

DR. IRA SHAPIRO, DC, DACBSP, FICC

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SUMMARY OF QUALIFICATIONS:

Nationally-recognized, award-winning Doctor of Chiropractic with nearly 35 years of practice experience in the treatment and rehabilitation of muscle, nerve and joint pain, including significant experience with athletes and pediatric patients. Career encompasses applications in consulting and attending physician services for corporate clientele, municipalities and educational institutions as well as a broad spectrum of professional and semi-professional sporting events at the international, national, and local levels.

LICENSURE & CERTIFICATIONS:

- Licensed Doctor of Chiropractic
- State of New Jersey License MC02708
- State of New York License X003678-1
- Diplomate, American Chiropractic Board of Sports Physicians (DACBSP)
- International Chiropractic Sports Science Diploma (ICSSD)
- Fellow, International College of Chiropractors (FICC)
- Certified Chiropractic Sports Physician (CCSP)
- Certified Active Release Technique (Upper Extremity, Lower Extremity, Spine, Nerve Entrapment)
- Certified Emergency Medical Technician
- Certified Defibrillator
- Certified Cardiopulmonary Resuscitation (CPR) Instructor
- Certified Chiropractic Rehabilitation, Level I Registry
- Certified Kinesio Taping Practitioner (CKTP)
- International Certified Chiropractic Sports Physician (ICCSP)
- Certified Functional & Kinetic Treatment with Rehabilitation (FAKTR)

OLYMPIC EXPERIENCE:

Olympic Trials, Track and Field USATF, Eugene, Oregon	2008
Games of the XX Winter Olympiad USOC, Torino, Italy	2006
Games of the XXVIII Summer Olympiad USOC, Athens, Greece	2004
Games of the XIX Winter Olympiad FICS, Salt Lake City, Utah	2002
Internship: United States Olympic Training Center , Colorado Springs, Colorado	2000
Games of the XXVI Summer Olympiad Atlanta Sports Chiropractic Committee, Atlanta, Georgia	1996

HOSPITAL AFFILIATIONS:

Doctors' Hospital of Staten Island, Staten Island, New York
An affiliate of Beth Israel Medical Center

April 1998 to April 2001

EDUCATION:

Palmer College of Chiropractic, Davenport, Iowa
Degree: Doctor of Chiropractic, 1983

Fairleigh Dickinson University, Madison, New Jersey
Degree: Bachelor of Science in Biology & Psychology, 1979

ACADEMIC APPOINTMENTS:

- Post Graduate Faculty, New York Chiropractic College
- Post Graduate Faculty, Northwestern Health Science University
- International Lecturer – Japan & Mexico, Federation Internationale de Chiropractique du Sportive (FICS)

RELATED TRAINING:

Completed the following post-graduate courses:

- Sports Injury and Rehabilitation
- Personal Injury & Rehabilitation
- Extremity Adjusting
- X-Ray Study of Spinal Disorders
- Industrial Injury and Rehabilitation
- Hospital Protocols
- Chiropractic Rehabilitation
- Scoliosis Determination Procedures
- Pediatrics
- American College of Sports Medicine - Team Physician Course Part I & II
- Spine Research Institute of San Diego - Whiplash Masters Certification Program
- MRI Interpretation

EXPERIENCE:

Plaza Chiropractic Center, Old Bridge, New Jersey 1987 to Present
Director

Old Bridge Chiropractic Center, Old Bridge, New Jersey 1983 to 1987
Associate

PROFESSIONAL ASSOCIATIONS:

New Jersey State PBA (Police Benevolent Association) Physicians Association
Physician

Sayre Woods South Rebels Youth Football Team 1990 to Present
Team Physician

New Jersey Lions 2010 to 2013
Major League Football (MLF), Big Northeast Football Federation (BNEFF)
Team Physician

Trenton Freedom 2014
Professional Indoor Football League (PIFL)
Team Physician

Independent Medical Examiner

Retained to serve as an Independent Medical Examiner by Procura, Options, Inc., Medical Determination, Independent Medical and Dental Consultant, Med Stat, Independent Chiropractic Resources, The Prudential Insurance Company, Medimax, Inc., New Jersey Medical Specialists, United Review Services, USA Exams, Utica Mutual Insurance Company, Southern Diagnostic Associates and Arrow Claims Services.

PROFESSIONAL APPOINTMENTS:

Served as an Attending Physician for the following events:

Professional Bowlers Association USBC Masters Tournament North Brunswick, New Jersey	2014
World Games FICS, Cali, Colombia, South America	2013
Pan American Games FICS, Guadalajara, Mexico	2011
Buffalo Bandits at New York Titans National Lacrosse League, Madison Square Garden, New York, New York	2008
U. S. A. Outdoor Track & Field National Championships U. S. T. F. A. (United States Track & Field Association), Indianapolis, Indiana	2006, 2007
New Jersey State Triathlon , Mercer County Park, New Jersey	2006, 2007
U. S. Figure Skating Championships Portland, Oregon	2005
U. S. Figure Skating Championships Atlanta, Georgia	2004
World Championship Freestyle Wrestling FILA, Madison Square Garden, New York, New York	2003
Titan Games USOC, San Jose, California	2003
The Grapplers Quest 2002 U. S. National Championships Submission Grappling Tournament, Bayonne, New Jersey	2002, 2003
A. N. A. C. (Association of National Aerobic Championships) World Sport Aerobic Championships, Miami, Florida	2002
U. S. K. B. A. (United States Kick Boxing Association) Garden State Kick Boxing Championships, East Brunswick, New Jersey	2001
New Jersey State U. S. T. U. (United States Tae Kwon Do Union) Tae Kwon Do Championship, Rahway and Jersey City, New Jersey	2001, 2002, 2003, 2004, 2013
Big East Tae Kwon Do Championships Rahway, New Jersey	2001
U. S. T. A. (United States Triathlon Association) Elite National Championships, New York City Triathlon, New York, New York	2001, 2003
The New York City Grappling Challenge Submission Grappling Tournament, Staten Island, New York	2000
The Grapplers Quest Submission Grappling Tournament, Staten Island, New York	2000

International Championship Rodeo Continental Airlines Arena, East Rutherford, New Jersey	1999
23rd U.S. National Collegiate Tae Kwon Do Championships Princeton University, Princeton, New Jersey	1998
Beach Fest Grand Prix (Pro Beach Volleyball), Atlantic City, New Jersey	1998
Professional Rodeo Cowboy Association First Frontier Circuit Finals , Cowtown, New Jersey	1997
Bud Light Show Down (Pro Beach Volleyball), Long Beach, New York	1997
Trump Plaza Big Shoot Championships (Pro Beach Volleyball), Atlantic City, New Jersey	1997, 1998
National Finals Rodeo , Las Vegas, Nevada	1996, 1997
National Karate Do Federation Tri State Regional Karate Championships	1996
Princeton Collegiate Tae Kwan Do Tournament , Princeton University, New Jersey	1996-1998, 2000, 2003, 2005, 2009, 2010, 2012, 2013, 2014
Manhattan Island Marathon Swim	1995, 1996, 1997, 1998, 1999
Gatorade Ironman Triathlon World Championship , Kona, Hawaii	1995
Budweiser Professional Water Ski Tour, Constitution Water Ski Classic	1994
American Amateur Racquetball Association , Regional Qualifying Racquetball Championships	1994
Professional Bowlers Association , Johnny Petraglia Open	1993, 1994, 1995, 1996, 1998, 1999
Garden State Games	1992, 1994, 1995, 2000, 2001
Garden State Senior Games	1993, 1994
Professional Rodeo Cowboy Association First Frontier Circuit Finals (Knickerbocker Arena, Albany, New York)	1993
International Professional Rodeo Association (Staten Island Rodeo, Staten Island, New York)	1993, 1994, 1995, and 1996
First Frontier Circuit, Professional Rodeo Cowboy Association	1992 to 2002
World's Toughest Rodeo , Madison Square Garden, New York, New York	1992
International Jet Sports Boating Association, Bud Jet Ski Tour	1993, 1994, 1998
Union Rugby Club, New Zealand Tour	1986
New Jersey Select Side (All Star Rugby Team)	1987
Old Bridge Township "Rug Rat" Wrestling Tournament	1987

PUBLICATIONS:

- "Diagnosis and Treatment of Spondylolysis", DC Tracts, Vol 8, No. 3, pp. 8-10, Fall 1996.
- "Diagnosis and Treatment of Spondylolysis in an Adolescent Athlete", (Co-author), Chiropractic Sports Medicine, Vol. 9, No. 3, pp. 100-105, August 1995.

AWARDS & DISTINCTIONS:

- 11th Inductee, American Chiropractic Association Sports Council Hall of Fame, 2017
- Inductee, New Jersey Chiropractic Sports Hall of Fame, 2016
- Certificate of Special Congressional Recognition, 2013
- Certificate of Recognition, County of Middlesex Board of Chosen Freeholders, 2013
- Joint Legislative Resolution, Senate and General Assembly, State of New Jersey, 2013
- Old Bridge Chamber of Commerce Business Leader of the Year, 2013
- Certificate of Recognition, Borough of Sayreville, 2013
- Proclamation, Township of Old Bridge, 2013, 2009, 2006
- Proclamation, Office of the Mayor, City of South Amboy, 2013
- Proclamation, Township of Manalapan, 2012
- Major League Football (MLF), Training Staff of the Year, 2011
- Special Service Award, ANJC, 2006 and 2009
- Congregation Beth Ohr, Man of the Year, 2009
- A.C.A.S.C. (American Chiropractic Association Sports Council), Sports Chiropractor of the Year, 2006
- Joint Legislative Resolution, Senate and General Assembly, State of New Jersey, 2006
- Proclamation, Governor of New Jersey, 2002
- Proclamation, Mayor of Old Bridge, 2002
- N. J. C. S. S. C. (New Jersey Chiropractic Society Sports Council) Sports Chiropractor of the Year, 2002
- Certificate of Recognition, Senator Vincent J. Gentile, July 27, 2000
- Citation, City Council of New York City, 2000
- Citation, New York State Assembly, 2000
- New Jersey Chiropractic Society Distinguished Service Award, May 1997
- Wrangler Sports Chiropractic Outstanding Service Award, 1995 and 1996
- Pro Sport Outstanding Service Award, 1997 to 2001
- New Jersey Chiropractic Society Certification of Appreciation, 1994
- National Directory of Who's Who in Executives and Professionals, 1994
- Recipient, Wrangler Sports Chiropractic First Frontier Circuit Doctor of the Year Award, 1993

PROFESSIONAL AFFILIATIONS:

- Member, United States Olympic Committee, Sports Medicine Society
- Member, American Chiropractic Association (ACA)
- Member, American Chiropractic Association Council on Sports Injury
- Member, American Chiropractic Association Council on Diagnostic Imaging
- Member, Federation Internationale de Chiropractique du Sportive
- Member, American College of Sports Medicine
- Member, American Biographical Institute
- Member, Central Jersey Chiropractic Society
- Member, Association of New Jersey Chiropractors
- Member, New Jersey Chiropractic Society Sports Council
- Member, New Jersey State First Aid Council
- Member, Englishtown-Manalapan First Aid Squad
- Member, Pro Sport Chiropractic

SERVICE:

- Volunteer, Ground Zero, September 2001
- Board of Directors, American Chiropractic Board of Sports Physicians, 2001 to 2005
- Executive Committee, American Chiropractic Board of Sports Physicians, 2001 to 2005
- President, New Jersey Chiropractic Society Sports Council, 1997 to 2000
- Vice President, New Jersey Chiropractic Society Sports Council, 1995 to 1997
- ACA Sports Council, State Event Coordinator, 1997 to 2001
- President, Old Bridge/Sayreville Rotary Club, 1994 to 1995
- Board of Directors, Congregation Beth Ohr
- Merit Badge Counselor, Boy Scouts of America
- Member, Old Bridge Youth Guidance Council, 1984 to 1987
- Member, Old Bridge Recreation Center Renovation Committee
- Board of Directors, Greater Jersey Hudson River Region Bnai Brith Youth Organization
- Board of Directors, United States Sports Chiropractic Federation (USSCF)