic & Osteopathic College of Australasia (COCA) multidisciplinary seminar on shoulder injuries; March 1998.
- Presentation entitled "Common weightlifting injuries and their chiropractic management" at the 1997 FICS conference. Tokyo, Japan.
- Presentations on syndromes of the elbow, wrist & hand, hip, ankle & foot at the 2000, 1999, 1998, 1997 & 1996 RMIT/FICS/NWCC Certified Chiropractic Sports Practitioner Hands-on Workshop. South Yarra, Victoria, Australia.
- Keynote speaker at the seminar on chiropractic management of soft tissue sports injuries at the 1994 Japanese Chiropractic Association Annual Conference. Sendai, Japan.
- Presented a poster on management of a serious disc injury to an elite Olympic style weightlifter at the Chiropractors' Association of Australia Conference; 1993.
- Presented four papers at the "Practical Pearls of Sports Chiropractic" seminar on management of orthopaedic disorders; weightlifting injuries; elbow, wrist and hand injuries; and the use of the myofascial release technique; 1993.
- Presented a guest lecture on sports chiropractic to Master students in "sports psychology"; Monash University, Caulfield campus; 1993.
- Presented a lecture on sports chiropractic to year 10 students. De La Salle College, Malvern; 1993.
- Presented a paper on a serious disc injury to an elite Olympic style weightlifter at the "Spinal Pain - Causes, Diagnosis and Management" multi-disciplinary conference. Sponsored by the Chiropractors and Osteopaths Musculo-Skeletal Interest Group, Melbourne; 1992.
- Presented a paper on the aetiology and management of cervical injuries at the "Industry Guide to Neck, Shoulder and Arm Injuries" conference. Sponsored by the Australian Chiropractors' Association, Victorian Branch; 1990.
- Presented a paper on chiropractic and athletic health. World Congress of Chiropractic Students Conference, Melbourne; 1988.
- Presented a paper on the definition and analysis of the chiropractic subluxation, Second Aspects of Chiropractic and Osteopathic Seminar; 1988.
- Presented a lecture on chiropractic practice to undergraduate nurses at Victoria College, School of Nursing; 1988.
- Presented a research paper on the reliability of scoliosis screening tests. International Chiropractic Conference; 1988.
- Presented two free papers at the 1987 Australian Sports Medicine Federation National Conference in Adelaide, S.A.:
  1. The role of chiropractic in athletic health
  2. Leg length discrepancy in the amateur athlete
- Discussion panel member for session on low back pain in athletes, 1987 Australian Sports Medicine Conference in Adelaide, S.A.

- Presented lectures on prevention of low back pain syndromes and occupational safety workers at various venues in Melbourne in conjunction with Occupational Safety and Health Associates P/L; 1987.
- Discussion panel member for seminar on alternative therapies. Australian Sports Trainers Association National Conference; 1986.
- Presented a paper and workshop for a seminar on inversion therapy. Australian Table Tennis Association and Australian Weightlifting Association; 1986.
- Presented a seminar on anatomy, terminology and clinical aspects of the low back pain syndrome in relation to Worker's Compensation cases to employees of the National Insurance Company of New Zealand; 1985.
- Presented paper on posture and low back pain at the Back Care Seminar, Hamilton Institute of Rural Learning; 1985.
- Submission to the Australian Chiropractic Association (Victoria Branch) on continuing education for chiropractors in Victoria, co-author; 1985.
- Presented a paper on posture in the assessment, diagnosis and treatment of chronic low back pain. Australian Podiatry Association National Conference; 1984.
- Submission on rehabilitation and workers compensation to the Government of Victoria and the Occupational Health and Safety Commission; co-authored; 1983.
- Presented guest lectures on chiropractic and community health to postgraduate students in a postgraduate course on community health. Sponsored by the Royal District Nursing Service; 1983 - 1986.