

## FICS AROUND THE WORLD

Every athlete deserves access to Sports Chiropractic

Helping athletes so they can achieve their optimal performance naturally

12 November 2020



Dear FICS Members and Friends:

As you all know November has already turned out to be an interesting month of news from around the globe. Pandemic numbers unfortunately seem to be on the rise with lockdowns once again popping up in areas of concern. Here at FICS we are using the last month to do a good deal of 2021 planning as we look forward to a healthier and hopefully more active sporting environment. We recently held a special virtual AGM meeting of our membership, to pass some necessary changes to contemporize our statutes. These changes were designed specifically to enable the organization to achieve its growth aspirations and to position FICS as the “thought leader in sports chiropractic” providing an organizational structure which is more reflective of a contemporary commercial organization where the strategic and operational responsibilities are separated.

**We have a NEW logo!** After a long process we are excited to share our new look - officially launched at our Annual General Assembly virtual meeting two weeks ago. All members will receive our graphic standards by the end of the year, to enable to you use on your own websites. **Website updates coming soon!** We are currently putting the final touches on our new look website. Keep an eye on our social media channel for update on release.

**Global Symposium:** At the recent National Chiropractic Sports Councils meeting discussion was held on plans for the upcoming year, one of which was the early planning of our first FICS Online Global Sports Symposium. We hope in putting on this symposium to bring together an integrated group of the best sports and performance related educators, researchers, clinicians and products and services from around the globe to share the latest and most important information related to sports chiropractic. Keep on the lookout for dates and information over the next month. This will be a date you will want to circle on your calendar!

**Sponsors:** With our growing online presence, we just aired our first two (2) live facebook sessions, introducing our newest FICS sponsor to our membership.



**Hyperice** highlighted the use of their world-famous hypervolt percussion vibration gun. If you missed these sessions you can view these on the FICS Facebook or YouTube channel. Hyperice were very generous in donating

a new wireless hypervoltplus. Congratulations to Rob Scott from UK on being the lucky winner. Find out more about the great promotion offer available to FICS members by visiting <https://fics.sport/chiro-products-resources/>

**The #1 Online  
Chiropractic Platform**



*Use Code "FICS" to get \$50 off your monthly subscription for the first 6 months!*

Have you taken advantage of the great offer our partnership with **ChiroUp** is offering? Right now we're partnering with ChiroUp so that FICS members can get \$50 off /month for your first 6 months! My favorite is the custom exercise protocols that you make for patients. There are hundreds of exercises to choose from. You can them print or email them the exercises and a password which will provide patients a full online video demonstration of the exercises you prescribed. They

also have many research resources, data collection for your practice, forms and templates for everyday use.

ChiroUp is the leading online platform for chiropractors, with resources to:

- ✓ Treat more conditions confidently
  - ✓ Streamline your patient education
  - ✓ Save time!
- 👉 Click the referral code to learn more. <https://chiroup.com/fics-referral-code/>

**Scholarships:** The current round of FICS scholarships is currently before our judging committee. At FICS we believe in investing in the future and developing the next generation of Sports Chiropractor. Successful applicants can expect to hear back before the end of November, and we look forward to publicly congratulating our scholarship winners once awarded in December.

**Membership:** While promoting the scholarship program FICS took the opportunity to reach out to many chiropractic institutions to open a dialogue about the benefits of FICS membership for their students, faculty and alumni. While we are proud to have a number of teaching institutions who are current members, I would like to welcome McTimoney from the UK and New York College of Chiropractor. Dr Gillian Johnston, FICS student commission chair is working with seven (7) other institutions who have or are developing student sports councils. If you are interested in more information about the student councils please do not hesitate to reach out to Gillian via email: [gejrsa@gmail.com](mailto:gejrsa@gmail.com). The teaching institution membership benefits can be viewed on [our website](#). Reach out to me for a follow up conversation of how we can tailor this for your college.

**Games:** I know the main reason doctors join FICS is to help provide excellent chiropractic care to athletes across the globe and we are praying that we can get back to supporting athletes at events in 2021. In partnership with NYCC, FICS are offering doctors who hold their CCSP in the USA an opportunity to complete the ICSC online modules and gain continuing education credits in the following states: CT, DE, MD, MA, NH, NJ, NY, PA, RI, VT, VA. Doctors holding their CCSP need to complete 2 of the 10 ICSC modules to qualify for expedite standing in completion of the ICSC:

- Module 1: International Sports Chiropractor (2.5 CEU's)
- Module 10: Head Injury in Sport (6.5 CEU's)

The selection process for the CSIT Games in Italy 2021, World Games in Birmingham, Alabama 2022, and other International Sporting events requires FICS doctors to hold their ICSC. FICS have several international events coming to the USA which will require FICS accredited sports chiropractors. Get started today! Courses can be purchased at <https://fics.sport/shop/>

**Education:** The education commission is working with a number of other accrediting bodies in USA and Europe to extend this recognition of continual education credits and we hope to continue to add opportunities for members in the coming year. The education commission is holding its first hybrid virtual ICSC seminar on 11-12 December 2020 as part of the Upper Extremity seminar. This is a two-part seminar with the theory covered in December and the hands-on face to face session to be held in Madrid Spain, 10-11 April 2021. We are offering a special registration price for FICS members who already hold their ICSC or are returned seminar members to apply for the theory session as a refresher.

<https://fics.sport/product/spain-madrid-icsc-upper-extremity-seminar/>

Lastly FICS exists to serve its members. Please do not hesitate to reach out with any thought's comments or suggestions on how we could better serve you!

Sincerely, Keith Overland, DC  
FICS Secretary General