



FICS AROUND THE WORLD

Every athlete deserves access to Sports Chiropractic
To empower athletes so they can achieve their optimal performance naturally
13 March 2020



Update from the desk of the SecGen

Dear FICS Members and Friends:

Just over a week ago, our executive team canceled our annual planning meeting in Mexico due to the potential impact on our volunteers traveling from across the Globe. Yesterday, in my hometown our schools were shut "until further notice" as were many other public community gathering places. I am quite certain that each of you, if not already, will begin to feel the effects of the global corona virus pandemic. At FICS we are carefully reviewing our upcoming events calendar and will be making determinations as to whether they will be postponed based on the safety of both the instructors and attendees. I urge all of you to take a careful look at your own circumstances take the proper precautions, and accept my wishes for good health to you, your family, friends, staff and patients.

I am quite certain that given the unfortunate time we find ourselves in at the moment, reading a newsletter from the Secretary General of FICS is not the highest priority in your lives. However, I do know that hopefully sooner rather than later our lives will return to normal and we WILL all get on with our daily routines.

With that thought, I did want to share with you some updates in the world of international sports chiropractic.

While we don't yet know the extent of the full impact on the sports world, we are seeing many sports organizations taking significant measures to assure the safety of athletes, coaches, staff and fans. We are finding that one approach is to continue to hold events but without fans on site. Others are taking several weeks off to assess the appropriate next steps for them. Clearly, there are important discussions going on at every level including those impacting the Summer Olympic Games in Tokyo.

In taking a hopeful and positive position that all will return to normal soon, I wanted to share with you what FICS has planned for the balance of 2020.

At this time, we have developed a robust event calendar including at least 12 sports chiropractic educational programs and plans to have FICS chiropractors at 33 sporting events around the world.

As you know in order to work at the events that FICS have a contract with, a DC needs to obtain the proper certification in international sports chiropractic (**ICSC**). Many have done so but many others are just a few short steps away from being able to join the team that will provide you some of the most exciting professional experiences you will ever have. I wanted to take space in this newsletter to urge all of you to take that step and finalize your ICSC certification. **Why do I need this you may ask, which is a great question? It is mandatory to have an ICSC and be a member of FICS, to be selected for a FICS team appointed to an international event.**

This is necessary to assure the games organizers and the athletes that all doctors on the team are properly qualified and experienced, **and to promote the professionalism and future of sports chiropractic**. This is what differentiates FICS members from other attending professionals. One of FICS primary objectives is promoting excellence in postgraduate education and practice in sports chiropractic worldwide, in part through the development of postgraduate sports chiropractic programs and Christine Foss, new Educational Commission Chair has established a global group of expertise to review the educational material which FICS provide and ensure it is up-to-date and of the highest standard to meet our primary objective of excellence.

Those members who hold a CCSP, DACBSP, FRCCSS(C) or qualifying master's degree in human performance, Sports Science or equivalent can apply for advanced standing towards the ICSC. Refer to the FICS education page on the website <https://fics.sport/education/> for full details. *** If you have any questions on whether your postgraduate Master's degree is acceptable please email FICS with an outline of your qualification at admin@ficsport.org.* You are not required to complete any further ICSC modules other than the ones listed against the advanced standing noted for your diploma, however, you are welcome to register for more training as part of your own professional development.

We not only want you but need you to get involved!!

We simply don't have enough docs to cover all the events we have set. That means there could be athletes who don't have the benefit of sports chiropractic care. If you want to **"get back in the game"** Please check out our web site for more information on all 2020 events available. <https://fics.sport/events/> We have introduced an easy expression of interest process to allow you to apply for games with a tick of a box

Performance Health – supporting FICS seminars

One of our tried and true business partners is Performance Health. They have been supplying Cramer tape to our educational seminars as well as keeping us supplied with bio freeze, thera band and many other products every sports chiropractor needs and uses.



Performance Health.

From rehab to sports performance, we have you covered.

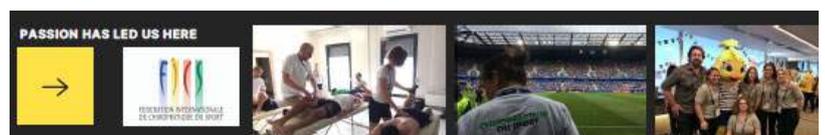
<https://performancehealth.com>

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FICS Team working to deliver quality outcomes for FICS and its members

Although your FICS planning team missed out on heading to Mexico for a face to face meeting. Alternatively, we held 2 days of video conferences. Let me share this with you. FICS is about to explode. We have put in place a new infrastructure that has enormous capabilities. If you go to our site, you will be seeing some new exciting features.



Creating moments and partnerships that uplift and bring us together.
"Every athletes can have access to sports chiropractic"



Existing things are on the horizon.

Corporate Social Responsibility Commission

One program that I think is just awesome is that we have coordinated with 5 chiropractic colleges who have made the incredible offer to cover tuition for an Olympian who has chosen to pursue a career in chiropractic college. Take a moment to check out the World Olympic Scholarship program <https://fics.sport/scholarships/> We have a couple of great videos on the site from 2 of our currently scholarship holders.

Student Commission

We have recently begun the **FICS roadshow** for 2020 offering sports chiropractic clubs, college and educational institutions and student bodies, some of the best speakers in the world to come visit with a college, put on a program and even help build a FICS club. if this interests you reach out to our student Commission Chair Gillian Johnston gejrsa@gmail.com.

The education commission will be hosting a range of **small workshops**, aimed at students over the coming year. Our first of which was a held in Perth Australia for the students at Murdoch University. Read the feedback received from Corey Rogers on what he took out of this opportunity.

<https://fics.sport/education/> (navigate to the short courses/workshop button at the bottom of this page). The education commission working with the student commission will continue to look at opportunities to provide students the support and experience needed as they make the next step to enter the world of practice.

Student commission recently rolled out their student **mentoring program**. Please consider signing up for this valuable cause. Read more here <https://fics.sport/mentoring/> or contact Gillian Johnston if you have questions.

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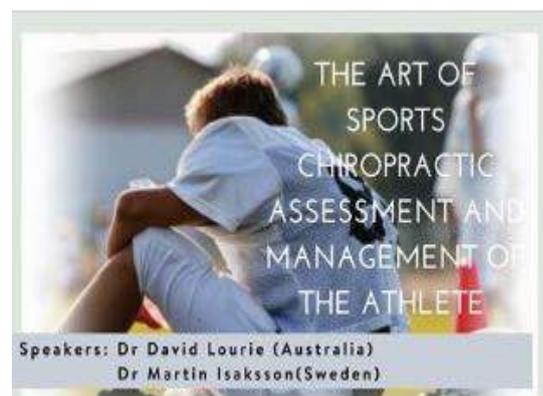
Thanks again for continuing to be a member of FICS and all of our member national chiropractic sports councils. Your support is helping FICS meet our vision and mission to provide more athletes access to sports chiropractor at more events worldwide.

Thank you. Be safe and stay well.

Please feel free to contact me with any suggestions or thoughts you would like to share at secgen@ficsport.org

Sincerely,

Keith Overland, DC



You join a truly worldwide movement and are spreading the benefits of sports chiropractic to even more corners of the world, showcasing the role which, sports chiropractic plays in supporting athletes.