

Before Travelling:

Entry into Italy is not allowed: positives cases, symptoms and close contacts

- positive diagnosis for COVID-19 in the 14 days before travelling;
- showing even a single symptom of COVID-19 in the 8 days before travelling:
 - Fever \geq 37,5°C and chills
 - Dry cough
 - Breathing difficulties
 - Loss of taste or smell
 - Nasal congestion
 - Sore throat
 - o Diarrhea (mostly in children)
- close contact (e.g. less than 2 meters for more than 15 minutes) with a confirmed positive case of COVID-19 in the 14 days before travelling;

To access the event, current measures depend on the Country origin:

San Marino and Vatican City:

(List A, Annex 20 DPCM 3 Dicember, 2020)

• no limitations

EU Countries, Schengen, the United Kingdom of Great Britain and Northern Ireland, Andorra, Principality of Monaco

(List B, Annex 20 DPCM 3 Dicember, 2020)

Austria, Bulgaria, Cyprus, Croatia, Denmark (including the Faroe Islands and Greenland), Estonia, Finland, Germany, Greece, Hungary, Ireland, Latvia, Lithuania, Luxembourg, Malta, Poland, Portugal (including the Azores and Madeira), Slovakia, Slovenia, Sweden, Iceland, Liechtenstein, Norway (including the Svalbard Islands and Jan Mayen), Switzerland, Andorra, Principality of Monaco

• It is possible to travel to/from the countries listed above without the need for motivation, therefore also for TOURISM, and without the obligation of isolation upon return. The obligation to fill in a self-declaration remains.

Rest of the world

(List C D E F, Annex 20 DPCM 3 November, 2020)

- EMILIOC will request the General Direction of the National Health System the **exemption** from the obligation of quarantine of all participants in sports events at international level.
- The General Direction of the National Health System will deliver Guide Lines for the international travellers participating at the event, to be strictly followed to be exempted from the obligation of quarantine.

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- 15 day before the arrival in Italy, EMILIOC will deliver to WSG2021 participants the authorisation of the access in Italy to participate at the event and the Guide Lines to be strictly followed during the journey before the arrival.
- The international traveller shall have done the molecular or antigenic test to verify health status not earlier than 72 hours the arrival in Italy in order to be authorised to enter Italy. Travellers shall be in possession of the result of the test certifying that the traveller is negative to Covid-19, reporting the personal data of the person subjected to the test for any necessary check. In the case the result is negative the participant is authorised to participate to the event in Italy.

The traveller shall bring with her/him:

- The documents delivered by EMILIOC related to the exemption from the obligation of the quarantine;
- Self-declaration signed as evidence of the application of the Guide Lines with the result of the negative test (done not earlier than 72 hours from the arrival in Italy) to be shown to the National Border Authority or the to the National Health Authority if necessary;
- Negative result of the test;
- Documentation required to access the Event.

Upon arrival in Italy there is NO obligation of fiduciary isolation and health surveillance as entry is allowed for participation at international sports events.

With reference to the regulations of the various sports disciplines, where required, all athletes shall perform the molecular or antigenic test to verify the state of health not earlier than 72 hours and must be in possession of the result that certifies the negativity and reports the personal data of the person being tested for any checks. In the case of a negative result, participants are authorized to take part in the international sports competition in Italy.

Protect yourself and others

Here are the main public health recommendations and measures for those entering Italy.

- Maintain at least 1 meter security distance between yourself and others both in open and closed places.
- Implement preventive hygienic measures:
 - o regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.
 - o avoid direct contact with other people such as hugging and shaking hands;
 - o follow good respiratory hygiene: cover your mouth and nose with your bent elbow or tissue when you cough or sneeze;
 - avoid sharing bottles and glasses;

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- avoid touching eyes, nose and mouth;
- o avoid taking antiviral drugs and antibiotics without medical prescription.
- Avoid crowded places and ban of gathering.
- It is mandatory to always have masks with you. These must always be worn both indoors and also in ALL outdoor places.
- It is allowed to carry out outdoor sports or motor activities, even in equipped areas and public parks, where accessible, always respecting the interpersonal safety distance of at least two meters for sports and at least one meter for any other activities.
- The use of a mask is NOT compulsory during sports activities
- Dancing activities taking place in discotheques shall be suspended, either outdoors or indoors, including in dance halls and similar premises intended for entertainment, as well as on beach fronts, bathing facilities, equipped beaches, free public beaches, communal areas in accommodation facilities, or in any other places that are open to the public.
- In some circumstances the measurement of body temperature could be implemented (e.g. in some shops, hotels, public offices, etc.).
- It is possible to download the <u>IMMUNI app</u> on your mobile phone. If used correctly, the app sends an alert in case of a possible contact with a positive person, and further information.
- We recommend you to keep a travel diary with visited places, people met and relative dates.

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What to do if symptoms compatible with COVID-19 appear while you are in Italy

- Seek medical help. Immediately inform the Department of Prevention of the Local Health Agency:
 - o ask the staff of the hotel/accommodation facility to help you to contact the health services;
 - o call the regional hot line **800 033 033**
- If you develop **severe symptoms**, call the national emergency number 112
- Avoid visiting the Hospital Emergency Room
- Wear immediately a medical mask
- Inform the reception of your health condition, so that they can take all prevention measures to protect the staff and other guests
- If possible, move to a single room with dedicated bathroom
- Self-isolate and remain in your room with the door closed but ensuring adequate natural ventilation
- Respect the ban to go around, following the instructions of the health staff
- Avoid contact with other tourists and with the staff of the hotel/accommodation facility
- Wash your hands with soap and water and implement the other hygienic measures
- Follow good respiratory hygiene and dispose tissues properly putting them after use in double bags
- Be available at the daily calls of the health staff in charge of monitoring your health conditions during the health surveillance
- Avoid taking drugs without medical prescription.

Remember: public healthcare is free in Italy. More information are available on the website of the Ministry of Health: www.salute.gov.it/nuovocoronavirus

How to use public transport correctly

- Buy your ticket on-line whenever possible;
- When travelling, maintain 1 meter security distance from other people;
- Sit only in the places allowed and indicated by appropriate signs;
- Wear a mask to cover nose and mouth.

Useful numbers from the Ministry of Health

- From Italy: 1500 National information line
- From abroad: +39 0232008345 +39 0283905385
- Covid-19 Regional telephone information hotlines

http://www.salute.gov.it/portale/nuovocoronavirus/dettaglioContenutiNuovoCoronavirus.jsp?lingua=italiano&id=541 1&area=nuovoCoronavirus&menu=vuoto

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